Valley News



NEW OUTDOOR FIRE SHOWROOM











Kingsworthy



The Cricketers Inn

Easton Village, SO21 1EJ A traditional and friendly village inn

"Menu of the Day", runs Mon-Fri 2 courses for £10 or 3 for £12 Home cooked food, real ales and en-suite accommodation

Tel: 01962 791044

www.thecricketersinn-easton.co.uk



The Cricketers Pub Easton Hampshire



ITCHEN MOTORCO.

LONDON ROAD, KINGSWORTHY WINCHESTER, SO23 7QN

M O TSERVICING REPAIRS TYRES & TRACKING EXHAUSTS BATTERIES AIR CONDITIONING DIAGNOSTICS

Telephone

01962 884 664

WELCOME to the Valley News

There have been two recent events that have occupied us. Firstly the snow and many thanks for all the photos that have been sent, secondly the litter pick. It seems a shame that so many dog owners do not understand how material breaks down or not if discarded in a plastic bag. I feel sure that plastic is a topic which should occupy all our minds as it is now a global problem.

Our regulars continue to support the magazine with interesting contributions and reports of events. Looking at what goes on, you could hardly be bored in this community. I have personally attended recent talks given by entertaining speakers of the highest calibre. It's also good to have contributions from the young: see page 22. We also have a poem which is quite unusual: see page 28.

This is the April edition and in the immortal words of John McEnroe: you cannot be serious. So not everything is believable. Of course Easter Day is also on April 1st and we are told that the first witnesses to the resurrection also found it hard to believe.

Communication seems to be key in the modern era and this publication goes to every home in our community. There's a hint of this on page 29. We also have the itchenlist, now widely used but can I make a plea to support our advertisers who help considerably with the costs of this publication. I've just upgraded my mobile phone to 2G, well nothing else works where I live, astonishing isn't it! I have to keep my smarter phone for overseas.

There's been lots of publicity about the Winnall roundabout and potential upgrades. I guess we have all been caught



out in traffic problems recently. But nothing ever seems to change at the famous Kings Worthy junction in spite of promises.

I have recorded the snow in pictures because it's so unusual. It seems to me once again community rallied round to help. Next month's editor is Charlotte Appleby.

Tony Gaster

Itchen Valley News

Chief Editor Vernon Tottle

Editors Charlotte Appleby, Verity

Coleman, Tony Gaster, Fiona

McIntosh, Lucy Wolfe

Advertising Jenny Sloan

Distribution Lyn Jones IA&A 07899 922221

Jane Chichester E&MW 779315

Treasurer Andrew Kennedy

For editorial enquiries, articles, letters or comments, please email:

itchenvalleynews@gmail.com.

For advertising enquiries, please email:

itchenvalleyadvertising@gmail.com

Postal address: Itchen Valley News, Hazeldene, Northington Road, Itchen Abbas, SO21 IBE Please send all contributions for May 2018 by Sunday 15 April. All material is published in good faith and the Valley News cannot be held responsible for any information given or views expressed; neither can it be liable for any loss arising from the use of any information or advertisements contained herein. The Editorial Team reserves the right to refuse or amend articles or advertisements submitted for publication. Printed by Greenhouse Graphics of Basingstoke. Cover photo by Fidelix Datson, other photos from various contributors.

What's On

Boules restart 3 April

With the clocks springing forward, it's time for boules! You may have watched it played in France but are you aware of the local rivalry right here in the Itchen Valley between the four villages? Always competitive yet always great fun and much camaraderie. Itchen Abbas will be starting their preparations on Tuesday 3 April at

6pm until it gets dark!
We will be playing on the two pistes at the Village Hall (weather permitting!) and will continue our sessions weekly until the clocks fall back in October.
Never played before? No matter!
Come along and have a go! That's how we all started!!

As the weeks go by and May arrives so out come the tasty treats and the wine to keep us fortified as the evenings lengthen. A great way to meet other people socially in the village! If you'd like to join us but 6pm is too early, then please contact me and I can keep you posted as the weeks progress of starter sessions and drills starting in May.

We look forward to seeing lots of new faces of any age on Tuesday evenings throughout the summer.

Jenny Sloan jenny@sloan-home.co.uk

The Valley Gardeners talk, 10 April

The keen cooks and vegetable growers of the Itchen valley are sure to have heard of Mark Diacono who says "I spend most of my time eating, growing, writing and talking about food." He runs Otter Farm where he grows unusual food such as kiwis, sweet cicely, chocolate vines, Japanese wineberries

and Vietnamese coriander, orchards of pecans, quince, almonds, Szechuan pepper and apricots along with those more familiar fruit and vegetables that we nurture in our domestic gardens hereabouts.

The Valley Gardeners is delighted that Mark will be talking to them about *The New Kitchen Garden* on Tuesday 10 April and we would welcome any guests from the valley (or further afield) to come and join us at our meeting at 2.30 pm at the Itchen Abbas & Avington Village Hall to hear Mark's take on how to grow many unusual delicious plants that work as well in an ornamental garden as a kitchen garden. The £5 charge for the talk includes tea and biscuits/cake afterwards.

Catherine Hahn

Annual Parochial Church Meeting Thursday 19 April from 7.00 pm at Avington Park

The APCM for the Itchen Valley Parish will take place on Thursday 19 April at Avington Park, (very kindly made available by Charlie and Sarah Bullen). Drinks and nibbles will be served from 7pm followed by the meeting at 7.30 pm. The evening is a look back over the work of the Parish over the last year and towards the future, and a chance to get together. Please do come and join in – the meeting is short and the party is excellent!

Verity Coleman, PCC Secretary

Martyr Worthy Plant Sale Saturday 21 April, 10 am – 12 noon at Chilland House

Admission £2. There will be ample parking as well as refreshments and a Produce Stall. The vast majority of the plants on sale are grown locally so there is the opportunity to buy good

quality plants, both unusual and old favourites, at very reasonable prices. The helpers are only too happy to give advice and practical help.

Wheelbarrows are provided so you can wheel your purchases round as you choose more!

For any more information, please contact either Katherine Impey, 779645 (katherine@impey.com) or Sophie Parry, 779764 (sophie@chilland.co.uk).

Local choir sings in cathedral concert

The Itchen Valley Choral Society takes to the stage in Winchester Cathedral next month for its annual outing combining with other local choirs. The works on offer are Edward Elgar's Spirit of England and Karl Jenkins' The Armed Man. The former is good, solidly written English music to mark the First World War, based on poetry written in 1914 by Laurence Binyon. The second work was composed only in 1999 and is a modern take on older themes, emphasising the horror and futility of conflict.

Between them they have tunes you will be humming on your way home and for days afterwards. Tickets for the concert on 12 May are available from the cathedral box office on 01962 857275 or online via Winchester cathedral's website.

Vernon Tottle

Jackie's County Corner

Did you take part in the Litter Clean Up? Thank you!

You will have received your Council Tax bill for 18-19 by now. The County Council Tax is just one element of the council tax bill and this part will rise by 5.9% in 18/19.

Households are being stretched in so many ways: if your family is struggling with debt, you may like to seek help from Citizen's Advice or there is



another organisation: CAP, Christians Against Poverty, who can work with you to manage the debt and pay it off sensibly.

One of the County's statutory functions includes the maintenance of highways, footways and footpaths. The 'Dragon Patcher' has been heralded by the County as the solution for rural roads, but I have had complaints from Parishes and many holes appear to be missed, and so I am on another drive round with the HCC engineer to quality assess the work in the Itchen Valley Division: please drop me a note if there are any areas you'd like me to raise specifically.

Councillors heard a presentation on the first findings of the Winchester Movement Study in February - lots of data, but no solution as yet: we are promised more information by the Autumn.

Although approx. 96% of my county division now has reasonably good broadband, there are pockets which do not, even in Alresford, and the Worthys, as well as in Micheldever and Wonston. I have held another meeting with HCC and BT Openreach to update information, and press for the gaps to be filled. If you still have poor broadband speeds, please let me know. One reason for poor speeds is that residents may not know they are now





AVINGTON PARK GOLF COURSE





5* Self Catering www.avingtonholidays.co.uk



Your Local 9 Holes www.avingtongolf.co.uk

01962 77 99 55

COCOA & WHEY CAKES

WEDDING AND CELEBRATION CAKES
- SWEET & SAVOURY









www.cocoaandwheycakes.co.uk

Tel: 01962 779193 Email: cocoaandwhey@gmail.com 4 New Cottages, Avington, SO21 1DD (By Appointment Only)





- TRAVEI



Impartial, expert travel advice from our friendly consultants Holidays from a choice of hundreds of brochures, or tailor-made to your exact requirements



suit all budgets

connected to faster speeds and so haven't upgraded their own contract. For example: East Stratton residents have been complaining for some time, but I understand from BT Openreach that they are connected and should be getting good speeds now. More isolated households such as A33/A3I residents have different possible solutions. You can check your speeds on www.dslchecker.bt.com If you are not getting the speeds that are advertised, you should go back to your provider or you can check the situation with me.

Flooding mitigation work is continuing, and I am told that the North Winchester catchment is high on the priority list now. Parishes will know the work seems achingly slow, but the engineering team is anxious to find pictures of the flooding to the west of the main railway line. Do you have any? The Watercress Way Charity is seeking residents who have mobility difficulties who like to walk! We need a focus group to help us design and develop the route as an allaccess path. Please contact us on info@thewatercressway.org.uk Bad news: Alresford Library will be closed in April for several weeks to install new 'self help' units to log books in and out. Good news: there will be no fines during this period! School closures. I am asking the County Council to look at innovative ways to keep schools open on snow days, as I am concerned when both the children's education and the economy suffers (it is estimated there was a £I billion loss to GDP per day in recent snow) when parents have to find childcare at such short notice. Closures are frustrating and partly due to transport problems, ratios and reporting attendance requirements. I

am sure we could find a better way round this - do you agree? Cllr Jackie Porter, 01962 791054, jackie@jackieporter.co.uk, text 07973696085, www.jackieporter.co.uk

Valley SOBS

Save for the Cart & Horses junction controversy, perhaps the issue that created the most comment ever on the Itchen List was the unconventional design of our replacement bus shelters. I recall that the weight of opinion was unfavourable but I wonder whether the passage of time has moderated views. Certainly, I have heard positive comments about them from visitors to the Valley and they do seem to have become very much part of our Valley scene and, perhaps, on the way to achieving well-loved treasure status. Indeed, I can imagine the furore that might result were it ever suggested that they be replaced by more traditional structures. Inevitably, an action group would be set up - SOBS -(Save Our Bus Shelters) and wait-ins organised, resulting in a photo in The Hampshire Chronicle featuring a tearful group of placard-toting residents, naturally with our Honourable Member appearing front and centre. Steve Percy



Family File 11: Family Names and Traditions



What is it that makes our family different from others? What is it that gives us a special identity, a

sense of 'us'? Of course, one thing is our names. The fascination with finding out about where we come from, who we are, must have made Ancestry.com a fortune. For those of us who were adopted, this is an area which presents special challenges both as regards our potential relationship with our birth families (should we try and find them or not?), and also as regards our adopted families. One particularly irritating cousin used to refer to me as 'Anne's adopted child', which cannot have been much fun for my mother. I was blissfully unaware at the time.... But it's not just our names. It's also the things that we do. Do we open presents on Christmas Eve in the evening, or on Christmas Day after lunch? "It's what we do" we say. One of the challenging aspects of early married life is discovering that there are different ways of doing the things that we have been brought up to do a particular way. It tends not to help saying "but surely the right way to do it is...." In England, of course many of these things can have class ramifications, which no-one mentions any more (thank goodness), but still take notice...perhaps with a new generation we will finally be free of all that!

Also, tightly held family traditions may have to give way to practical reality.

We have established a new tradition of smoked salmon sandwiches, bubbly and presents on Christmas Eve, so as not to be rushing present opening in the morning when the demands of ministry now place one or two expectations on us on Christmas Day!

But more constructively, family traditions can help to create a sense of family. They are the things that we remember from our childhood. "We always go to Cornwall for our holidays" might be one. "When we go to Cornwall, we get up at 4am to beat the traffic". Lucy has fond memories of travelling down to Cornwall for the family annual holiday, in a car stuffed to the gunnels with her brothers and their beach kit (she was travelling in the boot with the dog) with the prospect of breakfast half way down and a month on the beach stretching out ahead, endless fun in the sun or dodging the showers. Not going to Cornwall would have been hugely disappointing.

A family I know, who have five children, have an elaborate ritual wave that they give to each other when leaving on a journey, counting off, on the fingers of one hand, all the children before waving in the conventional way. Because they always do this (and noone else does as not so many families have five children) it gives them a strong sense of unity and family consciousness which seems to be carrying through, as the children become adults.

Some families mark the seasons with different rituals, such as picking strawberries in the summer, having conker fights in the autumn, picking wild flowers in the spring and so on. Many make Sunday a day which is special by stopping work and relaxing together. For some this includes

attending church together perhaps followed by a roast lunch around the table. Of such simple things childhoods are formed.

Nicky and Sila Lee write in the Parenting Book "Of course, life should not only consist of routine....but routines give a strong sense of rhythm to the days, the weeks and the years, which builds deep security for children".

Family Traditions are important – do try and develop them

Alex Pease



Tiddler Joke

Q: What was the Easter Bunny's favourite music?

A: Hip Hop

Isla Hunt, aged 6

Carol Singing

Could this be an April Fool's trick for the April edition of the Village News? We have often said that singing carols in June would make for more favourable weather conditions but in December we were fortunate to enjoy two nights of pleasant weather with good company, and wonderful hospitality. The result of our efforts was to raise £383.62 for Parkinsons UK Winchester and the reason for delay in reporting this was because their treasurer has been in Australia. With thanks to all who participated and kindly donated to this worthwhile cause.

Joan & Rodney Dartnall

Metrication changes around Brexit

Whilst there has been a lot of focus on trade in recent months, a little publicised bill which we signed up to will come into force at midnight on March 31st 2019. The purpose is the final changeover to a fully metric system. For many of us that will almost seem to make no difference but I sense in the area of motoring it will.

So finally all units involving miles are to be stopped. Road signs will be reposted in kilometres and speeds in kph. So those familiar with



European travel will remember 110 on motorways and 50 in towns. The tricky bit is that all vehicle speedometers will also have to recalibrated to show metric figures as the most prominent. It is understood that garages will undertake this work early in 2019. It will be sad to see some of our old signposts disappear.

Sailors have long since been accustomed to metric units for depth in meters as they found the old units difficult to fathom. However the knot or nautical mile per hour will also disappear in favour of kph. Many have

Wind	Symbol	Speedimph	Force	e Effect
calm	0	>1	0	smoke rises vertically
light air	~	1-3	1	smoke driffs slightly
light breeze	√	4.7	2	leaves rustle; wind vane moves
gentie breeze	^	8-12	3	leaves-constant motion light flag extended
moderate breeze	~	13-18	4	raises dust and papers; small branches stir
fresh broeze	1	19-24	5	small trees sway

been tied to the old units but standardisation must lead to greater safety. Admiral Beaufort's scale for wind speed will also be changed and that will be forced on sailors this year. But in line with everything metric there can only be 10 different values, not 13 as at present. There was a storm of protest about this last year but in spite of trying a different tack, the powers that be would not give way.

Food has for some time been sold in metric units. But now the dozen has to go so eggs will only be in tens. Likewise

the pint, so pubs have perhaps the biggest challenge as the nearest equivalent will be the half litre. Gone will be the days when we say "mine's a pint". In order to continue to use existing glasses a machine has been designed to engrave a new line on glasses to show where half a litre is. Other familiar old units will also go: the stone, long used as a measure of weight will be replaced by the kilogram; the foot as a measure of height will give way to the metre; the acre will change to hectares; gallons will give way to litres. So it's really quite straightforward. Perhaps not quite so obvious will be measurements used in clothing. The 32 inch waist will be a thing of the past, as will the 16 inch

collar, the size 9 shoe and the rest. It's no good getting shirty with the shops as they must comply. For shoe manufacturers it's quite sole destroying. Apparently some manufacturers will go to any lengths to confuse the public over this, so know your rights.

In the sporting field most things are already metric but the cricket pitch as everyone knows is a chain in length which is 20.12 metres. It's not clear at the time of writing whether such measurements will have to change. Cricketers don't like to be caught out. When I ask one about a 20 metre pitch he looked completely stumped. Energy units are really quite simple and most will be familiar with the kilowatt and with temperature measured in centigrade. But the units that measure time don't fit very well in a standardised metric system. There are trials now undergoing for a 100 second hour and a ten month year. Time will tell as to whether these can be adopted in the future. Rest assured a committee has been formed! Loof Lirpa

Pub Spy visits Turtle Bay, Winchester

The banana cocktails were lovely. I have a banana every day at breakfast so the opportunity to have another one at lunchtime was not to be missed. Banana and cream mixed with rum, coconut and banana liqueur was a



delight to behold and even better to sip. Slowly – with a jug of water to dilute its effect.

I had gone there for a special birthday

lunch and, it is fair to admit, I was probably the oldest person in the restaurant. Certainly aimed at a younger clientele, the loud background music didn't help when trying to make conversation with my dining companion, even though the table was barely larger than a pocket handkerchief. The blonde waitress was younger still and, despite detailed questioning over the menu, she still managed to get both our orders wrong. Our fifteen minute wait for anything to eat therefore become thirty minutes whilst our meals were prepared again.

The food was acceptable and certainly very tasty – although I have eaten better steak in other restaurants. What did annoy me most though was the Jerk Pit BBQ "upgrade" to a Beach Salad wasn't an upgrade but a change. The spiced chips disappeared and I got a salad INSTEAD OF rather than IN ADDITION TO the meal I had selected. The menu should have explained that an "upgrade" was actually a substitution.

Although my partner's Rum & Raisin Bread Pudding was excellent, my Spiced Rum & Chocolate Pot tasted very much as if made from the cheapest possible chocolate. Perhaps the younger diners they aim to attract cannot taste the difference.

Would I go back there for a meal? No, not unless I could by some miracle have a lunch to celebrate my 21st birthday. But for a cocktail? Oh yes! If you have been to a local restaurant or pub and would like to submit a review please let us know. Ed.

Congratulations to Tabitha & Gavin of Rivermead, Martyr Worthy for the safe arrival of their baby daughter, Primrose, a sister for Betsy.

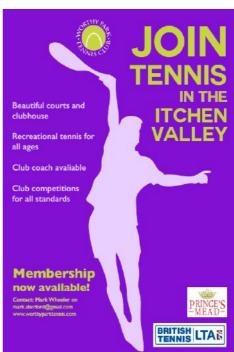
City Councillor

About an hour before writing this piece, a planning application for a small extension on my own house was refused consent. The upside is that it demonstrates how



the Planning Committee, of which I am a member, is a truly independent thinking body. The downside is that it can, occasionally, make wrong decisions (at least in my view). I fear that a very much more significant mistake is about to be made, quite possibly at the committee meeting on 19 April, in the case of the proposed residential and commercial development at Sun Lane, Alresford. In the current local plan period, which is meant to last for 20 years, Alresford was identified as having a need for 500 new homes. Quite a few had already been built by the time the local plan was finalised, but the end result was a proposal for 320 homes at Sun Lane together with 3.5 hectares of employment uses. The big gain is the 17 hectares of open public space but, having given this scheme a great deal of thought over the last several months. I have come to the conclusion that there are many more minuses than pluses and that I really ought to come out against it. Obviously, I will have to step down from the planning committee that makes the final decision. The minuses include the obvious fact that Alresford will no longer enjoy the significant protection of a bypass and that the new access points on the A31 will create rat runs and general traffic hassle through many hitherto quiet residential streets. I'm also very









concerned that the cost of substantial new roadworks will result in the affordable housing being unviable and that very much less than the due 40%, if any, will eventually be delivered. There are other reasons besides and I am much persuaded by those who feel that the same volume of housing could be much more comfortably provided in several smaller sites scattered about the town. This proposal could, I believe, be disastrous for Alresford and the surrounding villages which may suffer traffic consequences. If you have time, please research the application yourself on the City Council's website under application ref: 17/01528/OUT and please let the usually perfect Planning Committee know your thoughts.

Kim A Gottlieb Winchester City Councillor For Alresford & Itchen Valley 07795 494919

Worthy Park Tennis Club

With Spring here, surely now is the time to branch out and embrace a new sport! What about tennis? If you are new to the game or a player returning after a break, we at Worthy Park Tennis Club would love to welcome you to our courts which are in the grounds of Prince's Mead School on the B3047 at Kings Worthy. We have two super all-weather courts overlooking the Itchen Valley, and a spacious clubhouse, plus a calendar of annual events to interest players of all standards, both adult and junior. We hold championships with categories for singles, doubles and mixed doubles: there will be a drill session/cardio tennis with our coach Rachel, held on one evening

a week and two Club Nights on other weekday evenings to give the opportunity for you to both play and socialise.

Our LTA coach Rachel runs scheduled coaching sessions for groups or private lessons to help you improve your game. There are monthly mix-ins on the last Sunday of each month too. There are no court fees and plenty of parking. We have membership packages to suit everyone and very reasonable membership fees.

Our first major event of the season is the Wimbledon Ballot draw and BBO lunch. This will be on Sunday 29 April at 12.00 noon. Obviously only existing members of the club will be able to enter the ballot but we would love to entertain any prospective new members so if you would like to come along, please contact Chairman Jenny Sloan at: jenny@sloan-home.co.uk for details. If you are interested in finding out more about the club, please visit our website: worthyparktennis.com or contact our Membership Secretary Mark Wheeler mark.aberford@gmail.com Catherine Hahn



OCEAN ROOFING



OCEAN GUITTERING SERVICES AND ROOFING

- Gutter Maintenance and Repair
- Roofing Repair
- New Flat Roofing
- Lead Roofing

80 High Street, Winchester, Hampshire, SO23 9AT

Tel. 01962 779690

www.ocean-roofing.co.uk

Emma Mitchell

BA Hons I.T.E.C. Dip RAW. Dip MAR



REFLEXOLOGY **AROMATHERAPY** MASSAGE



Tel: 0780 7037508 or 01962 861378 Three Acres, Chapel Lane, Easton, Winchester, Hampshire SO21 1HQ

Email: emma.mitchell I @me.com www.naturaltherapypages.co.uk/emmamitchell

Easton Garage Ltd

Servicing and Repairs to all makes of cars and vans MOT and Bodywork arranged Collection & Delivery

01962 779319

eastongarage@gmail.com

PETER G FISHER

GAS SAFE registered 219242

Plumbing, Heating and Gas Engineer

33 Victena Road, Fair Oak, SO50 7FY

Phone 02380 600834

Mobile 07860 401304

Credit and debit cards accepted

ALRESFORDPILATES

Small group classes or private sessions

Close supervision and individual support

Further details www.alresfordpilates.co.uk

Call/text Sally Hogg - 07771 522665

Email: sallyhogg@btinternet.com

Hampshire Garden & Land Management Ltd

Email sjm444@live.com Mobile 07730 099611

Garden Maintenance Strimming Mowing

Hedge Cutting Gateposts and Gates

Hedge & Tree Planting

Agricultural

Equestrian Fencing Stump Grinding

Woodland Maintenance Paddock Topping

Custom Made Log Stores Logs for Sale

From our MP

I have written many times about my work in Government as Cancer Minister but one of my other roles is to drive our agenda fighting childhood obesity. We have a problem in our country where the gap in healthy life expectancy between rich and poor communities is nearly 20 years.

This may seem an oddity in relatively wealthy Winchester but obesity can lead to so many health challenges including type 2 diabetes, heart disease and some cancers in adulthood. It's one of the burning injustices of our time and I believe reducing this gap will help create a fairer society. I am also very clear, we have a right and a responsibility to act in what is a publicly funded health service.

Back in 2016 we launched our

childhood obesity plan including measures such as the soft drinks industry levy (commonly known as the 'sugar tax') which is putting new money into schools through the recently doubled School Sports Premium and leading to reformulation from many leading brands such as Lucozade, Ribena and IrnBru. This month's picture is in the lab at Suntory in Uxbridge taste testing the products! Another key track for us is to help cut excessive calorie intake and I unveiled plans with Public Health England recently as part of the government's efforts to cut child and adult obesity. The package includes new evidence highlighting at worst, that overweight or obese boys consume 500 and girls consume 290 calories too many each day and challenging the food industry to reduce calories in products consumed by families by 20% by 2024.

Industry has three ways to do this;

reformulate, reduce portion size and encourage consumers to purchase lower calorie products.

Categories of food covered by the programme include pizzas, ready meals, ready-made sandwiches, meat products and savoury snacks. The new research confirms what we've long assumed to be true; children routinely eat too many calories, just like adults, and it's



having an impact.

There can be no doubt that obesity is one of our greatest challenges. Our calorie reduction programme is the first of its kind but we don't think it's an end in itself. It is hard for people to make healthy food choices, whether for themselves or their families. That's why, through our campaign, we're giving the public the information they need to help make those choices a little easier.

The next step in the programme involves engagement with the whole food industry – retailers, manufacturers, major restaurants, cafés, takeaways, and delivery companies – to develop category guidelines. These will be published in mid-2019. More of my work at www.stevebrine.com

Steve Brine MP



Martyr Worthy Plant Sale

Saturday 21 April 10:00 - 12:00



Chilland House Chilland Lane Martyr Worthy SO21 1EB

Admission £2
Parking
Produce stall

Refreshments

Proceeds to the Itchen Valley Parish and St Swithun's Church



NEW FARM MOTOR SERVICES LTD New Farm Road, Alresford SO24 9QE

01962 732338

M.O.T. Testing Centre Class 7 Vans from 3000 to 3500 kg Class 4 Cars and vans up to 3000 kg All makes cars & vans serviced and repaired Horseboxes, lorries and campers up to 7500 kg serviced and prepared for plating tests



L.P.G.A. Approved Autogas conversions www.amsautogas.com

CERTIFICATED ENGINEERS RECOVERY AVAILABLE



Handcrafted Kitchens Handmade Furniture Wood Floors **Wood Floor Sanding**

Prospect Road, Alresford, Hampshire, SO24 9OB Tel: 01962 733016

Email: info@alresfordinteriors.co.uk Web: www.alresfordinterors.co.uk



PRESTIGE CARS RESEORD

Private Hire Available For Airports, Cruise Terminals and Train Stations Longer Journeys undertaken as well

> 01962 865602 07752 570787

www.prestigecarsalresford.co.uk kevin.mitchell202@btinternet.com

LJV PAINTING & **DECORATING**

07774 578497 01962 275646



liamvincent@icloud.com



Winchester

Fully insured



Antique Jewellery a Speciality

Contemporary Jewellery Silver & Watches

Full Repair and Restoration Service to Jewellery, Watches and Clocks Hand & Heraldic Engraving Valuations Undertaken

> 40a West Street, Alresford Tel: 01962 732200 www.dbarkerandson.co.uk

Valley Litter Pick

10.00 am on Saturday 10 March. Kick off, it's the annual Valley litter pick. Once again what lovely friends and neighbours turned out to pick up litter in the Valley, brilliantly rewarded by the WI's tea and cakes delicious. I always enjoy the sea of Day-glo tabard wearers hitting the lanes and footpaths to free us from litter. However, my pride in our community had within a short time turned to disappointment and darn right frustration. Why had my children spent an hour collecting over 25 dog poo bags from one small stretch of footpath 30? 18 bags in total (after a while you do start to count them) had been thrown into the brambles by the eastern kissing gate exiting off Texas field. Eighteen! There are cattle grazing in the next field, these bags were in easy reach of the cows. I'm no vet but I can surmise that a cow eating a plastic bag full of dog poo isn't going to end well. On returning home another angry email awaited me. from a Couch



Green resident who's had to clear up multiple lots of dog poo just outside the children's play area, rightly very cross as children and dog poo isn't a good mix either.

I have always blamed this type of problem on the popularity of the footpaths with visitors but now I'm

starting to think the culprits may live in our community. Quite frankly why bother putting your dog poo in a plastic bag then chucking it into a hedge? I was almost less offended by the 3 lots of dog poo left openly on the footpath, given it was raining and there were no cattle grazing the field, but I was still left wondering why the "Stick and Flick" method hadn't been deployed. Clearly, we have a problem Huston!





Some suggest more dog poo bins on footpaths, but do we really want this urbanisation of the countryside, let alone the extra cost? Another suggestion is to tag the poo (highlighter spray covers the offending poo and bags) making it all too clear just what a problem it is. My big idea, it's a lot more straightforward. Don't leave dog poo on footpaths and please just take home your dog poo bags and put them in your bin!

If you fancy having this much poo in your life, then please think about joining the Parish Council, the Open Spaces Portfolio has an upcoming vacancy! Unfortunately, I'm not anticipating a flood of volunteers. Cllr Yvette Riley: Open Spaces Portfolio holder.

Easton W.I.

At our March meeting we were introduced to the Feldenkrais Method by Jane Watson. Jane told us a little of her own life and how she realised the benefits to one's body of the Feldenkrais Method. Her mother was a doctor and her father a vet, well known for manipulating horses' backs.

Her early career was in dance and the theatre where she both performed and directed, and during this period observed how some dancers used a very gentle method of warming up (Feldenkrais) which seemed to prepare their bodies far better than the usual warm-up techniques. Jane decided to train as a Feldenkrais teacher and qualified after four years

training in 1999.

Dr. Moshe Feldenkrais developed the Method after he had suffered repeated injuries to his knee and faced surgery that would leave him with a limp. He used his knowledge of physics, engineering and martial arts to study his own movement habits. His observations relieved him of pain and the need for surgery and he began to work with other groups. Feldenkrais Method brings new awareness into every aspect of one's life, teaching new movement patterns using gentle, slow, repeated movements believed to impart a new habit into the body, thus relieving both physical and stress related problems.

Why not try it for yourself at Jane's Yavington Studio where she holds individual and group sessions? Our next meeting is on Thursday, 12 April, when we will be hearing about The Friends of the Family, a Charity that helps parents and children who are struggling to cope with family life. We welcome visitors to our meetings which are held in Easton Village Hall and start at 7.15 p.m. Kyrene Beames

Itchen valley church services



Sunday I April

8am **BCP Holy Communion** Itchen Abbas 9.30am Family Communion Easton

Ham Traditional Communion Martyr Worthy Avington

6pm Evensong

Sunday 8 April

BCP Holy Communion 8am Easton

I Oam Parish Communion Itchen Abbas Martyr Worthy 6pm **Evensong**

Sunday 15 April

8am **BCP Holy Communion** Martyr Worthy

I Oam Valley Worship Easton 6pm Evensong Avington

Sunday 22 April

8am **BCP Holy Communion** Itchen Abbas Parish Communion Martyr Worthy I 0am

6pm **Taize** Easton

Sunday 29 April

BCP Holy Communion 8am Easton Parish Communion I 0am Avington

Rector

Vacancy

Assistant Priest

Rev Alex Pease 791010 rev@ampease.co.uk

Licensed Lay Minister

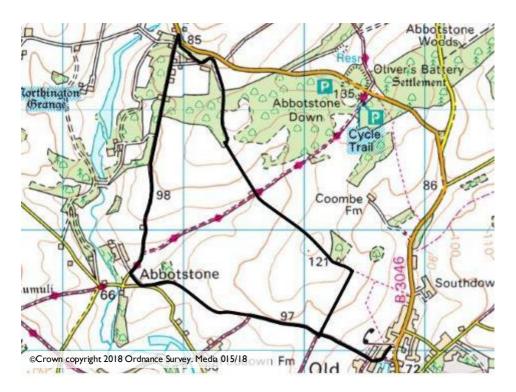
Mr Gerry Stacey gstacey@easynet.co.uk 620263

Parish website: http://itchenvalleychurches.org.uk/

Itchen Valley Churchwardens: Robin Greenwood 779540;

Andrew Impey 779645; Theo Mezger 07775 908014; Vanessa Rosewell 841182;

Tony Gaster 779110;



Walk from Old Alresford via The Grange and the deserted village of Abbotstone

Leave your car beside the Christy Hall, Old Alresford, SO24 9DH. Walk south with the village green on your left and turn right up the hill, with a private road to your left and a small close of houses on your right (The Brook). Head up the track. At the top of the hill turn right onto the marked footpath that follows the field headland, first with the hedge on your right and then with the hedge on your left. Please note that this part of the tour is only a permissive path and not a right-of-way. At a T junction turn left, heading up

the hill (with a Nissen hut at the top of the field ahead). At the top, drop through a narrow gap into the next field, then keep straight into a copse (with a sign saying footpath, no horses). Follow the track through the trees, finally along the edge of a property, over a driveway and out to the Swarraton road at the gate lodge for The Grange. Take care for the very few yards you are on the B3046 by the bus shelter.

Immediately turn left up a metalled road (not a public road so should be quiet) and follow this straight ahead towards Abbotstone Farm. After a ruined farm building on the right, do not take the first left (with multiple footpath signs) but the next track left uphill (opposite a newly asphalted drive) which will bring you to the Abbotstone road*. Bear immediately

left and follow the track, which will bring you back down to Old Alresford. *You could start from Abbotstone, but it might be tricky to park.
8.5 km, about 1 hour 45 minutes Verity Coleman

Supermarket recipe of the month

It's surprising what a fruitful source of new recipe ideas supermarket websites can be. Even though Cadbury's Mini eggs were first produced in 1967, until last year the only recipe I recall for using them as a cake decoration was on the "traditional" Kellogg's cornflake Easter nest.

This month's recipe, Martha's Mini Egg Cake, appeared in the Waitrose magazine last Easter and I made it as an Easter Day cake instead of the more traditional simnel cake.

I decided on this cake because:

- It had chocolate in it (after the abstentions of Lent this was a great plus)
- It looked impressive
- It was created by Martha Collison, one of the youngest-ever contestants in the Great British Bake Off, still



studying for her A levels at the time of recording. I have since seen her in person at a Waitrose cookery demonstration - clearly a very personable and skilled young chef. The basic mixture of butter, sugar, eggs and flour has yogurt added to it to keep it moist for longer. Because it is a LARGE cake, this is a very good idea as it took several days to eat it all. The recipe suggests that you make it in a 7 inch tin - but the mixture is way too much for this size. I baked it in an 8 inch tin the first time, and in one 7 inch plus one 6 inch tin the next time around. This double-tin version produced a four layer, higher cake even more impressive than the original three layer Martha concept.

The white chocolate butter cream icing can be a bit too sweet so the second time I added the juice of half a lemon. This didn't seem to affect the consistency of the icing and it definitely made it more palatable.

Do give it a go. Yes, it does consume two large packets of Mini Eggs as well as five hen's eggs so it isn't a cheap cake to make – but as I said, it is BIG! Search online for Martha's Mini Egg Cake – and you'll even get a video of her making it. Good practice in case the Itchen Valley Flower Show makes it the set recipe this year!

Another recommendation next month Sue Sheph

For the love of show jumping

I first jumped when I was 7 on a Shetland pony called Jet. Jumping is exhilarating and I get a sense of achievement. Going to competitions is really exciting, though it can also be very hard work and tiring. My pony is

a 14.2hh grey Connemara called Windmill Charlie. Before him, I rode Teddy Bear who my sister Ysella now rides. I ride every day in the holidays and every weekend in the term time. My best moment so far was going to Keysoe in Bedfordshire, for the Pony Club Regional Championships, with Teddy Bear and doing three clear rounds in a huge arena and coming 7th out of 282 competitors. They only gave out rosettes to the top 6 though! My worst moment was in February this



year when Charlie was eliminated in the two classes we had entered in a competition for refusing a jump that he found scary. We were there in the freezing cold for 7 hours.

My aim in the next two years is to qualify for the British Show Jumping Championships at I metre (jump height). The person who has inspired me is Laura Renwick, the top UK woman show jumper and the person I have learnt most from is Frances Gray. Two interesting facts about horses are: that they are red-green colour blind and they can lock their joints so they can go to sleep standing up without falling over.

Anna Collis aged 11, lives in Easton

From the Rectory

The passing of Stephen Hawking leads me to consider again the relationship of science and religion. The ambition of



Hawking (which some believe he has possibly reached with M-Theory) was to explain the universe in totality with

a 'Theory of Everything'. Hawking himself is generally regarded as an atheist although such statements as he made to Reuters that he was "not religious in the normal sense," and said "God does not intervene to break the laws that He decreed" suggest more ambiguity. Since then, however, there's been a lot more theorizing devoted to the origin of the universe. Hawking now believes that an approach known as M-theory will eventually reveal the grand design of the cosmos.

The suggestion that there is a grand design of course presupposes that there is a designer. Hawking thinks that the universe is as it is inevitably, given the immutable physical laws and universal constants. An alternative view was given by Pope Francis when they met at a conference in 2014. He holds that science and its discoveries do not deny the existence of God; on the contrary, evolution (for example) is part of God's design for His creation. For him the immutable laws of physics were created by God.

"Creation has been progressing for centuries and centuries, millennia and millennia, until becoming as we know it today, precisely because God is not a demiurge or a magician, but the Creator who gives life to all beings.

The beginning of the world was not a work of chaos that owes its origin to another, but derives directly from a supreme Principle who creates out of love."

"The Big Bang theory, (incidentally first suggested by the Catholic priest Georges Lemaître in 1927) does not contradict the intervention of a divine creator but depends on it. Evolution in nature does not conflict with the notion of Creation, because evolution presupposes the creation of beings who evolve," Francis explained.

I would certainly not consider myself up to mediating between those two but I do feel it is vitally important that the Church, as Pope Francis has, faces up to and engages in the science debate.

But are we up to it? Well to that I say a very resounding yes! Data from the HESA shows just over 40% of students are taking a science degree and this has grown significantly in recent years. Recent research by Christian Research reveals that 37% of ordained ministers hold a science degree, indeed our own former curate in the valley, Stefan, held a PhD and had worked at AWE before ordination. Many renowned scientists are also Christians.

Francis Collins (Genome project founder & director of the National Institutes of Health) argues that the idea of a Christian God is compatible with Darwin's theory of evolution. "I have found there is a wonderful harmony in the complementary truths of science and faith. The God of the Bible is also the God of the genome. God can be found in the cathedral or in the laboratory. By investigating God's majestic and awesome creation, science can actually be a means of worship."

So while we have many scientists who believe and many Priests qualified to talk about it, why do we not engage more actively in science discussions and debates?

The Christian Research survey mentioned above showed that 73% of Christians thought it either very important or essential for the church to engage with science yet disappointingly fewer than half had had any science related conversation at church in the last three months. Slightly more encouragingly about half said that scientific topics or questions do come up occasionally as part of a sermon/teaching in a service. Science and religion are two sides of the same coin; they both have to do with meaning. People have always wondered how we can make sense of the world and understand the deeper meaning of who we are and what we're meant to be all about. Science and religion are distinct yet related ways of looking at the world.

Pope John Paul II said, "Science can purify religion from error and superstition. Religion can purify science from idolatry and false absolutes." Throughout the Renaissance, and indeed up to fairly recently, science and religion were collectively described as 'natural philosophy'. The recent separation has led to conflict. However, many questions related to morality, ethics, love and so on, are questions that science simply isn't equipped to answer. Science can provide some important context, but religious, legal, and other ways of knowing are needed. We need to be able to discuss and argue collectively to understand fully the concerns of today. After all, God gave us science and expects us to use it. Theoretical physicists like Hawking may be able to

explain fully the physical world but fall down when you get humans involved. And after all God is nothing if he isn't the 'Theory of Everything'.

Gerry Stacey LLM

Opera Update

The Grange Festival opens in June with a new production of Handel's 'comic' opera Agrippina. This story of court intrigue in first century Rome, with a libretto composed by a Cardinal reputedly himself intriguing to secure the papacy, offers plenty of potential for a creative production which it will no doubt receive at the hands of Michael Chance and Robert Howarth. the combination who gave us Return of Ulysses last season. Agrippina herself is described as 'one of opera's most outrageous leading women', the personification of egotism, and as Nero's mother she has a lot to answer fort

It is followed by a crowd-pleaser, Rossini's Barber of Seville, which offers entertainment aplenty combining a delightful score full of hummable tunes with hilarious situations. If you are new to opera, this would be a great place to start - and so close at hand for us locals! The third operatic offering is Mozart's The Abduction from the Seraglio, yet again offering scope for comedy with delightful scoring. This production is by John Copley, the doyen of English opera directors, whose Albert Herring was a terrific hit last season. The operatic season is completed by just one performance of a semi-staged version of Leonard Bernstein's Candide, sadly but not surprisingly already sold out. But before the opera season begins, there are two performances of Dance@TheGrange, co-directed by Wayne McGregor and Edward Watson, principal dancer of the Royal Ballet. This promises an evening of classical and modern ballet alongside incredible contemporary dance, combining well-loved pieces with newly created works. This is also sold out, which at least bodes well for future. more extended ballet offerings at The Grange. But you can ask to be put on the waiting list for any sold-out production.

All in all, an impressive lineup for the second season of the Grange Festival, and it is whispered that this may not be all we shall see there this summer....

Peter McManus



The Practical Gardener

Well, I feel a bit of a prat. Who

predicted all that snow and infernally cold nights? So gardening was truly put on hold for a while. Compared with the past ten years living here, my planting is two weeks behind. Indeed I've only just planted early potatoes as the ground is so cold. Fleece of course is useful and cloches too. But the first row of broad beans is in and more coming on in the greenhouse. I do think starting plants off from seed helps when it's been so cold outside. You have often heard me grumble. So I have a bag of seed compost from a reputable supplier which needs sieving. I've fished out a stone and several pieces of wood. How on earth seeds like antirrhinum which are very tiny would grow with such obstacles, I don't know. Likewise my first sweet peas sown in root trainers have produced but one plant. All the rest sown in pots have grown well. It must be duff seed but how do you take it back to complain?



It's still OK to lift and divide perennials. That's where my photos come in handy of how things looked last year. New plants for free or for sharing are never a bad thing and even a rearrangement in the borders can add interest. I've



tried hard to get colours looking right, so I have a bed with mostly pinks and purples, until I forget and add something yellow!

I love birds and I feel we should encourage their activity. So we have bird feeders for the small birds and they are near the house so we can watch. I also observe our yew hedges provide numerous nesting sites but not the beech hedges. However pigeons are a menace, so much of the vegetable and fruit borders need protection. I have some expensive proprietary cages but they never quite work, first of all to stay upright and secondly to secure the netting. Whereas my self-build wooden frames work just fine but are a bit of a fiddle. I have taken pictures to illustrate my point.

Lawns are now starting to need some attention. Indeed I have already cut mine. I am being pestered by my lawn specialist to spend a load of money on new treatments. I wonder why a perennial border which gives so much pleasure needs so little spent, maybe a few new additions. The vegetable garden does need new seeds, onion sets and seed potatoes but £50 covers it. Yet one of my lawns needs another £400 of treatment and it's only a patch of grass. Am I being taken for a ride? April is the key changeover in the greenhouse; time to remove



The Family Owned

FUNERAL DIRECTORS

Nearly 160 years of Steel Family Service since 1860

Alderman House, 12-14 City Road

Winchester (01962) 862333

Recommended by

'The Good Funeral Guide'

- Personal 24 Hour Service
 - Pre-need funeral plans ■

www.winchesterfunerals.co.uk

PETER BRAY

DOMESTIC APPLIANCE ENGINEER

Repairs to Washing Machines, Dryers, Electric Cookers, and Waste Disposal Units

Service Agents for In-Sink-Erator, Tweeny, Maxmatic, Waste King and Waste Maid.

Tel 01962 714224

Mob 07885 490786

II Hill Rise, Twyford,

Winchester SO21 IQH





everything, take down the bubble wrap and completely clean the inside with a pressure washer. I had a pleasant surprise when one of my pelargoniums flowered about 2 months early. What a joy.

For those wanting new plants don't forget the plant sale on 21 April; see details in What's On.

Happy gardening. Tony Gaster.

Photo competition reminder

You too could see your photograph on the front cover of this magazine! We are looking for a high resolution photograph, taken locally, suitable for the front cover of our June 2018 magazine. The competition is open to anyone aged 16 or under on 1 June this year.



The photo can be of any subject you wish but it must be taken within the Itchen Valley. If you are using a mobile phone or tablet, make sure you are using the highest possible quality setting as most normal phone pictures will pixelate when enlarged to fill our size paper. Please send your entries to itchenvalleynews@gmail.com by 15 May. Happy snapping! Vernon Tottle Editor, Itchen Valley News

A Monstrous Regiment of Wheelbarrows.

The Martyr Worthy Plant Sale Simply could not fail. A phalanx of wheelbarrows Stood in line. Clean and polished They looked quite fine, Resembling Guardsmen on parade Hidden underneath the shade. Never have Lever seen So many different plants of green All laid out on trestle tables. Neatly named with plastic labels. In words of T.S.Eliot 'The women come and go Talking of Michelangelo', But here is no museum. Merely a Saturday Plant Show. And so they ask: 'Will it grow And what are the seeds to sow?' Ladies in their garden hats, Full of horticultural chat. Piling the plants into barrows, Stopping at the exit tent Where Shane and Geoffrey are intent On counting out the money. (More is spent when it is sunny). Then away the punters go Pushing barrows along the road. For now they have much to do Creating gardens fresh and new. Spending hours in sweaty toil Digging deep in well mulched soil, Herbaceous borders lush and bright In gardens looking quite a sight In houses sold by George Burnand Standing on their precious land. But I knew not what I'd bought, It made me feel quite fraught,

Until the summer came at last
And much indeed to my surprise
Wild strawberries crept across my
drive.

Their juicy berries all got squashed.

Beneath the wheels of my car,
Ready now only for the jam jar.

The Valley churches will never die
For their Plant Sale has much to buy.

We'll all be there in two months time
To fill those barrows still in line,
Waiting then in constant hope
Knowing indeed that we can cope
With plants whose labels we have lost.
No, they will never let us down:
Flowers are the Country Lady's crown.

Rosemary Chambers

Lent Lunch Donations so far

At the time of writing this article, I am very pleased to report that with only two Fridays and two Lent Lunches still to go, the donations received so far for the Valley Defibrillators stand at £1,427.

There has been a wonderful turnout at the 4/6 Lunches, and even the snow didn't deter attendance at the lunch in Itchen Abbas. We very much hope that the final two lunches will bump up the total and enable the Village Halls to buy Defibrillators with support from



the Boomtown Grant. I will report the final amount raised in the May issue of the IVN.

Stephanie Gretton, Lent Lunch Co-ordinator

Social Media in the Valley

It's the modern-day Marmite, love it or hate it? Regardless, sometimes social media turns up real gems like these two photographs that were sent to the Martyr Worthy Facebook Page.



Sent by a Cornish postcard collector, it appears these are the Philpotts, Appletons and Gandys of Graces Cottages, Martyr Worthy. With the help of a Cornish Facebook group who, by searching the 1911 census for the names scrawled on the back of the postcard, found the families all residing next door to each other in Graces cottages. They had even spotted that the steam tractor was from Micheldever and owned by W Hilary. What a bunch of internet sleuths! I'm pleased to say this unusual picture of Martyr Worthy is now safely back in the village. More research on exactly where they are working is underway, any ideas?

The next photo is of a painting sent to our Facebook page by Lucy Day from Kent. Her great grandmother Florence Nicoll painted her garden in 1907 not long after her great grandfather built their house at Burntwood in 1902.

Easton Village Hal	l Ina Will	iams 779465 d	or evh.booki	ng@goog	lemail.com
Authentic Pilates	Mon	9 am, 6:30 pr		Judy	07774 899909
Ems Bray Pilates	Tue	8:45 Thu 9		Emily	07876 033893
Sally Stanyard School of Dance	Tue Thu Sat	4.15 pm - 7.45 pm 6.45 pm and Fri 4 pm 9 am - 2.30 pm		Sally	01962 776562
Moo Music	Wed	9.15 and 10.1		Denise	01962 779182
Brew with a View	Wed	3 - 5 pm		Ina	01962 779465
Dionne Yoga	Tue Fri	8.15 pm; 10.30 and 11	.45 am	Dionne	07961 888676
Mahjong / U3A	Tue	2 - 5 pm		Anne	01420 563393
Martyr Worthy V	'illage H	all			
Lucinda Ffennell 779	701 or s	imon@ffennel	l.plus.com		
Riverbank Kindergarten	Mon and Tues, Th		am to 3pm	Maria	07900 437685
Whist Drive	Thur	7pm	•		
Itchen Abbas and	Avingto	on Village Ha	ıll		
Details of bookings www.iaavillagehall.cc Hall Manager Alex E or telephone 07947 Regular Bookings	and real on the second	time availabilit	y are now av	l.co.uk	our website.
Details of bookings www.iaavillagehall.co Hall Manager Alex E or telephone 07947	and real on the second	or manager@ Village hall c	y are now av	l.co.uk 2 791021	o our website.
Details of bookings www.iaavillagehall.co Hall Manager Alex E or telephone 07947 Regular Bookings	and real ouk Bellisario 191229 Mon to	or manager@ Village hall c	y are now av Diaavillagehal callbox 01962 Caroline	l.co.uk 2 791021 017	
Details of bookings www.iaavillagehall.co Hall Manager Alex E or telephone 07947 Regular Bookings Montessori	and real ouk Bellisario 191229 Mon to	or manager@ Village hall c	y are now av Diaavillagehal callbox 01962 Caroline	l.co.uk 2 791021 017 079	730 829377
Details of bookings www.iaavillagehall.co Hall Manager Alex E or telephone 07947 Regular Bookings Montessori Zumba	and real ouk Sellisario 191229 Mon to Mon 18	or manager@ Village hall c Fri 08.30	y are now av Diaavillagehal allbox 01962 Caroline 0 Sue Juliette	l.co.uk 2 791021 017 079	730 829377 947 410394
Details of bookings www.iaavillagehall.co Hall Manager Alex E or telephone 07947 Regular Bookings Montessori Zumba Pure Circuits	and real ouk Sellisario 191229 Mon to Mon 18	or manager@ Village hall of Fri 08.30 30 & Fri 10.00	y are now av Diaavillagehal allbox 01962 Caroline 0 Sue Juliette	017 079 079 079 079	730 829377 947 410394 799 890860
Details of bookings www.iaavillagehall.cc Hall Manager Alex E or telephone 07947 Regular Bookings Montessori Zumba Pure Circuits Rugby Tots	and real o.uk Bellisario 191229 Mon to Mon 18 Mon Tue 09.	or manager@ Village hall c Fri 08.30 3.30 & Fri 10.00 20.00	y are now average and a village half allbox 01962 Caroline O Sue Juliette O Phil	1.co.uk 2 791021 017 079 077 034	730 829377 947 410394 799 890860 453 133258
Details of bookings www.iaavillagehall.co Hall Manager Alex E or telephone 07947 Regular Bookings Montessori Zumba Pure Circuits Rugby Tots Short Mat Bowls	and real co.uk Bellisario 191229 Mon to Mon 18 Mon Tue 09. Tue	or manager@ Village hall of Fri 08.30 3.30 & Fri 10.00 20.00 15 & Wed 10.20	y are now availagehal callbox 01962 Caroline Sue Juliette Peter	017 079 079 079 079 079 019	730 829377 947 410394 799 890860 453 133258 962 779285
Details of bookings www.iaavillagehall.cc Hall Manager Alex E or telephone 07947 Regular Bookings Montessori Zumba Pure Circuits Rugby Tots Short Mat Bowls Boules	and real co.uk Bellisario 191229 Mon to Mon 18 Mon Tue 09. Tue Tue Wed	time availabilit or manager@ Village hall co Fri 08.30 5.30 & Fri 10.00 20.00 15 & Wed 10.20 18.00 18.00	y are now average part of the	015 015 015 079 079 079 019 019	730 829377 947 410394 799 890860 453 133258 962 779285
Details of bookings www.iaavillagehall.co Hall Manager Alex E or telephone 07947 Regular Bookings Montessori Zumba Pure Circuits Rugby Tots Short Mat Bowls Boules Ladies Short Tennis	and real co.uk Bellisario 191229 Mon to Mon 18 Mon Tue 09. Tue Tue Wed	time availabilit or manager@ Village hall of Fri 08.30 3.30 & Fri 10.00 20.00 15 & Wed 10.20 18.00 18.00 14.30	y are now availagehal callbox 01962 Caroline 0 Sue Juliette 0 Phil Peter Jenny Arminel	017 017 077 077 034 019 019	730 829377 947 410394 799 890860 453 133258 962 779285 962 779813
Details of bookings www.iaavillagehall.cc Hall Manager Alex E or telephone 07947 Regular Bookings Montessori Zumba Pure Circuits Rugby Tots Short Mat Bowls Boules Ladies Short Tennis Pilates	and real co.uk Bellisario 191229 Mon to Mon 18 Mon Tue 09. Tue Tue Wed Wed 9.	time availabilit or manager@ Village hall co Fri 08.30 3.30 & Fri 10.00 20.00 15 & Wed 10.20 18.00 18.00 14.30	y are now average and a village half allbox 01962 Caroline O Sue Juliette O Phil Peter Jenny Arminel Aimee	017 077 077 077 077 034 019 019	730 829377 947 410394 799 890860 453 133258 962 779285 962 779813 962 779611

Odd Job Guy Outdoor Handyman Guy Ralph

Tel 01962 852160 or

07787 710702





ALL ELECTRICAL WORK UNDERTAKEN

Rewires (Full or Part), Fuseboards, Testing and Inspecting, Fault Finding & Repair, Showers ,Cookers, PAT Testing

Please call Nigel on 07989 448859 for a friendly and reliable service or alternatively email bridle-electrical@mail.com



MOBILE SERVICE

We can repair unsightly and annoying damage to your vehicle at a reasonable cost ~ including:

Small to medium dents and scuffs

Collision damage ~ Alloy wheels refurbished

Curbed allow wheels ~ Coded bumpers

Contact: Ray Bradbear Tel: 01962 779828

Mobile: 07950 216856 Email: raybradbear@gmail.com

STORAGE made easy

- 24/7 access
- Sizes to suit your needs
- Short or long term
- Easy to find, easy to use
- On your doorstep

01962 771993 www.barn-store.co.uk



Holden Farm Cheriton SO24 ONX



Lucy believes the site of the house is now a small industrial park, can anyone be more precise? The painting is still in Kent on Lucy's wall!

These pictures of Martyr Worthy's past would have probably laid undiscovered if it weren't for the power of social media, so maybe it's not all bad? Finally, if you live in or near Martyr Worthy and are on Facebook, why not follow our page and share in some of the other lovely village photos and information.

Happy posting Yvette, Jane, Zoe and Sara, The MW Facebook Page Moderators

Abbotsworthy History Board

There was a great turnout of Abbots Worthy residents and others for the unveiling of the latest History Board produced by the Worthys Local History Group. This was the fourth board put up by the group and was paid for with a grant from Kings Worthy Parish Council. The board is situated at the bottom of Mill Lane opposite Abbots Worthy Mill and is full of interesting information about Abbots Worthy House, the cottages in Mill Lane, the Pilgrims' route from Winchester and, of course, the Mill itself which has been there in various buildings for over a thousand years.

The idea of the history board was the result of a community project, carried out by Peter Smith and fellow Mill Lane residents, to open up the entrance to the old ford. This had become very overgrown and it was only the older residents of the lane who remembered that there was indeed a ford across the Itchen at all, and only the even older residents who actually remembered it being used as a crossing!



With help from farmer Michael Gray, four large trailer loads of debris and soil were taken away and a layer of coarse pea gravel laid in its place.

Martin Taylor



Don't forget - Martyr Worthy Open Gardens and Teas on Sunday 24 June. More details next month.



Fully qualified and insured specialists in tree care, hedge trimming, stump grinding and garden reclamation

01962 861891 / 07725 835715 www.fishertreecare.co.uk



High quality domestic services Guaranteed



One less thing to think about. We can help.

- Regular cleaning and end of tenancy cleaning
- One off spring cleans
 Washing and Ironing
- Carpet cleaning
- Building maintenance including painting and decorating
- Shopping
- · Man with a van

telephone: 01962 736713
email: enquiries@maidmariancleaners.co.uk
web: www.maidmariancleaners.co.uk



Alresford . Southampton

SHAUN BARNEY

Professional
Painter & Decorator

Local Tradesman with 20 years experience



Competitive Rates

Quality Work Fully Insured

01962 864033 07928 027618

Easton Duck Race - 3 June 2018 - BBQ tickets

Please fill out and return the form below, with cash or a cheque payable to IVPCC

To: Clare Davies, The Old Rectory, Church Lane, Easton.

Ticket Prices: Adults, (13yrs upwards) - £10 - Child, up to 12yrs - £5

Family ticket to include 2 Adults and 3 children up to 12yrs - £25

Ticket deadline is Tuesday May 15

Name	
Email Address	
Number of Adult tickets	Number of child tickets
Number of Family tickets	

Tickets will be emailed out to you, Please bring them on the day!
All profits go to the Itchen Valley Churches

Specialising in Property, Wills, Probate & Estates



Warner&RichardsonSolicitors

We offer a specialised service, each case tailored to your individual needs.

Our teams are highly experienced and will work with you to provide practical and open advice to ensure a smooth and efficient transaction throughout.

To speak to one of our teams please call our Winchester office on:



01962 868366

Our Wild Valley: camouflage in early Spring

With inspiration from a colourful chameleon at a friend's house and a visit to an oceanarium in March. I wondered what animal best hides itself in Spring. Well certainly not the birds, as they begin to belt out their morning song. But while the woodlands are still relative bare of leaves, there are some fairly large animals that can stand stock still and disappear. Young ash trees and bare trunks of sycamore and oak take on hues of brown, tan, cream and red reminiscent of African colours on the edge of a forest in winter. While they don't hide giraffe or gazelle, our own leaping roe deer are experts at camouflage and so would be the muntjac deer if it kept still! The pale brown flanks of the roe deer seem to disappear into the silvery brown trunk of ash trees in early spring. Their delicate heads turn and watch as you walk past, their brains working out whether to flee or risk it and their sprightly legs ready to leap and fly.

Roe are smaller than fallow, with not much of a tail to speak of and a white rump. They are browsers that actively select different food types including brambles, ivy, heather, and coniferous/ deciduous tree shoots as well as farmer's crops and tree roots. Noted from the Mesolithic period (6,000 - 10,000 years ago) they were hunted and became extinct in England by 1800. They have since then moved back south from Scotland. Their rutting time is mid July to mid August with kids born in May or June (delayed implantation means they are not born in cold winter months). Roe deer have a kind of rough bark when startled and the doe will make a piping call during the rut while the buck makes a kind of rasping noise.

Every train ride and every road trip I'm

looking for deer along the hedgerows, lying down in the middle of crops, or in the meadows, not only to enjoy their beauty and energy, but so our youngest has the chance to say his joke:

'What do you call a deer with no eyes?'

'No idea'! Sophie Rogers

Easton Events to come

Duck Race

The Easton Duck Race is back on Sunday 3
June at 12 noon followed by a barbeque lunch. It will start on the river below The Old Rectory, Church lane, beyond the Easton Playground. Please come anytime from 11.30am to enjoy the build up and buy those last few ducks! A BBQ lunch will follow with a cash bar and family fun.

Ducks will be sold around the village in the weeks before and at many local venues, or on the day itself. £2 a duck or 5 for £10.

BBQ tickets are available from Clare Davies at the Old Rectory: There is a form at the top of the opposite page. Clare Davies

The Easton Fete is Back!

This year we are moving it to Sunday 26 August so put the date in your diary and come and join us for a fun packed day. For more information keep an eye on the Itchen Valley News. If you are interested in participating in any way or have any queries, please contact us at eastoneventsqwe@gmail.com or alternatively phone Donna on 779552 or Lyn on 779818

From the Parish Council

Despite having to postpone the Litter Pick for a week, we had a magnificent turn out of over sixty-five people. Thank you to all who helped; the litter pickers, the



organisers and the two rubbish bag collectors who drove round and brought the sacks of litter to the collection point. You can see how much was collected in the photograph. Finally, a very great thanks to the ladies of the WI who fed us all at the end with tea, coffee and a wonderful

selection of cakes.

However there is a sad downside to this event. Why do people drop litter in the first place? As can be seen in more detail in a separate article, where foot paths are concerned we are back to the problem of dog poo. In

simple terms either bag it and bin it in your bin or don't use a bag and use "stick and flick" so it is off the path and under cover. Those who litter picked on the road sides found a profusion of discarded drinks bottles and cans. These are most likely thrown from cars. All that can be asked is if you see this happening and are able to get the number, please report it. Difficult but it just might help to curb this antisocial practice.

Winchester City Council is now asking for SHELAA sites (Strategic Housing and Economic Availability Assessment). The Parish Council has sent a letter highlighting this request to local land owners. The letter also expresses the local need for social and affordable homes in the area. Please note that this is a call for potential available sites outside the South Downs

National Park. Also, if a site is put forward and accepted by the City Council as suitable, any building will have to go through the subsequent planning process.

Consultations on the choice of a new tower for the Old School Field in Easton have now been completed. There was an excellent response, so thank you to all those who submitted their choice. A tower as chosen by the majority of submissions has now been selected and the ordering process is underway.

With Boomtown's Licence application process now over, as is required the land owner has

submitted a planning application. The Parish Council has submitted its comments on this. basically asking for compatibility with the new licence and not anticipating any further increase in numbers or

sound levels. It is interesting to see that the South Downs National Park Authority has already called in this application.

And now the next date for your diary. On Thursday 26 April at 7pm in Easton Village Hall we will be holding the Annual Parish Meeting. It has been decided to change the format. The meeting will start with a short talk on the various issues with the River Itchen. Mr Roger Harrison has kindly agreed to come and give this talk and is happy to answer questions afterwards. So please come along and find out more. After questions there will be the usual statutory items, any questions and wine and nibbles.

Patrick Appleby.



Free Boiler Estimates

Landlords Gas Safety Checks

Boiler Installations & Commissions

LPG/Gas/Oil Boiler Services

All plumbing work undertaken

Fourth Generation Family Business

enquiries@worthyheatingservices.co.uk



01962 776321 07703178219



Itchen Valley Montessori



Itchen Abbas

9.00 am - 2.45 pm Monday

9.00 am - 1.00 pm Tuesday to Friday

The Montessori Method in a prepared classroom

Activities include Art & Craft, Music & Movement, Cooking, French and Drama

Call 01730 829377

carolinembutcher@btinternet.com

nosh

Sensibly priced, bespoke catering using local produce.

For all enquries contact Jude Ower:

Mobile: 07729 473795 Home: 01420 568179 www.noshcafebar.com noshcafebar@gmail.com



Lymington Bottom Road Next to Reads Butchers Open 8-5 Mon/Sat ALSO AVAILABLE FOR PRIVATE HIRE

ANDREW SMITH & SON

1793 -

FINE ART AUCTIONEERS & VALUERS

Hampshire's Leading International Fine Art & Antiques Auctioneers

* me Art & Antiques Auctioneers

* mouth) actique & Naviors cala:

six weekly fine art, antiques & collectables auctions
 ackiewing World record prices

global exposure was "tree" scanner hidding
 regular contributors to SSC's "Flag Is" and "The Amigues Zoad Trip"

Contain to for details of our;

complex property & contents valuation services for

Sale -- Insurance - Probate - Partilly division

* free valuation advice for suction rale

complete house clearance
 www.andrewarnthandson.com









THE AUCTION ROOMS, MANOR FARM, ITCHEN STOKE, WINCHESTER SOLI OUT

Tel. 01962 19:5988 - email: as-cliene@andressemithandeon.com



Pure circuits classes Mondays 8-9pm at Itchen Abbas Village Hall

Are you up for a new challenge? Suitable for all levels of fitness. No equipment or fancy gear needed, just a good sense of humour!

Run by local Fitness Instructor Juliette Green.

Email purecircuits@gmail.com

FIRST CLASS FREE - Drop in classes only £6.

Facebook

or phone/text 07799 890860 to book your FREE place.



Can't get the hang of your computer?

One-to-one tuition in your own home by qualified tráiner

Gift tokens available Call Christine for details on

01962 735359



Sole Butchers of

01962 735221

Butchers of Distinction Home Made Pies. Ready Meals A Variety of Seasonal Game Award Winning Sausages and Burgers

Alresford Motor Services New Farm Road All makes serviced and repaired MOT test station Volkswagen, Audi, Saab and Volvo specialist 01962 733 888

CURTAINS and

Throw-over bed covers made up from customer's own material. Headboards & dressing tables covered.

Tel: Mrs Egleton 07985 517169 01962 779586

MATHS, SCIENCE and FRENCH

PRIVATE TUITION

GCSE: Maths, Physics, Chemistry, Biology and French A Level: Physics and French Qualified Teacher for 20 years Marguerite Adams BSc. marcouly@icloud.com 07811 132 628

Memorials Building Stonework Restoration

BLACKWELL & MOODY Ltd

Stone Masons for five generations Magdalen Masonry Works Alresford Road Winchester SO21 1HE Tel 01962 852476 blackwellandmoody@gmail.com

AUSTRIAN BLINDS

Christening gowns made to order.

AVINGTON PARK

Local Self Storage

SELF STORAGE

Competitive rates, CCTV A trusted, quality, friendly service Tel: 01962 779955 or email: storage@parkfarmavington.co.uk

Dave Giles of Giles Tiles

Floor and wall tiling Kitchen & bathroom refits Friendly service & free quotes dave@gilestiles.co.uk 07513 941962 01962 854184

ITCHEN VALLEY B&B

CHILLANDHAM LANE MARTYR WORTHY 01962 779379

bh@itchenvalleybandb.com

www.itchenvalleybandb.com



Itchen Insight: Patrick Appleby

Age: the same as the state of Israel Occupation: retired chemical engineer and flour miller.

Lived 29.5 years in the Valley Your life: Born in Hampshire. Education in Hants, Dorset, Wiltshire and at Uni up North. Spent working life in milling, brewing and project management. Spent much of 1970s with elder brother building a ferroconcrete boat. Married Charlotte in 1982. Three sons, now all fled the nest. Have sat on at least twelve different committees, been a church warden twice and now chair the Parish Council. Non executive director of two companies, still do some milling consultancy work, either teaching or renovation work, both within a milling context. Sail occasionally, enjoy skiing and do a fair amount of DIY (not just in our own home). Retirement keeps me busy.

Champagne moment: being married to Charlotte

Surprising snippet: was a keen potter

Most frustrating moment: anytime when computers fail to work properly **Passion:** many of those listed

Favourite place: The Itchen Valley **Best thing about the Valley:** Its beautiful countryside but with many of the conveniences of town and city and so many friendly people.

Worst thing about the Valley: litter

Favourite book: Lord of the Rings Favourite quote: "It is not ours to master all of the tides of this world but to do what is in us to succour those years wherein we are set so that those that come hereafter have clean earth to till. What weather they shall have is not ours to rule."

Local monthly information

Waste collections in April

Black bins and green bags on Fridays 13 and 27 April. Green bins on Saturday 7 and Friday 20 April.

Cameo

On Tuesday 10 April. Please note one week earlier than usual!

Farmers. Market in Winchester Sundays 8 and 29 April.

Parish Council Full Meeting
Thursday 5 April Itchen Abbas VH

67 Bus operated by Stagecoach.

School term timetable operates from Monday 16 April.

Weekdays to Winchester:

07:53 09:23 11:23 13:23 16:23 17:23

Weekdays to Alresford:

09:19 11:19 13:19 15:19 17:11 18:09

School holiday timetable operates until Friday 13 April.

Weekdays to Winchester:

07:53 09:23 11:23 13:23 15:23 17:23

Weekdays to Alresford:

09:19 11:19 13:19 15:19 17:09 18:09

Saturday service (same for the whole month)

Towards Winchester: 08:23 11:23 14:23 17:23 Towards Alresford: 09:19 12:19 15:19 18:09

No Sunday or bank holiday service All times shown are at Itchen Abbas. Times are 5 minutes later (or earlier) at Easton.



CHIMNEY SWEEP

≘ 01962 734029 В 07721 458067

- Professional and comprehensive service
- · Stringent dust control methods observed
- No mess guarantee
- Bird guards and weather cowls fitted
- Wood stoves and multifuel stoves serviced
- Flue inspection and airflow testing
- Calls taken seven days a week

FULFLOOD GALLERY & FRAMING

Keith Butcher keith@fulfloodgalleryandframing.co.uk

3 Stockbridge Road, Winchester, SO22 6RN 01962 877992 www.fulfloodgalleryandframing.co.uk



AH SERVICES

Domestic gas engineer - certificated plumbers

Boilers/Cookers/Gas fires - Installs/Servicing/Repairs Electrical - Gas safety checks - Landlord's safety certificates

Bathrooms Property maintenance Fully insured.

Telephone 07533 776406 or 07847144092



LAWN CARE

Feed, Weed and Moss Control
Single/All-Year-Round Treatment
Scarifying/Overseeding
Weed Control of Driveways/Paths

Tel: Brian 07710 792839

Mulberry Tree Services

Problem Trees?

Fully Qualified Certified Tree Surgeon with 25 years experience

Fully Insured Very Competitive Prices

- Removal of Dangerous Trees
- Pruning Shaping Thinning
- · Stump Removal Hedge Cutting
- · Fencing Specialist

Tel: 01962 88 68 66 Mob: 07974 761183 www.mulberrytreeservices.co.uk

MH GARDEN WORKS

Grass and Astro Turf
Fencing + Decking + Patios
Garden maintenance
free quotes and advice

07818 800706 or 01962 469489

FACE MATTERS

ANTI-AGEING SKINCARE



AESTHETIC STUDIO

Sally Curson: 07887 878567 ALRESFORD I LONDON

Try the NEW Mesol ift treatments

No needle alternative to botox and fillers.

Specialising in prescription facial treatments with award winning Face Matters to promote a healthy rejuvenated complexion.

AYURVEDIC KANSA WAND FACE AND BODY TREATMENTS
Gentle, healing, luxurious treatments to promote peace and

wellness, ease stress, exhaustion as well as reviving the skin's health.



www.sallycurson.co.uk



Keylink SAS Ltd

Mercedes, BMW, Porsche and VAG servicing & repairs specialist.

(All other makes too). Competitive rates, full diagnostics, MOTs arranged. Air conditioning service and

repair.

Free collection, delivery or courtesy car.

www.keylinksas.co.uk info@keylinksas.co.uk 01256 397150

Unit 15/16 The Calvert Centre Woodmancott Winchester, SO21 3BN











Jo Huggins

Rosie Williams

High Quality

- Dressmaking
- Restyling
- Alterations
- Repairs

Traditionally made

- Bespoke curtains
- Blinds
- Cushions
- Curtain tracks & poles
- Fabrics

Call or email us today

07885 750070 johuggins96@yahoo co.uk 07411711168 rasie@coudre.co.uk

Friendly local service

Computer Problems?



- · PC, Mac, iPads, Phones
- Systems & Software Problems
- Virus cleaning, & Security
- Tune ups and Health Checks
- Broadband & Sharing
- Upgrades & Hardware
- Data Recovery
- · Cracked screens replaced

Independent and Impartial Advice, Home Visits (some evenings available) * FREE Estimates *



10% labour discount with Parish Magazine

Laptops, Macs, Phones

PC's, home setups, Viruses

Colin: 01962 713890 Mob: 07727 481220

Gerry: 01962 712674 Mob: 07900 845814

Qualified engineer

Member Hants Buy With Confidence



Jemma Giles your local

Advanced Clinical Massage Therapist.

Treating clients who suffer from:-

*Back and neck issues * Headaches

*Frozen shoulder *Tight muscles

*Low energy *Tennis elbow

Call Jemma to arrange your treatment on

07752 623234 or 01962 854184

jemma@massagetherapywinchester.co.uk www.massagetherapywinchester.co.uk



LACEYS FARM, BRAMDEAN, ALRESFORD SO24 0JT www.georgecanngardenmachinery.co.uk







Property Sales | Lettings | Management 02392 632 275 | countryhousecompany.co.uk



Blinds & Awnings

We offer a full measuring, manufacturing and installation service for all types of high quality Blinds - Awnings - Shutters

Full 5 year guarantee

Other services include:

Awning and canopy restoration (including recovering)

Blind servicing and repair work

For a free, no obligation quote in your own home or office:

Tel: 01962 736836 or 07711 007079 email: enquiries@drblinds.co.uk Experienced lawyers providing a quality reliable of the friendly service.

TAYLOR FORDYCE

PROUD TO BE SPONSORING THE ROTARY CLARENDON MARATHON

Business I Litigation I Property I Conveyancing I Matrimonial and Family Law Employment I Wills & Estate Administration I Lasting Powers of Attorney



1 & 2 City Business Centre, Hyde Street, Winchester SO23 7TA enquiries@taylorfordyce.co.uk Tel. 01962 841041

61 Chobham Road SUNNINGDALE

T. 01344 637960

24 Upton Lovell WARMINSTER T. 01985 851206

91 Leigh Road EASTLEIGH T.023 8068 4900 11 Broad Street ALRESFORD T. 01962 735705