

ITCHEN Valley News

Issue 50 February 2018

For Avington, Easton, Ichen Abbas and Martyr Worthy



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WELCOME to the Valley News



Jog on dry January! It's left Fi detoxed and depressed. Though thankfully the sight of an overflowing IVN inbox soon cheered her up.

Health and happiness are the mantra as the dark days and chilly weather continues. This issue is jam packed with articles to bring you cheer and inspiration. Foremost on our minds for the New Year is to shave off a little Christmas excess, perhaps no coincidence therefore that we opted for an article on narrow boating for our 'For the Love of' strand this month. The long and lean theme continues with Lent Lunches at a variety of houses – looking at Lucy's kitchen, our current Eds office, it could do with a bit of a tidy before then. We all know that a change in diet can cause some unsociable side effects, which leads on to the useful guide on page 35 on how to turn off your gas supply in an emergency.

Food Spy has embraced Veganuary and tried out Rawberry; the charcoal shots were not braved but feedback was very positive. Our entrepreneur is yoga guru Dionne, who is helping us stick to our new year's resolutions. If your aim is to try something new, Jackie Porter has some great fitness ideas on page 36.

While nourishing one's body and mind can be a great boost, helping others can be as rewarding. There are some inspirational charitable efforts to shout about from Gill Graham-Maw and Angela Wheeler's trip to Bhutan (page 22) and the Easton Cricket Club Mums, taking on Everest (page 16). In the Alps! If your local

charity needs a cash bonus, have a look at the Boomtown Community Grant Scheme on page 18.

We have a couple of new additions to the magazine, Supermarket Recipe of Month (not to be trifled with) and a précis of planning applications in the valley. The Chestnut Horse held an anniversary night out and we're all looking forward to a Valentine's night feast. Ben, please prompt the Eds' bed partners for an early reservation. If you're keen to spice up your social life, the season of safari suppers kicks off at Easton or try your hand at flower arranging with the calls to action in Martyr Worthy and Easton. Happy reading! Next month's Editor is Verity. *Fi and Lucy*

Itchen Valley News

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Please send all contributions for March 2018 by Thursday 15th February. All material is published in good faith and the Valley News cannot be held responsible for any information given or views expressed; neither can it be liable for any loss arising from the use of any information or advertisements contained herein. The Editorial Team reserves the right to refuse or amend articles or advertisements submitted for publication. Printed by Greenhouse Graphics of Basingstoke.

Cover photo by Jean Wheeler other photos from various contributors.

What's On

Mahjong Open Afternoon, Tuesday 6 February, 2.30 to 4.00pm Easton Village Hall

Come and learn about the game. Anyone from complete beginners to those wanting to brush up

their skills is welcome.

Anne Wright

Moo Music – new session coming soon! 7 February 10.15 am



Are you looking for something to do with your baby or toddler, especially whilst the weather may not be

encouraging you to venture outside too much just yet? Come and join us for a Moo Music taster session and enjoy some moo-sical fun with your little one. Our sessions are a carefully considered balance of structure and exploration, using fabulous music, instruments and props to inspire and engage. There is something for every age and stage of development, from babies up to 5 years old. Moo Music is at Easton Village Hall every Wednesday during term-time, at 9.15am with an additional session coming soon, from 7th February at 10.15am. Sessions also run in Alresford – see website for details www.moo-music.co.uk/ alresford; or contact Denise Rosewell 01962 779182, denise@moo-music.co.uk

Denise Rosewell

Easton W.I. Meeting ,Thursday 8 February, 7.15pm Easton Village Hall

Lucy Tennant from Trinity in Winchester will be giving us an introduction into Homelessness, Domestic Abuse and the support provided. You are very welcome to join us.

Sallie Peake

Public Information Events for proposed changes to M3 Junction 9 , Saturday 10 February & Friday 16 February

At Winnall Community Centre 10.30am – 4.00pm on Saturday 10 February and at Kingsworthy Community Centre on Friday 16 February 2.00 – 8.00 pm. Highways England staff will be on hand to answer your questions about the proposed scheme. *Yvette Riley* See also page 36.

Lent Lunches, Starting 16 February

Lent Lunches will be held this year on 16 and 23 February and 2, 9, 16 and 23 March. Please put the dates in your diary!

The lunches take place in various homes throughout the Itchen Valley in the form of an informal gathering, offering soup, bread and cheese. Children are welcome. The funds raised will be put towards our much needed Community Defibrillators to be placed outside our Village Halls. Please come along and support this worthwhile cause. The hosts for the first two Fridays are: 16 February - Gilly Greenwood, Edgedell, Lower Chilland Lane, Martyr Worthy, SO21 1EB. 779540 and 23 February - Lucy Wolfe, Manor Farm House, Easton Lane, Easton, SO21 1EQ Tel 779062. Venues in March will be circulated soon. *Stephanie Gretton*

**Snow Drop Sunday, Sunday 18
February 12– 4pm, Down House,
Itchen Abbas**



All welcome, with teas, a flat path and plenty of places to sit. All proceeds go to the National Garden Scheme which donates the money to

major nursing charities.

Jackie Porter

**The Itchen Valley Clean Up,
Saturday 3 March 10am.**

Please bring Hi-Viz jackets, gloves and the family to help make our valley spick and span. Details of meeting points in each village can be found on Page 9.

Yvette Riley

**St Mary's Church, Easton Flower
Rota Coffee Morning, Tuesday 6
March, 10.45am, Steeple
Cottage, Easton**

We would really welcome some newcomers to the rota, the more the merrier, so please come along – it does not matter if you cannot arrange flowers as there are always people willing to help, and we do have fun! The Annual Coffee Morning takes place at 10.45 a.m. on Tuesday, 6 March at Steeple Cottage, Easton to organise the Flower Rota for 2018/2019 and we do hope that as many people as possible can come along. Do please bring your children – there are plenty of toys in the toy cupboard!!.

Please let me know if you can come on 6 March by telephoning me on 779317 or emailing me on pkellie@pkworldwide.com, so that we know who can or cannot come.

Penelope Kellie and Pauline Lund

**TV Wildlife series' presenters,
Saturday 10 March, 6pm at
Itchen Abbas and Avington
Village Hall**



Martin Hughes-Games

If you are fan of *Springwatch* or *Autumnwatch*, you will know Martin Hughes-Games, who is one of the presenters of this popular

wildlife series, as well as a TV producer. He and Steve Leonard will be at the Itchen Abbas & Avington Village Hall on Saturday 10 March to talk about their careers in television, on behalf of veterinary charity PDSA.

In *An evening with Martin Hughes-Games and Steve Leonard*, these two delightful characters will share stories of their fascinating lives both in front of and behind the cameras.

Steve is a practising vet and Ambassador for PDSA but has also presented and featured in many wildlife series on TV from his first appearance in the famous Vets' School in 1996 to *The Wonder of Dogs* in 2013 with Kate Humble.

Steve and Martin are good friends having worked together many times all over the world making wildlife series that bring the wonder of the natural world to our television screens. Martin will offer a sneaky peek behind the scenes at *Springwatch* and there will be a question and answer session too.

The evening is taking place to raise funds for and awareness of PDSA, which is often dubbed "the NHS for pets". It is 100 years since the founder Maria Dickin opened her first clinic in London's East End and now PDSA provides 2.3 million treatments every



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year for those pets whose owners cannot afford private veterinary care for their beloved animals.

Do please come and join us for this event which starts at 6.00 pm.

Refreshments will be served in the interval and we are particularly keen to welcome children so they can learn about the vital work this charity does for the nation's pets. Tickets are on sale online at

www.pdsaaneveningwith.eventbrite.co.uk/ or by 'phone on 01952 797 274.

Early Bird tickets are available until 28 January and then prices are: £20 per adult, £12 per child (under 16) and £50 for a family ticket of 2 adults and 2 children. 10 March is the day before Mothers' Day so perhaps tickets to *An evening with.....* might be the perfect present for Mum?

Catherine Hahn

If any youngster going to this would like to write a review, we'd love to hear from you.Eds

Easton & Martyr Worthy Safari Supper Saturday 17 March 2018

This year's Safari Supper for Easton and Martyr Worthy residents will be held on Saturday 17 March. We really hope that new arrivals to our villages and people who have not attended before will come and join us as it is a great way to get to know your neighbours. Whilst enjoying a gastronomic evening we shall be raising funds for Easton Village Hall and St Mary's Church. Please use the application form on Page 13 within this issue to make your booking and send it with a cheque made payable to T McGowan to Wincroft, Easton, Winchester, SO21 1ER. The last date for applications to be received will be **Friday 9 March 2018**.

The idea of the Safari Supper is that participants travel from house to house

for three separate courses, meeting different people at each course. We shall then all meet up together for the grand finale at Dymoke House, Easton, the home of Frits and Sara Janssen who have kindly agreed to welcome us at the end of the evening.

For the event to work, most people need to host a course although first timers are usually exempt! The donation price is £25 again this year and at least £12 of this will be divided between Easton Village Hall and St Mary's Church. For those who cater the reimbursement for each person will be: Starter Course £3: Main Course £4: Dessert Course £3: The remaining £3 will go towards the finale and administration costs.

We hope to make this a truly worthwhile fundraiser for local causes and a super evening for everyone who attends so please come along and join us. If you would like any further information please phone one of the organisers below.

*Terry and Anna McGowan Tel 779350
Hilary Castle Tel 779572*

Figaro comes to Itchen Abbas, 19 and 20 October, St John's Church, Itchen Abbas



The much acclaimed opera group who gave us that superb rendering of Don Giovanni 12 months ago will return

to perform Mozart's *The Marriage of Figaro* in St John's Church on 19 and 20 October, with a concert of opera and show favourites the following evening. The opera will again be a fully costumed performance by these friends and international soloists. It will also be slightly abridged to exclude choruses and complete in approximately 2 hours. Tickets will be limited and sold in late summer through the Southwood Players website. If anyone would like to be certain of receiving further information please ring me.

Nick Owen 779162

St Swithun's Martyr Worthy Flower Rota, Call to Action



The flowers in the church are very much appreciated, not only by all those who come to worship at St.

Swithun's Church, but also by those who pop in for brief visits or who are walking along the Pilgrim's Way. So thank you to everyone who has given their time and talent so generously over the last twelve months to arrange the flowers.

I am sure you would all like to thank Mandy Seymour for her dedication and hard work over the past eight years for organising the Flower Rota, and gathering us all together to make sure St. Swithun's is full of flowers for us all to enjoy throughout the year. Mandy has decided the time has now come to enjoy spending time with her first grandchild, Isabelle, and with Richard. So on behalf of us all, THANK YOU Mandy, for all you have done for St. Swithun's.

I have agreed to take on the baton from Mandy and I look forward to meeting more people in the valley,

whom I may not have already met, as part of this role. I also hope that I might be able to twist a few more arms perhaps to do the odd week and help out. It is truly not difficult or onerous and to those who think 'no fear', it's actually rather therapeutic just being in the church for a short while!!

Very soon I will be making a new rota. I look forward to hearing from anyone who would like to volunteer again this year. We will always welcome new helpers to the fold and it would be hugely appreciated. If you have just moved to the village or have lived here for a while and would like to know more, then please do give me a ring or e-mail.

Camilla Mortimer 779859 or
camilla@mortimers.eu

Comings and Goings

Welcome to Tabitha & Gavin with daughter Betsy (aged 6) & Frostie, their Tibetan terrier, who have moved into Rivermead, Church Lane, Martyr Worthy.

Also, welcome to the Davies family. Andy, Clare, Anna and Jack who have moved into The Old Rectory in Easton.

New Arrival for Easton

Samuel Young born on 21 December weighing 8lb 7oz.. Son to Nikki and James Young and brother to very proud Isla. Judith Mezger





The Itchen Valley

CLEAN UP **Sat 3 March 10am** **EVERYONE NEEDED** **PLEASE JOIN IN!**

Meeting points:

Avington:	War Memorial
Itchen Abbas:	Village Hall car park
Easton:	The Cricketers car park
Martyr Worthy:	War Memorial & Top of Chilland Lane

Please bring with you:
Hi-viz jacket or clothing
Gloves
Friends and family
Bin bags will be provided



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Easton Pantomime Review - Dick Whittington

There was plenty of audience participation at the Easton Players pantomime, Dick Whittington. Written in witty rhyming couplets by Maddy Woosnam, it included a few

and Denise Rosewell, King Rat and Fitzwarren by Steve Percy and Geoffrey Burnand; Sonia Cragg was a splendidly sinuous cat, Maddy Woosnam gave a lively performance as the Fairy and Robert Hall did a hilarious impression of Elvis as the Sultan.

Of course the panto would be nothing without the production team, this year



risqué *double entendres* which I hope went over the children's heads. Played with verve and enthusiasm by the large cast of regulars (including lots of children), with wonderful costumes and sets, it proved to be a thoroughly entertaining evening. Song, dance, glitter and colour - what more could you ask for on a cold December evening?

It seems invidious to name individuals when all did so well, but the larger roles should get a mention: Dick and Alice were played by Suzanna Duke

headed by Jill Croft as the Director. Scenery, costumes, lighting, sound, choreography, technical, everyone played their part, while John Purver once again provided the music throughout at the keyboard.

It is a tribute to the vivacity of the village that so many people enjoy working together to such good effect. I doubt that there are many places where this happens. Let us hope that the Easton Village Fete can be resurrected in the future.

Brigid Brett



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Easton WI



Resolutions form the basis of national campaigns and requests to government for action. This year 68 were submitted with five

making it onto the shortlist for members to vote on. Past Resolutions include Keep Britain Tidy, Equal Pay for Equal Work, and SOS for Honeybees.

At January's meeting our speaker was Alan Jones telling us about the history and benefits of hypnotherapy, which began with the Greeks and Romans 5,000 years ago. In the 1700s an Austrian, Dr Franz Mesmer, used magnets over patients to cure ailments,

He moved to Paris and became popular with the French aristocracy. In the American civil war, hypnosis was used successfully by field doctors, until the discovery of ether and chloroform. No-one can be hypnotised against their will, patients have to be willing and Alan gave instances of helping clients overcome their phobias, finding the cause and re-framing the way they see things.

Our next meeting will be on Thursday 8 February when Lucy Tennant from Trinity in Winchester will be giving us an introduction into Homelessness, Domestic Abuse and the support provided. You are very welcome to join us.

Sallie Peake

EASTON & MARTYR WORTHY SAFARI SUPPER

SATURDAY 17 MARCH 2018

If you would like to take part in the Safari Supper please fill in this form and post/deliver it to T.McGowan at Wincroft, Easton, Winchester, SO21 1ER

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.....

Address.....

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Tel No

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From the Parish Council



As the year ended we became aware that the Boom Town Festival organisers had applied for a new licence. This will include an increase

in numbers and noise levels and an extension of the number of days. Given that the consultation period was initially only the standard 28 calendar days and included Christmas and New Year, it gave us little time to find out the facts and consult with as many people as possible. Jackie Porter, Kim Gottlieb, Lisa Griffiths and myself managed to have a fact finding meeting with Winchester City Council's Licensing Officers and from a proposal at that meeting we were able to arrange the Drop In meeting in Itchen Abbas and Avington Village Hall. As legal checks had to be carried out before it was certain the meeting could go ahead, time to publicise it was very short. However, there was a good response with an estimate of at least 60 people attending. A Winchester City Council Licensing Officer and those involved in Boom Town were there for just over three hours answering questions. Many views were expressed, from a small number fully



supporting all aspects of the new licence application to a similar number wishing to ban Boom Town altogether. From speaking to as many people as possible, both at the meeting as well as at other times, we formulated what we believed to be a response that represented the majority of views expressed to be submitted to Winchester City Council. This was the Parish Council's overall view, not the opinion of any individual councillor. It is hoped that most people will have made their own submissions; remember that the Parish Council is only one voice and numbers can matter. Thanks to all who came to the meeting, those who helped to organise it especially our County and City Councillors, the Itchen List for helping to publicise it and the manager of the village hall for accommodating us at short notice. If you wish to read the Parish Council's full response please visit our web site www.Itchenvalleyparishcouncil.org.uk and review the draft minutes of our Full Council meeting dated 4 January 2018.

It has been pointed out on a number of occasions that the Itchen List, despite its usefulness, cannot be taken as an official line of communication with the Parish Council. It has recently been suggested that an explanation of why this is so would be useful. The simple answer is universal transparency. Not everybody is on the Itchen List so information on it or communication using it is not available to all. It therefore does not meet with the rules which we have to follow. Notice boards and our website do. We will be working to improve both of these during the forthcoming year.

There is another point on transparency that should be clearly understood and was emphasised on a recent training

course I attended. Once an email is sent to the Parish Council, whether via the clerk or to an individual councillor, it is in the public domain. Therefore, if there is a demand to see it, including from the media, access has to be granted and confidentiality clauses at the end will be of little help.

Patrick Appleby

Ain't no mountain high enough for Easton Cricket Mums



Seven mums, with children who play for EMWCC, are taking on the challenge of a lifetime to raise funds for research into childhood brain tumours. Inspired by Toby Ritchie, Easton under 11 player, who was diagnosed with a brain tumour aged five, Toby's team will spend four days climbing to the height of Everest in the Alps.

Tanya Ritchie, Toby's mum, along with six of her close friends; Lucy de Laszlo, Bebe Corbett, Tiggy Corben, Emily Bray, Sarah O'Gorman and Philippa McNeil, have embarked on a gruelling fitness regime to get Alpine ready for this February. Weekly workouts in the bar at EMWCC, interval runs around



the cricket pitch and Pilates classes in Easton Village Hall, are all part of the preparation.

Tanya said Toby is inspirational, determined and gutsy, I hope they can all show the same resolve during Everest in the Alps.

All monies raised will go to fund the work of the Everest Centre which aims to improve the understanding of what causes childhood brain tumours as well as identifying more effective treatments with fewer harmful side effects.

Fi McIntosh

There's no accounting for taste.....

But the Itchen Valley News treasurer, Andrew Kennedy, does a very good job of accounting for the transactions of the magazine. Scarcely had the bells of New Year died away but the accounts for 2017 arrived in my inbox. Mr Micawber would have been pleased by the year's results with income exceeding expenditure by a reasonable margin. It is not the aim of the magazine to generate surplus funds but there is a cushion in case of challenging times ahead. As you can see, the purchase of a laptop to help the editors produce the magazine was very kindly funded by grants from the City Council



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and from the Upper Itchen Valley Society.

I hope you can all curb your excitement until the same time next year for the 2018 accounts.

Vernon Tottle

Income & Expenditure Account		
	2017	2016
	£	£
Income		
Advertising	8,501	8,565
Readers Contributions	2,435	2,277
Grants received		
Winchester City Council	450	
Upper Itchen Valley Society	192	
Postal Fees	284	448
Interest	3	4
Sundry	50	9
Total Income	11,915	11,303
Expenditure		
Printing	9,709	9,708
Laptop computer	642	
Other Expenses	305	582
Total Expenditure	10,656	10,290
Surplus of Income over Expenditure	1,259	1,012
Year End Funds	8,291	7,032

Do you have an Itchen Valley project needing financial support?



Boomtown Fair has raised a record breaking £116,303 for charity with an impressive £32,000 going to charities and projects in the

local festival area. I'm therefore delighted to announce a second year

of the Boomtown Community Grant Scheme for the Itchen Valley Parish Council area.

Last year the scheme helped fund the following local projects,

- Cricket Nets at Easton and Martyr Worthy Cricket Club and long may these nets help the team replicate the amazing results achieved last year.
- A refresh of the MUGA surface at Itchen Abbas School.
- Wild Itchen Valley Verges; you can't have failed to see the wonderful wildflower displays last summer at the Cart and Horses junction.
- A new play tower for the Old School Field, Easton. We are hopeful that the new tower should be in situ by the summer.

• New way markers and publicity literature for the Watercress Way. The new markers are really distinctive and help lift the profile of the route. The great news is that this year's scheme is more generously funded and we'd like to encourage established or new community groups to bid. So, if you have a great community idea why not get some financial support to get it off the ground. The funding can cover any age group. A full application form with criteria can be downloaded from the Parish Council web site

www.itchenvalleyparishcouncil.org.uk, all applications need to be returned electronically to the Parish Clerk by the 4 March 2018 at the latest. Bids will be discussed at the Parish Councils Finance and General Purposes Committee meeting on the 16th March, all applicants are welcome to attend. Happy bidding.

Yvette Riley

On Behalf of Itchen Valley Parish Council working in partnership with Boomtown Fair

Family File 9 – Parents and Parents in Law



'So that's the end of parenting', I said to Lucy. 'That's a bit drastic, isn't it?' She replied.

I had just had the incredibly emotional experience of walking my eldest daughter up the aisle. The vows had been said. In a moment which hit me like a steam train, she joined her husband for the rest of the service. 'Parenthood is a giving away' the headteacher of our daughters' secondary school used to say. It was really only at that moment that I had completely understood what she meant.

One of the most helpful chapters in Nicky and Sila Lee's book *The Marriage Book* (which contains the material from the Marriage Course that Lucy and I ran for over seven years from Kilmeston and have run once in Itchen Valley) is the chapter entitled 'How to get on well with our parents and in-laws'. It's a challenging area. Our families have a much bigger impact on our relationship than we expect. They can be a source of joy and happiness (managed carefully and with mutual respect by both sides) but sometimes can also be a cause of incredible pain and heartache.

In *The Marriage Book* Nicky and Sila show four diagrams demonstrating the progression of a child from dependence, when the parents make all the decisions and give all the support to the child; to becoming a teenager, when the child has increasing independence, but ultimately the parents still make the decisions; to the

coming of age (or leaving home) stage, when the now adult son or daughter makes most of the decisions, but is still given support by the parents and offers some support in return; to getting married, when all the decisions are taken by the new family unit. When a couple get married their first loyalty must now be to their new husband or wife and they must leave behind emotional dependence on their parents.

This change of loyalty should not mean our son or daughter cuts themselves off from us, but it does, I think, mean that we must allow our newly married son or daughter and their spouse to take charge of their own lives. I think it means that the time for us as parents to be taking decisions (either directly or indirectly) for our son or daughter, and their lives, is over. My view is that we need to wait for the newly married to ask for advice. We did this with our daughter and that moment wonderfully came a few months later.

It has become a bit of a mantra amongst a younger generation to say 'why would we need to get married? It's only a piece of paper'. However, I think that underestimates what is going on in the wedding ceremony. It is a choreographed changing of relationships. The relationship between boyfriend and girlfriend is radically changed, certainly. But also the relationship between parent and child changes. I saw this understood when Lucy and I attended a wedding recently. The groom in his speech said, 'my wife and I will do things our own way, but we are both immensely grateful to our parents for the foundations that they have given us in how to live'. When everyone involved recognises and accepts the significance of what is going on in a wedding, the

Itchen valley church services



Sunday 4 February

8am	BCP Holy Communion	Avington
10am	All Age Service	Easton
11am	Matins	Martyr Worthy

Sunday 11 February

8am	BCP Holy Communion	Easton
10am	Parish Communion	Itchen Abbas
6pm	Evensong	Martyr Worthy

Wednesday 14 February

Ash Wednesday

8pm	Holy Communion	Easton
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Sunday 18 February

8am	BCP Holy Communion	Martyr Worthy
10am	Valley Worship	Easton
6pm	Evensong	Avington

Sunday 25 February

8am	BCP Holy Communion	Itchen Abbas
10am	Parish Communion	Martyr Worthy
6pm	Taize	Easton

Rector

Vacancy

Assistant Priest

Rev Alex Pease 791010 rev@ampease.co.uk

Licensed Lay Minister

Mr Gerry Stacey 620263 gstacey@easynet.co.uk

Parish website: <http://itchenvalleychurches.org.uk/>

Itchen Valley Churchwardens: Robin Greenwood 779540;

Andrew Impey 779645; Theo Mezger 07775 908014; Vanessa Rosewell 841182;

Tony Gaster 779110;

benefits are huge. And a new relationship with the married couple is formed which is fun and rewarding and takes us forward into a new stage of life.

Alex Pease

PS Suggestions welcome

I have been **so** encouraged by the large number of people in the Itchen Valley (and even wider afield) who have made positive comments about this column over the last few months. For 2018 I was thinking of changing the format a bit. What I propose is that **you** set the topic to be covered: anonymously (by note pushed through our door in Chilland Ford or by email to rev@ampease.co.uk. So please do contribute!

Alex Pease

From the Rectory

The Church of England and our parish church



I have been a member of my Church for about 60 years and in that time change has been considerable.

But the Church of

England (CofE) continues to hold a unique position in this country as it is the established church. All the rules and regulations enacted are part of English law and agreed by parliament. It is the monarch as Head of the Church who appoints its leaders on the government's recommendation. So the CofE is unlike any other faith organisation.

It means also that the local vicar or rector is responsible for ministry to everyone in the parish, not just to those who go to church. Also

uniquely CofE ministers can marry people in church. Everyone in England lives in an assigned parish and they have rights too concerning baptism, marriage and funerals. Too big a topic to enter detail now but it shows how the CofE is linked with community up and down the land.

The appointment of a vicar or rector is therefore of interest to the whole community. It's a public position, unlike say the head of a school or a councillor who is elected. The appointment process will often but not always involve a patron; for our parish it is the Queen or her representative. It is usual when a vacancy occurs, which was previously called interregnum, for there to be a break and this can sometime be a year or more.

The CofE has a curious management structure involving bishops, archdeacons, area deans and the rest. All these people have one thing in common: they are people of faith. The Church is also governed by synods, though these play no direct part in appointing clergy. It's a hugely complicated structure and very different from any other faith organisation. In every parish, churchwardens are appointed by the local community (not just churchgoers) every year at an annual meeting. Churchwardens are the officers of the bishop and have responsibilities but not much power. In addition to this there is a national shortage of clergy. In the next 10 years about one third will retire and there are insufficient new clergy to fill every post. This means plans are in hand as to how churches will manage and share.

There are also people who exercise

ministry who are not clergy. In our parish we have Gerry Stacey as Licensed Lay Minister. The Church has been actively encouraging people to consider ministry. The role of ministers is not just to be in church leading services but to exercise pastoral care for anyone who needs it. In the Itchen Valley, this is a vital part of the work to be done.

So in our parish, the Itchen Valley benefice, with Amanda leaving we have a vacancy. We are extremely fortunate to have Alex as assistant priest. In past weeks, there have been lots of discussions about the future and how this should be planned. Unusually it is hoped in our situation that a quick decision can be agreed about the future.

Tony Gaster
Reader Emeritus

A very successful trip to Bhutan and Nepal (November/December 2017)



Many of you were so very kind in donating pens, note books, soaps, shampoos, airline bags, and tee shirts. On top of that we had 25 Days for Girls feminine hygiene kits that had been worked on by the Northington and Swarraton WI. To give you some



idea of volume, the kits filled a large blue IKEA bag, therefore, it was very lucky that our baggage allowance was so generous on Jet Airways and we were able to take two extra bags containing all the gifts. Two young Nepalese men arrived an hour after we did, and took the kits on a small motorbike and I waved them off with some trepidation as the IKEA bag was balanced somewhat precariously on Bikki, (the passenger's) knees.

We waited until we got to the east of Bhutan in the Bumthang Valley where our guide told us there were many poor families. All I can say is that it was worth taking gifts so far, as the children and women were so grateful and some of the children had never seen toys before, and the older children loved the pens and books and the village women loved the bags with soaps and shampoos and pants.

So thank you everybody who donated and it made it much more special for us to be giving away gifts from kind people from the Itchen Valley.

The day we returned I heard that our Days for Girls kits had gone to a women's prison. They reached 350 women giving them training and a kit. I am glad to say that in both Nepal and Bhutan there are Days for Girls workshops, giving women work and some basic knowledge.

Gill Graham Maw and Angela Wheeler

Letter to the Editor

A very interesting article in the January issue entitled “Who was who in the Itchen Valley” prompted me to do some research on the military names on your list, only to discover that Walter Gordon Wilson (Maj W G Wilson, Itchen Abbas) was the co-inventor of the tank, designed and built cars (including the first use dual epicyclic gears and the self-changing gear box) and almost beat the Wright Brothers by four years!

Walter Gordon Wilson can be found on Wikipedia and the Telegraph has an article on motoring (number 2726128) that is also relevant.

Fidelix Datson

From our MP



First of all this month and one area where Britain's exit from the European Union can provide the greatest opportunity is, in my opinion, **farming and**

the environment.

The Secretary of State gave a taster of what we can expect to see within the Government's paper on the future of farming (to be published this Spring) and he set out four areas where we want to drive change. They include plans to develop a coherent policy on food, give farmers and land managers time so as to avoid a precipitate cliff edge, develop a new method of providing financial support for farmers which moves away from “subsidies for inefficiency” and ensure that natural capital thinking is built into the government's approach towards land use and management so as develop a truly sustainable future for our

countryside.

And Mr Gove promised there are huge opportunities for those in agriculture to play the leading role in shaping the future strategy. Rather than devoting energy to insulate farming from change, I think we can respond to growing public interest in debates about food, animal welfare, the environment and health by demonstrating how innovative and dynamic approaches are already enhancing the environment, safeguarding animal welfare, producing food of the highest quality and improving public health. More at www.gov.uk

Next - **broadband** - and as I write, works apparatus is strewn around the village of Easton. This means, according to the *Hampshire Superfast Broadband* team, things are happening but I understand a right old Horlicks around blockages in existing duct work and further required traffic management mean it is unlikely that cabinet will go live before the end of March. Check for updates at www.hampshiresuperfastbroadband.com

Third, **Boomtown**. I remain a supporter of the festival which takes place over one long weekend each year. I may write about this again but, in short, think we should remember the following; we were all teenagers once, it adds significantly to the local economy, is subject to stringent licensing and noise regulation and I know the organisers are committed to working with police and myself on ways we can use an event that captures the attention of young people, in a way we cannot, to talk frankly about the dangers of drug use. And we should remember, Boomtown has to-date raised some £32,000 for local charities and organisations. We should all be

careful not to criticise with one hand while taking the Boomtown shilling with the other.



And finally, **Junction 9 of the M3** where plans are finally 'out there' for comment after much work and negotiation in Westminster (let's leave it at that!) to ensure this project didn't hit the buffers before it began.

Constituents will know I have been closely involved with this over many years (pictured with draft plans and Highways England Project Team back in October) and it's great to have something residents can engage with. Search online for M3 junction 9 improvements and note the deadline for comments: 19 Feb 2018.

You can find more about my work, locally and in Westminster, online at www.stevebrine.com

Steve Brine

MP for Winchester & Itchen Valley

Planning Applications

Planning Applications from SDNP web site where further details can be found:

SDNP/17/06101/DCOND | Discharge of condition 2, 3 and 6 of planning consent SDNP/16/03847/HOUS | The Old Rectory Church Lane Easton

Winchester Hampshire SO21 1EH
SDNP/17/06095/TCA | 1 no. Field Maple. Reduce canopy my 1-2m, thin as part of reduction. Raise canopy on roadside from ground level to 5m and 3m within the driveway. | The Old Dairy Avington Park Lane Easton Hampshire.

SDNP/17/05866/LDP | Proposed replacement windows. | 1 The Old Dairy Avington Park Lane Easton Winchester Hampshire SO21 1EU.

SDNP/17/06430/LDE | The material change of use of a building previously used as a single dwelling house to two separate single dwelling houses which are specifically not subject to any occupancy conditions. | The Bungalow Avington Trout Fishery Lovington Lane Avington Winchester Hampshire SO21 1BZ.

SDNP/17/06387/FUL | New surface to footpath from church door to lych gate plus new path lighting | St John The Baptist Church Avington Lane Itchen Abbas SO21 1BJ.

SDNP/18/00196/TPO | 1 no. Beech. Fell. Tree has basal rot with ganoderma present. Upper structure is weak and in decline. | Fairfield Old Station Road Itchen Abbas Winchester Hampshire SO21 1BA.

SDNP/17/06477/FUL | Loft conversion to create additional bedroom and small study area. Access stairs from first floor. Light via four Velux windows. | 4 The Paddock School Lane Itchen Abbas Winchester Hampshire SO21 1FJ.

SDNP/17/06379/ADJAUT | Consultation from Winchester CC - Ref: 17/03000/FUL - New detached house, with ancillary accommodation, garage, pool house and machine store, along with associated landscaping swimming pool and tennis court | Rectory Lane Itchen Abbas SO21 1BW
Tony Gaster

Tiddler Joke of the Month



Q. Why did the life guard kick the elephants out of the pool?

A. Because they kept dropping their trunks !

Jack Davies, 10

For the Love of Narrowboats

Sarah Hunt captures the essence of her passion in an entertaining account of her 6 week voyage along the Bridgewater Canal.



Seeing the beauty of the English landscape at 4mph, while admiring the skill of the Industrial Revolution's entrepreneurs is a great treat. The Bridgewater

Canal in North West England was the first major waterway constructed on the network 250 years ago, designed by James Brindley, the father figure of canal engineers, who although almost illiterate was unerringly resourceful. It ends in the middle of Manchester where the Castlefield Basin was surprisingly drab although free mooring a bonus. Avoiding cyclists on the rather brutal towpaths when dog walking was somewhat hazardous, but not frightening.

During my six week travels we went



through eight tunnels, 111 locks of varying depths and widths, travelling on eight different canals. The Harecastle Tunnel is nearly two miles long, the tunnel

keeper's useful health and safety guidelines included emergency instruction should we break down. A long blast on the horn every 30 seconds would be followed by three short blasts to reassure us that help was on its way. With torches, headlight and cabin lights on, we emerged 40ish minutes later unscathed. The delight of visiting National Trust houses, ruined castles and parish churches, having trudged across fields feels like an additional achievement. Little Moreton Hall near the southern end of the Macclesfield Canal is astonishing, a black and white half timbered grand Tudor farmhouse, without level floors or walls, while Dunham Massey near the Bridgewater is beautifully Georgian. Sadly it reflects the profligate nature of so many families where gambling debts and extravagance forced estates to change



hands. An amusing form of one upmanship was around 20 silver chamber pots in their heyday. Admiral Anson's 18th century Naval operations brought huge wealth to Shugborough, bordered by the Worcs and Staffs and Trent and Mersey Canals, all now dispersed and only modern packing cases with lists and labels give an indication of the former loot.

Towards Chester, Beeston Castle is a magnificent ruin providing a perfect extended space for the Hunt family to roam. Having nine people on board plus four dogs required management skills in wellie sorting, lifejacket finding and instant food from the tiny kitchen. Pleasurable daily encounters with people on boats or the towpath was always interesting, negotiating double width locks with boat owners whose years of experience made their advice to my new crew members over windlass handling, lock mechanisms, and water flows a helpful alternative to my instructions. The garage man at a self service fuel point was less chivalrous, up and down a steep flight of steps several times, being handed a pair of pliers when I couldn't undo the fuel cap and then being mesmerised by



his long filthy finger nails while I was paying was unusual. I noticed more lone men this year than last, learnt from one couple that there are fewer locks towards the west of the network which makes solo travelling easier, another suggestion was that a boat is the cheapest alternative abode for a man whose marriage has come to grief. Longterm moorings included lines of boats with skulls, crossbones and dangling plastic skeletons, another line had carefully tended gardens on the adjacent bank, or gleaming paintwork. Is there a canal equivalent of a dating agency matching boat owners to congenial mooring spaces? I met the canal version of Alan Bennett's Lady in the Van, encountering the Woman on a Boat after dark when Cato howled rather than barked. She had somehow carried two enormous zipped bags across a nearby bridge, my offers of help were rejected with 'I'll be fine when I get my trolley'. Her boat was covered in a motley array of random articles with no visible entry point and a local dog walker said he'd never actually seen her.

Storms Ophelia and Brian were dramatic while I was on the Shropshire Union Canal which travels through England at its most idyllic. Reversing into a long narrow marina to have a





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pumpout, apologies to moored boats on either side, no control with a sideways wind, was quite taxing. There was also a hidden ledge below the water line making it impossible to moor right against the towpath edge which resulted in two separate nights of being hurtled into the bank. Most of my journey was though blessed with balmy weather, eating outside at times, glorious sunrises, swirling then clearing mists and hardly any frost. The variety of creatures living along the route enhanced each day's journey, darting kingfishers always a bonus, although loss of concentration while steering was unwise.



The churches I visited and the services I attended were as varied as the different persuasions of the Church of England. Welcoming congregations, some inspiring sermons, surprising music such as 'Highland Cathedral' combined with the centuries of memorials, all made every visit worthwhile. Why St. Swithun's church in Cheswardine, Shropshire is dedicated to him I have yet to discover. My six week journey was made possible by all those who joined me, bringing delicious edible goodies, adding to the enjoyment of our surroundings by their observations and generally being enormous fun..

Sarah Hunt

If you have a passion or hobby we would love to hear from you. Please get in touch with The Itchen Valley News, either by email itchenvalleynews@gmail.com or call Lucy Wolfe on 779062 - Eds

Food Spy Embraces Veganuary with a trip to Rawberry



"Feel good Food" that's the mantra of this family run establishment in the heart of Winchester. Whether you're after a super boost juice, a coffee with a healthy twist, a charcoal shot or something yummy to eat

(dairy and gluten free), look no further than Rawberry.

Set up initially on the market and run by the Scarr family, Rawberry now occupies premises on the corner of St George's and Parchment Street. It's the ladies of the family that shine here, Mum Cheryl and her daughters Molly and Emily. They pride themselves on providing refreshments that are both healthy and delicious. Through social media, Molly keeps on top of vegan trends and is proud of the fact that



"Molly"



they source all of their ingredients locally. Even the coffee comes from The Winchester

Roasters in Kings Worthy.

Rawberry also offers plenty to satisfy the mind, there is an event room in the basement where you can try all kinds or workshops from yoga and knitting to nutrition, all well-advertised on social media and in Rawberry itself.

The Food Spies indulged in, amongst other things, an Acai bowl, almond milk cappuccino, all day energiser juices (we could barely taste the Kale) and avocado on toast. The perfect kick start to a rainy January day. So, if you are passing, do your mind and body a favour and give Rawberry a go.

Food Spy

Our Wild Valley - Winter Weasels

Sometimes when the footpaths are swept clean by the wind, the bushes are bare and there are few spots to hide, you might just see a weasel run across your path. You might just only see the tail as they are fast, worm like and wriggle into small holes to catch their prey of mice and voles. A pair of weasels once fought below me as I sat on a horse, totally oblivious to me and continued until the horse got bored and wanted to go home!

Weasels don't hibernate as they can fit down small holes and if it's a good vole year they will do well. Weasels are the ones that have a russet back, creamy white tummy and no black tip to the tail (stoats do). Under 20 cm in length with a fast and crazy lifestyle of

weaning at 3-4 weeks and being able to kill at 8/9 weeks, and even breeding at 2/3 months old, they don't live much past two years. The male and females keep their own territories. Toad of Toad Hall found his home overrun with weasels and stoats on his return from prison and it seems this was not far from the truth as a weasel will make its home in the nest of its prey!

It has the smallest footprints with five toes of any carnivore and may leave narrow droppings with twisted ends and fragments of bone and hair in your garden if it has wriggled under the fence! Do keep the odd space for the larger hedgehogs to get through fences once they are on the move again.

Have a lovely February and enjoy the wintery days of gentle light, mad winds, torrential rain and glorious sunshine, of all which we have had today in mid January!

Sophie Rogers

Alresford Surgery recommends....

www.what0-18.nhs.uk, a fantastic website developed by local specialists which we whole heartedly recommend to parents. It has clear, practical advice on a range of issues affecting babies,

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Ems Bray Pilates	Tue	8:45 & 10 am	Thu 9am	Emily	07876 033893
Sally Stanyard	Tue	4.15 pm - 7.45 pm		Sally	01962 776562
School of Dance	Thu	6.45 pm and	Fri 4 pm		
	Sat	9 am - 2.30 pm			
Moo Music	Wed	9.15 and 10.15am		Denise	01962 779182
Brew with a View	Wed	3 - 5 pm		Ina	01962 779465
Dionne Yoga	Tue	8.15 pm;		Dionne	07961 888676
	Fri	10.30 and 11.45 am			
Mahjong / U3A	Tue	2 - 5 pm		Anne	01420 563393

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Pilates	Wed 9.15 & 18.00		Aimee	07546 941489
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children and young people, including advice on whether the child can go to school or nursery. It tells you about the symptoms and what they mean, how long the illness will last, what you should do, and when you should worry and seek advice.

Valley Entrepreneurs

In line with the Eds' aims to better their minds and bodies, this month's spotlight is shone on local Yogi, Dionne whose new business is flowing from strength to strength.

Why Yoga?

I have always enjoyed sport and started to incorporate yoga as my 'stretchy bit'. The

more I practised, the more I realised that yoga was more than just another workout. My flexibility did improve and sport related injuries lessen but what really surprised

me was how much stronger and aware I became both physically and mentally. My breathing completely altered and I realised that I was now breathing fully for the first time and my stress levels lowered.

Where did you train?

I lived in Hong Kong for a number of years and had exposure to some phenomenal teachers from around the world. My primary teacher at the studio invited me to join his Teacher

Training programme in 2007. I worked in finance at the time so it was a big change but one that I was totally ready for.

The training was amazing and although incredibly tough and intense (anatomy, philosophy and of course the yoga asanas / poses themselves), I was hooked and soon realised that I had definitely made the right career/lifestyle choice. I am constantly reading and always learning, adding to my toolkit and regularly attend workshops and courses.

What style of Yoga do you teach?

My classes are mixed level Flow but always very much focused on good alignment with modifications and use of

props where necessary. Yoga is for everyone and there is always something that you can do. In our Gentle Flow classes, we sometimes use chairs and bolsters and in all classes from Power Vinyasa to

Gentle Flow we make use of blocks and straps/belts. We don't take ourselves too seriously and keep things light hearted – laughter is always welcome.

What's the best place to practise yoga in the Valley?

At Easton Village Hall of course, so lucky to have such a beautiful space right on our doorstep. I love teaching here and would love as many people as





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Distribution changes at the Itchen Valley News

Readers in one half of the valley may remember the heady days of the Itchen Abbas & Avington Village News. Mima White used to take the bundles of the magazines round to the individual distributors for as long as I was involved and despite moving to Easton she kindly remained doing the same job for the Itchen Valley News when that was formed. Mima has now decided to hang up her hat and I would like to thank her for many years of dedicated service to the community in all weathers .

Her place is being taken by Lyn Jones, who lives in what used to be the old Itchen Abbas village hall.

Vernon Tottle

Editor Itchen Valley News



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possible to enjoy the benefits.

What's the hardest thing about setting up your own business?

Everyone has been so kind, generous and really enthusiastic to try the classes. As a mum of two little ones, I think the only thing that I struggle with is probably the same as every other parent out there - setting aside the time. I need to dedicate chunks of time for class planning, admin etc but there is always something (or someone) to distract me. So I end up staying up late working out classes or emailing people back at whacky times. I have so many more ideas in the pipeline, a men only class, yoga for runners/cyclists and workshops...desperate to share! I only started up again in May 2017 after a break from teaching and I am so H.A.P.P.Y. to be back.

What's your fave yoga position?

Wild Thing or Camatkarasana. It is a delicious pose and an incredible heart opener. It opens up chest, lung, and shoulder areas, opens the front of the legs and hip flexors and builds strength in shoulders and upper back. There are so many wonderfully lovely poses (but of course, I am going to say that).

What's your New Year's resolution?

My New Year's resolution is to live every day with sparkle and grace with a bit of grit mixed in. You may remember the film *The Curious Case of Benjamin Button*? I love this quote taken from the screenplay,

"For what it's worth: it's never too late or, in my case, too early to be whoever you want to be. There's no time limit, stop whenever you want. You can change or stay the same, there are no rules to this thing. We can make the best or the worst of it. I hope you make the best of it. And I hope you see things that startle you. I hope you feel things you never felt before. I hope you meet people with a different point of view. I hope

you live a life you're proud of. If you find that you're not, I hope you have the courage to start all over again."

Classes run on Tuesday 8.15pm & Friday at 10.15am & 11.45am at Easton Village Hall. Classes in Stockbridge Town Hall on Wednesday at 9am & 10.15am..
www.dionneyoga.com

Fi McIntosh

Why did the leaking chicken cross the road? *

I was surprised to find out recently at a committee meeting that about half the locals present didn't know how to turn off their gas supply in an emergency. They had never even seen a gas stopcock. Which made me rather puzzled as to how they check their gas bill meter readings – but maybe not everybody does this. So as a potentially useful piece of information to start 2018 (for those in the valley with a gas supply), here is a quick guide to turning off the gas should you need to do so.



Every building with a gas supply will have a box with a meter and a stopcock. It will probably be painted white and about a metre across. To gain

access, ideally you will have a yellow plastic meter box key. If you don't have one, you can get a replacement key from British Gas or most d-i-y shops.

If you don't have a key and need to open the box quickly, a pair of small-nosed pliers or a 9mm socket wrench should suffice.



With the door open you will see a gas meter and associated pipework. On one of the pipes will be a handle that can turn 90 degrees. With the handle in line with the pipe the supply is on. Turning the handle so it is at right angles to the pipe will turn the supply OFF.

It is at that point that you need to phone the gas leak emergency line on 0800 111 999 – this should be on a notice inside the gas box.

Vernon Tottle

** Answer - To get to the stop cock.*

Jackie's County Corner



Thank you if you took part in the Winchester Movement Study; consultation has closed

now and councillors are receiving the first feedback in February.

After two recent major accidents on the A34 causing local chaos for many hours, one of the prime questions to Highways England has to be the resilience of the network to closures -

and safety of course.

As a councillor covering both Winchester and National Park areas, I am particularly interested in how the two Local Plans will dovetail. One plan that will affect us all is the M3 junction 9 upgrade, due to be complete by Autumn 2023. You can see the proposals online (search for M3/A34) or pop into Tesco at Winnall or the Tubbs Community Building in the Worthys to pick up a paper copy. There is also an exhibition at the latter venue from 2-8pm on 16 and 10-4pm on 17 February.






I will be holding my usual surgery in the Tubbs Hall on 2 February so you might like to pop in then from 9.30 until 11am. Deadline for comments is 19 February and expected start date is June 2021.

I also hold a surgery at the Community Centre in Alresford on the third Friday of the month from 9.30 to 10.45 so you could meet me there if you prefer.

Are you planning to be even healthier in 2018? Walking for free with a trained leader, regular health walks offer the chance to chat to others if you wish, and often followed by not so healthy coffee and cake! Please contact me if you'd like more details of these or Barton Farm Meadows nature reserve.





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Or perhaps you'd like to have a go at walking, football or netball at the Leisure Centre? Everyone welcome!

Abbotstone Down Country Park will be having extensive tree work done this spring or it may be delayed to the autumn. The B3046 cuts through the iron age fort which has become hidden by vegetation and this work will reveal it. Would you like to help research the history of the site? Please contact me if you think you can help.

As the county cuts bite, consultations are carried out to gauge the effect of change on residents. Late in 2017, there was a consultation on the proposal to close of Merrydale, a respite care facility for parents of disabled children. Despite 87% of responders saying they didn't agree, as I write this, the proposal is to close the site so it can be sold. I do not want all of this year's consultations to follow the same pattern. I am told there will be 11 opportunities for residents to put their points of view on HCC service changes in 2018.

Finally- it's Snowdrop Sunday at The Down House, Itchen Abbas SO21 1AX on 18 February from 12 to 4pm. All welcome, with teas, a flat path and plenty of places to sit. All proceeds go to the National Garden Scheme which donates the money to major nursing charities. Please come along if you can!

Cllr Jackie Porter, tel: 01962 791054, email: Jackie@jackieporter.co.uk, text 07973 696 085 Website www.jackieporter.co.uk, twitter @JackieLibDem

Supermarket Recipe of the Month



I often pick up supermarket magazines (if they are free) or download then if they aren't. I also search their

websites for new recipes to try at home. It's surprising what a fruitful source of ideas this can be as most of my own recipe books feature ingredients from the 1980s. One of the least favourites from my bookshelf is the Hamlyn All Colour Cookery Book's recipe for *Rice Hors D'Oeuvre* featuring a bed of cold cooked rice decorated with strips of red pepper, peas, sweetcorn and canned brisling. Yes, brisling – apparently tinned Norwegian sprats, then the height of exotic eating! Half way through December I came across the Waitrose magazine recipe for a *Meringue, Madeleine and Winter Berry Trifle*. I made it for Christmas – it's a big recipe and I needed a larger than usual trifle dish. I have written before about trifles (Itchen Abbas & Avington Village News February 2010 page 19) so I don't want to bore you but this one had a rather unusual feature. The author suggested adding advocaat to the custard as it cooled – and I must say it certainly provided a rather interesting flavour addition with no change in colour. In combination with the dark fruits and cherry jam it made a very noteworthy concoction.

I have since tried using advocaat custard as a sauce with chocolate sponge; don't bother – it doesn't go at all !

You can find the recipe easily by searching for "Waitrose Meringue

Trifle". Alas I forgot to take a photo of my achievement so the one shown is from the Waitrose magazine.

Another recommendation next month.
Sue Sheph

Itchen Insight



This month we find out more about Itchen Abbas's popular Pub Landlord.

Name: Ashley

Young

Age: 31

Occupation:

Landlord

How many years you've lived in the

Valley: On and off for 31 years

Your life in 180 characters: Lived in Easton with my grandparents since the age of 3. Worked at the Chestnut Horse for 8 years, met my wife, Ran The White Lion at Wherwell and now The Plough

Champagne moment: Marrying my wife Izabela

Surprising snippet: A secret love of steam trains

Passion: Providing a local pub where you comfortably eat and drink and feel at home

Favourite place in Hampshire: Barton on Sea where there are great views of the Isle of Wight.

Best thing about the Valley: The amount of countryside and wildlife on our doorstep.

Worst thing about the Valley: Mobile phone signal!

Favourite Film: The Rock

Best one-liner or favourite quote: Would you like the same again?

Local monthly information

Waste collections in February

Black bins and green bags on Fridays 2 and 16 February. Green bins on Fridays 9 and 23 February.

Cameo

On Tuesday 20 February.

Farmers' Market in Winchester

Sundays 11 and 25 February.

Parish Council Full Meeting

Thursday 1 February Martyr Worthy VH

67 Bus operated by Stagecoach.

School term timetable operates until Friday 9 February and from Monday 19 February.

Weekdays to Winchester:

07:53 09:23 11:23 13:23 16:23 17:23

Weekdays to Alresford:

09:19 11:19 13:19 15:19 17:11 18:09

School holiday timetable operates from Monday 12 to Friday 16 February.

Weekdays to Winchester:

07:53 09:23 11:23 13:23 15:23 17:23

Weekdays to Alresford:

09:19 11:19 13:19 15:19 17:09 18:09

Saturday service (same for the whole month)

Towards Winchester:

08:23 11:23 14:23 17:23

Towards Alresford:

09:19 12:19 15:19 18:09

No Sunday or bank holiday service

All times shown are at Itchen Abbas. Times are 5 minutes later (or earlier) at Easton.



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