

Valley^{ITCHEN} News

Issue 31 July 2016 For Avington, Easton, Itchen Abbas and Martyr Worthy





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WELCOME to the Valley News



Blooming marvellous!! June has been a great month teaming with celebration, collaboration and

plenty of cake! The Queen's Birthday was marked in style throughout the valley - there's nothing like a village party to bring everyone together. Easton lined the streets with a hog roast; tractors, corgis and ample refreshment from the Chestnut Horse and Judes combined with some thumping live music to create a fun-filled family day. Avington had a delightful tea party full of cake and colourful teapots. Ascot was put to shame in Martyr Worthy with some right royal headwear at the manor whilst a shindig of scones, sandwiches and sparkling wine was washed down with tunes from David Parker's Band in Itchen Abbas.

The party's not over as we head into July with fixtures to satisfy all, from the sporty to the creative - see next page for top diary dates including the Easton Sixes, back in its third year showcasing cricketering talent with enthusiastic support. United we are on the issue of the Cart and Horses junction which has dominated the wonderful Itchen List; we hope that by the time the Itchen Valley News reaches you some of the obvious issues will have been resolved but until then take care. Caution is also called for in our gardens with the manifestation of 'drones' - could this be an attempt to spy on potential champion vegetables and flowers ahead of the hotly anticipated Itchen Valley Flower Show?

The entry form can be found on pages 15-19. On page 39, there is a guide outlining how to grow a wildflower meadow; some footpath custodians seem to have already taken this on with gusto and great ability. See our Parish Councillor's article (P35) outlining landowners' responsibilities when it comes to keeping footpaths clear.

If you've ever hankered after a Blue Peter badge, you'll enjoy Jess Cragg's piece on a royal red letter day, flying high over London (P9). Thank you for all your contributions, especially the photographs, you'll notice this month is more pics than prose! Verity Coleman is next month's Editor.

Fi McIntosh and Lucy Wolfe

Itchen Valley News

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Please send all contributions for August 2016 by 15th July. All material is published in good faith and the Valley News cannot be held responsible for any information given or views expressed; neither can it be liable for any loss arising from the use of any information or advertisements contained herein. The Editorial Team reserves the right to refuse or amend articles or advertisements submitted for publication. Cover photo taken by Lucy Wolfe. Other photos from various contributors.

What's On

Saturday 9th July, Upper Itchen Valley Society Summer Party

There is still time to say you would like to join in the Summer Party.

This will be at 6pm on Saturday, 9th July, at the home of Mark and Jackie Porter, The Down House, Itchen Abbas. During the evening Mark will give members an idea of the pleasures and challenges of producing wine in the Itchen Valley! If you are a member you should have received an invitation but if not please let me know on ralphandalimatthews@gmail.com or 779632. If you are not yet a member but would like to come to the Summer Party, please contact Lucy Collis on lucyvarcoe@gmail.com or 779598 to join the Society. We look forward to seeing you there.

Alison Matthews and UIVS Committee

Sunday 17th July, Worthy Park Tennis Club to host a Great British Tennis Event



Try tennis for free this summer at our Great British Tennis Weekend event! Thousands of free events will be taking place throughout the summer and all across the country, with sessions to suit the whole family. At the Worthy Park Tennis Club event you can try cardio tennis, mini tots tennis, junior games, free play, and adult coaching all for free. Rackets and balls will be provided, so whether you've never picked up a racket or you're a

seasoned regular – there is fun to be had for both adults and children. So why not come and view our beautiful courts and meet Rachel, our coach? Please register to show your interest in coming along at; <https://clubspark.lta.org.uk/OpenDays/WorthyParkTennisClub> or email Rachel at rachelmagory@yahoo.com
Yvette Riley

Sunday 17th July “Gullivers Travels”. Open Air Theatre at Avington Park



The Pantaloons return this year to Avington Park with a hilarious

adaptation of Gulliver's Travels by Jonathan Swift. Join Lemuel Gulliver on a fantastically funny voyage into the unknown. Meet the tiny people of Lilliput and the Giants of Brobdingnag, visit the floating island of Laputa and a country entirely peopled (or horsed) by talking horses ...A brand new, adventurous and delightfully innovative open air show for adults and children alike. Bring a picnic and something to sit on. Two performances 2 pm and 7 pm. Gates open one hour beforehand. Box office: 01962 840440. Tickets adults £13.50, child (under 16) £8.00. Family (2 adults 2 children) £37.00. Under 3 is free.

Avington Park

Sunday 17th July, Itchen Valley Flower Show

Come and join us on Sunday 17th July at Itchen Abbas and Avington Village Hall to celebrate all that is best about our beautiful Itchen Valley. You can come along on Sunday between 8am and 9.45am and place your entries into the classes you have entered. We are not



open the evening before as usual as we will be setting up. It is free to enter until Wednesday 13th July. Entries can

be emailed to splmason@hotmail.co.uk There is prize money for the children and cups for each age group. Cups are also awarded to winners of the adult classes. This year we have purchased a leather bound book to keep a record of all the cup winners so that engraving cups can be optional. Once the judging has finished and prizes allotted, please come and see the show between 2.30 and 4.30pm. There will be a talk on local archeology by local expert Dr Phil Marter of Itchen Abbas, a bouncy castle for young children, a quiz celebrating the HM Queen 90th birthday (Martyr Worthy tea party quiz kindly loaned by William Parry), homemade cakes and teas and raffle. Prize giving will be at 4.30pm followed by a sale of show produce. A local tradition for all villagers across our Valley. Please come and join us and support your local show.

Flower Show committee

Ed; A copy of the schedule and entry form can be found on Pages 15 -19 or it can be downloaded from the Flower Show website at www.itchenvalleyparishcouncil.org.uk.

Three events at the David Roth Memorial Cricket Ground

Thursday 21st July, Tug-of-War

From 7pm Tug-Of-War teams from across the Itchen Valley battle it out for village pride and a trophy. Beer, band and BBQ for spectators and participants.

Friday 22nd July, Easton Sixes

10am: 8 teams of six compete for the

Easton Sixes Trophy sponsored by Charters. Fast paced cricket plus food, bar and entertainment for spectators young and old. Funds raised will help the club's Academy initiative that develops talented young players from 13-21. This year will also see the first ladies team enter the competition and a mother's v children demonstration match.

See www.eastonsixes.com and flyer for details.

Sunday 24th July, Birthday Match, Featuring Jimmy Adams and other Hampshire players, starts at 2pm with a special birthday cricket tea planned.

Boomtown Advance Warning

Boomtown will run from Thursday, 11th August to Monday, 15th August this year. The gaps on the A 31 will be closed and it will probably be best to avoid the A 31 and A 272 in the Matterley Bowl area. Notices should be put up nearer the time giving advance warning of the closures.

The South Downs National Park recently gave temporary planning permission for one major music festival with up to 60,000 people and one endurance event with up to 30,000 people to be held on the Matterley estate each year until December 2019 and Winchester City Council Licensing Committee agreed the increase to 60,000 for this year.

Part of the South Downs Way will be closed during the event and an alternative route provided.

Alison Matthews

Upper Itchen Valley Society

Bank Holiday Monday 31st August, Easton Fete

Look out for more details in the August edition of the Itchen Valley News.



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14th -16th October, Opera in Itchen Abbas

Don Giovanni, slightly abridged, will be sung for the Friday and Saturday two nights, followed by a concert on the Sunday, in Itchen Abbas Church, in aid of the MS Society and the Valley Churches.



The singers are a group of friends who are international artists and come together occasionally for the joy of singing together in small, intimate venues. We were lucky enough to hear them last year in Osborne in Dorset and even more fortunate to be able to find a date when they could come to the Valley. For the connoisseur, the best known may be the accompanist, Susanna Stranders, head of music at Garsington and described recently by Antonio Pappano as “a remarkable talent”. Tickets at £30 will be available

from September via the Southwood Players website. Carter Jonas have generously agreed to be a main sponsor and further support has been offered by Hobbs Rehabilitation and Richard Steel and Partners, both of whom have been regular supporters of our plays.

Nick Owen 779162

Valley Happenings

Easton 11s Triumph over rivals St Cross County Cup

Easton and Martyr Worthy's UIIA side sponsored by Creative Catering & Marquees won the District final of the County Cup. St Cross won the toss and elected to bat. A conservative start by Easton's opening bowlers, Isaac Low and Gilbert Rosenfalck, kept the St Cross run rate in check. This theme continued with first change bowlers Jacobi McCowen and Peter Burnand. After 10 overs, St Cross were on 40 for the loss of two wickets. During the second half of the St Cross innings, the runs came more readily, bringing their total to 116 after their 20 overs. Freddie Trinder and Will Roberts completed the Easton bowling attack. Hamish Croft and captain Monty



UII team sponsored by Creative Catering & Marquees

Randle opened the batting for Easton. Randle scored a quick-fire 31 (retired - not out), and Croft was then joined by Rosenfalck who scored a characteristically quick 33 (retired - not out). Croft (27) continued steadily until he was bowled in what turned out to be the final over. Jack Robinson came into bat and scored the three runs required for victory off two balls. The UIIs now go into the draw to play a winner from one of the other three Hampshire districts in the semi-final of the County Cup.

Tracy Wickham

STOP PRESS...*We've just heard that the UIIs won their semi-final and now head to the final of the County Cup. Congratulations and Good Luck! Ed*



Easton Duck Race Winners

The winner was Rob Habasski from Henley. He was on a cycling tour of the area and bought a duck as he was passing through Easton just before the start of the race. Millie Page, one of Julie Taylor's grandchildren came second and Roy Napier third. The proud possessor of the last duck over the line was Jo Gillespie from The Chestnut Horse.

£2,686.00 was raised for Itchen Valley Churches.

Judy Bishop

Boules 2016 - first round results

Tuesday 31st May saw the start of the boules league competition for the Dick Hewitt trophy, with Avington playing at home against Martyr Worthy. It had been raining much of the day but cleared up by 6.00pm and the challenge

went ahead with enthusiasm and generous refreshments. Each village won one of the first round games. However after the break, Martyr Worthy had become accustomed to the puddles in the playing area and both their teams played with determination and skill and won both second games. So the result for the evening was 3-1 to Martyr Worthy.

The other match at Itchen Abbas against Easton took place a week later, the teams having decided to wait for better weather. In the first session the scores were very close, each village winning one game narrowly and losing one narrowly. However the balance shifted after the break, and Itchen Abbas forged ahead winning both the remaining games convincingly and ending as 3-1 winners. The hot and sunny weather, pints from The Plough and outstandingly good savouries all contributed to a most enjoyable evening.

So at the end of round one, the score is Itchen Abbas and Martyr Worthy leading on 3 points each and Avington and Easton equal third with 1 each.

The next boules event is the Triples on Tuesday 28th June at Easton – this is the knock-out competition between all four villages for the Nigel Graham Maw cup. Supporters and boules watchers are very welcome.

Ralph Matthews

Worthy Park Tennis Club Winners



The season opened with the parallel doubles competition. The new doubles format of "Fast 4" was used for the first time at WPTC. This first to 4 games, no-advantages and no

lets format proved to be a fun, fast and sometimes furious way to play, (if a little confusing for some members!) and was enjoyed by all as a fun way to start the season. It was lovely to have several new members join in and we hope this will encourage others out on court in the future.

The afternoon progressed well with close fought games played with the inevitable Worthy Park good humour !! Our congratulations to Sacha Khakoo and Mark Wheeler for winning the Ladies and Gents Easter Egg for the most games won during the afternoon. For the next month members will be pitting their skills against each other in the Club Championships, the outcome of which we will report on in September.

Jenny Sloan, Worthy Park Tennis Club

Flying High with the Air Cadets

As an Air Cadet, I was lucky enough to be selected to participate in the Queen's 90th birthday flypast – not as a spectator, but as a

passenger! A group of 75 Air Cadets from around the country, to celebrate

75 years of the Air Training Corps, was allowed to travel inside the Voyager as it passed over Buckingham Palace, in a once-in-a-lifetime experience. Having prepared my uniform the night before to an immaculate

standard, the day started off at RAF Brize Norton, the largest RAF base in the country, in the Parachute Training

Centre. There we met with many Air Cadet officers, as well as RAF officers. We were allowed to use a selection of the equipment, including the auto belay Aircraft Exit Trainer and the £3 million Virtual Reality Parachute Simulator. Later, whilst chatting with fellow air cadet Sgt Craddock, I was approached by the Blue Peter team and asked if I would like to appear on the show! With five other cadets from different squadrons, I was taken to one side, and given a list of questions to think about. For easiest access for the camera we had to sit near the front of the aircraft. So there I sat, chatting with newly-made friend Flt Sgt Herridge, looking out over the wing as two Typhoon FGR4s came alongside as escort, as we flew over the North Sea!

It was now that a Blue Peter producer took us to the front of the plane in twos. We were interviewed about the day and being air cadets, then shown back to our seats and, hooray!, given a Blue Peter badge!

Passing over London with a Typhoon either side at such a low level was the best experience of my life. It was incredible, looking out of the window and seeing another aircraft so close that the pilot's face could be made out,

with the London skyline behind. Joining the Air Cadets was the best decision I have ever made. It is giving me the most amazing opportunities and experiences and I am learning both practical and social skills that I will

take with me throughout my life.

Cdt Cpl Jess Cragg





Celebrations were held to mark the 90th birthday of Queen Elizabeth II in all four valley villages



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More images captured at the celebrations to mark the 90th birthday of Queen Elizabeth II

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Itchen Valley Flower Show
Sunday 17th July 2016
at 2.30 pm to 4.30pm
THE ITCHEN ABBAS & AVINGTON VILLAGE HALL

Schedule and Entry Form

FREE TO ENTER FOR ALL
(until Wednesday 13th July, then late entry fee applies)

including produce, craft and cookery classes

All entry forms and fees must be sent to either
Sara Mason 14 Bridgetts Lane Martyr Worthy 01962 779169
Gail Kennedy No 4, The Row, Avington (behind the well)
Or Sue Germon, 7 Little Hayes Lane, Itchen Abbas
Or by email to splmason@hotmail.co.uk

Late entries £1.00 per item (both adult and children's classes) to be delivered to any of the above addresses by 9am Saturday 16th July

All entries to be staged by 9.45am on the day of the show

Hall open from 8.00am - 9.45am on Sunday 17th July only



Cake Recipe for Orange Drizzle Cake – Category 44

For the loaf

175g unsalted butter, at room temperature

250g caster sugar

3 medium eggs, at room temperature

100ml milk, at room temperature

1 orange, zest only

250g self raising flour

½ teaspoon baking powder

Pinch of sea salt

For the drizzle:

1 orange, zest and juice

60g caster sugar

Instructions

Preheat oven to 180C/Gas 4. Grease at 900g loaf tin and line with baking paper, leaving an overhang.

Add butter, sugar, eggs, milk, orange zest, flour, baking powder and salt to mixer or bowl. If using a mixer, mix for 2 minutes; if by hand, mix for 5 minutes.

Spoon the mixture into the tin and level off the top. Place in oven for 55-60 minutes.

Using a skewer, check that the centre is cooked; it is ready if the skewer comes out clean.

To make the drizzle: mix the zest, orange juice and sugar in a bowl. Pour drizzle over cake while still in the tin. Make sure it all gets soaked in.

Leave cake in tin for 10 minutes, then take it out and cool on wire rack.

SECTION A FRUIT & VEGETABLES

- 7 FIVE Broad Beans
- 8 SEVEN French Beans
- 9 FIVE Runner Beans
- 10 FIVE Carrots
- 11 FIVE Mangetout
- 12 TWO Lettuces with washed roots
- 13 TWO Cucumbers
- 14 FIVE Pea pods
- 15 THREE Onions
- 16 THREE Globe Beetroot
- 17 THREE Potatoes
- 18 THREE Garlic Bulbs
- 19 THREE Courgettes (max. length 6" or 15 cm)
- 20 FIVE Tomatoes (same variety)
- 21 Mixed bunch of Culinary Herbs - maximum of FIVE varieties
- 22 ELEVEN Raspberries with stems
- 23 Collection of soft fruit - any THREE kinds on a plate (Fruits must have stems attached)
- 24 Fruit or vegetable max. THREE not listed above

SECTION B FLOWERS

- 25 Vase of Flowering Shrubs - THREE stems of ONE kind (excluding Hydrangeas)
- 26 Vase of Mixed Herbaceous Perennials
- 27 Vase of Mixed or one variety of Annuals - at least THREE kinds (excluding classes 35,36 and 37)
- 28 ONE Flowering Pot Plant - max 7" pot (18 cm)
- 29 ONE Foliage Plant, cactus or succulent - max 7" pot (18 cm)
- 30 ONE Fuchsia Plant - in a pot
- 31 Vase of THREE Dahlias stems
- 32 Vase of FIVE Annual Sweet Peas - SINGLE COLOUR
- 33 Vase of FIVE Annual Sweet Peas - MIXED COLOURS
- 34 Vase of FIVE Pansies
- 35 BEST ROSE of the Show with the name of variety (if possible) and one leaf attached
- 36 Vase of Floribunda or Patio Roses - THREE stems
- 37 Vase of Hydrangeas - THREE stems
- 38 Vase of THREE stems of flowering bulbous plants (except Dahlias)
- 39 ONE summer planted container or hanging basket

SECTION C - FLOWER ARRANGING

- 40 A Miniature Arrangement of flowers – A CROWN maximum size 4" (10 cm) overall
- 41 An Arrangement of flowers incorporating a handbag, for all round visual effect. Max 20" (50 cm) overall.
- 42 An Arrangement of foliage from hedgerows, for all round visual effect, any size.

SECTION D - COOKERY

- 43 SIX eggs hen, bantam or water fowl but not mixed
- 44 See set recipe
- 45 Four shortbread
- 46 Cherry pie
- 47 Four poppy seed rolls
- 48 One savoury flan, 8" or 20cm
- 49 One jam swiss roll
- 50 SIX pieces of fudge

SECTION E - PRESERVES with date

- 51 Jar of marmalade
- 52 Jar of Honey
- 53 Jar of fruit jam or jelly
- 54 1 bottle of homemade cordial or wine
- 55 Jar of chutney

SECTION F - CRAFT Please specify if craft work has been created from a kit

- 56 Any Article of Knitting
- 57 An item of Tapestry
- 58 Any article of jewellery or a piece of beading.
- 59 An item of Embroidery (not on canvas)

- 60 An item of patchwork or quilting
- 61 Any small piece of craft, including woodwork, not included in classes 56-60
- 62 A Colour Photograph of a photo bomb, no larger than 7 x 5 inches (18 x 13 cm)
- 63 A Black and White Photograph of rain, no larger than 7 x 5 inches (18 x 13 cm)

THE CHILDREN'S SECTION - G

Prize Money

First £1.00 Second 70p
Third 50p

Class 1 Decorated cup cakes

- 1a 4 - 7 yrs 1b 8 - 11 yrs
1c 12 - 15 yrs

Class 2 Make a model of something you have been learning about MAX 50cm ht.

- 2a 4 - 7 yrs 2b 8 - 11 yrs
2c 12 - 15 yrs

Class 3 Miniature Garden in a half seed tray

- 3a 4 - 7 yrs 3b 8 - 11 yrs
3c 12 - 15 yrs

Class 4 Flower arrangement in a dog bowl

- 4a 4 - 7 yrs 4b 8 - 11 yrs
4c 12 - 15 yrs

Class 5 A photograph - selfie

- 5a 4 - 7 yrs 5b 8 - 11 yrs
5c 12 - 15 yrs

Class 6 Decorated piece of handwriting - poem of your choice

- 6a 4-7 yrs 6b 8-11 yrs
6c 12-15 yrs



Itchen Valley Flower Show 2016 Entry Form
FREE TO ENTER FOR ALL

Please circle the classes you wish to enter

Section A – Fruit and Vegetables

7	8	9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24		

Section B – Flowers

25	26	27	28	29	30	31	32	33	34
35	36	37	38	39					

Section C – Flower Arranging

40	41	42
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Section D – Cookery

43	44	45	46	47	48	49	50
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Section E – Preserves

51	52	53	54	55
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Section F – Craft

56	57	58	59	60	61	62	63
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Name

Address

.....Tel No

Section G – Children's Classes – No Charge

4-7	1a	2a	3a	4a	5a	6a
8-11	1b	2b	3b	4b	5b	6b
12-15	1c	2c	3c	4c	5c	6c

Child 1 – Name Age

Child 2 – Name Age

Child 3 – Name Age

Itchen Valley Church Services



Sunday 3rd July

8am	Holy Communion	Avington
10am	All Age Service	Martyr Worthy
11am	Matins	Easton
6pm	Healing and Wholeness	Itchen Abbas

Sunday 10th July

8am	Holy Communion	Easton
10am	Parish Communion	Itchen Abbas
6pm	Evensong	Martyr Worthy

Sunday 17th July

8am	Holy Communion	Martyr Worthy
10am	Parish Communion	Easton
6pm	Patronal Evensong	Martyr Worthy

Sunday 24th July

8am	Holy Communion	Itchen Abbas
10am	Parish Communion	Martyr Worthy
6pm	Taize	Easton

Sunday 31st July

8am	Holy Communion	Itchen Abbas
10am	Parish Communion	Avington

Rector

Rev Amanda Denniss 779832 amandadenniss@gmail.com

Curates

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Parish website: <http://itchenvalleychurches.org.uk/>

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FRIDAY 22nd JULY
start time 10am

Birthday Celebrations for Cricket Club at 70 years not out



Top Hampshire cricketers, including Jimmy Adams, will be helping Easton and Martyr Worthy Cricket Club celebrate its 70th birthday this month.

There will be a special birthday match, involving Adams and other County players on Sunday 24th July.

EMWCC Chairman Adam Murch said: "Seventy years ago this summer, the Itchen Valley was struggling to get back to normal life after 5 years of the Second World War. The sad consequences of those years of conflict was that many who left to serve their King and country never returned and this meant that many local villages no longer had the men to field a cricket team. So, in 1946, Martyr Worthy and Abbotts Worthy Park cricket clubs joined forces with Easton and the combined club never looked back." He added: "We invite all of you to come down to the ground for our birthday 20/20 game. Bring a picnic and join us for some Pimms, tea, cake and fantastic cricket from both our own players and the County's finest."

Meanwhile, the club has also acquired

two new benches for the cricket ground, each with a commemorative plaque to mark its own 70th and Her Majesty the Queen's 90th birthdays. Both were bought with the help of a grant from Winchester City Council. *Tracy Wickham, E&MWCC*

Change and Some Recollections

After 35 very happy years living in the Itchen Valley we are moving to Alresford and a new home. We depart with a host of memories that include one house move within Martyr Worthy, two family weddings and three remarkable storms that managed to create havoc on parts of the B3047. I also reflect on the many changes that have occurred since we arrived in 1981.

Among the least obvious are those that have happened slowly over time and only reveal themselves by comparing the landscape of today with some photographs taken in the 1980s. Many of our trees and bushes have dramatically increased in size to obscure previously unobstructed views whilst, elsewhere, others have been cut down to reveal open spaces. This is nowhere more evident than along the banks of the river.

There are many more houses and several of the older buildings have been modernised or extended as new families move in. We have rebuilt village halls in both Itchen Abbas and Easton and many will recall the days when regular Scottish country dancing lessons took place in the old hall in Itchen Abbas and the pantomimes at Easton were even cosier than they are now.

Some buildings have gone forever such

as Martyr Worthy's only pub, the Lunways Inn, and the filling station at Abbot's Worthy, both on the A33.

Before the M3 was built, the A33

carried all the through traffic linking

Southampton with

Basingstoke and

London and it

could take up to

25 minutes to

cross over to

Kings Worthy at

the now

notorious

"junction" by the

Cart and Horses.

On the other

hand if you

wanted an

alternative route

into Winchester you could take the

direct backroad from Easton to Winnall.

And if you wanted to head south

towards Southampton you had to

endure the purgatory of the Hockley

traffic lights on the old Winchester

bypass. A wait of an hour or more was

not uncommon

The Winnall Industrial Estate was a

much more modest complex when we

first arrived. There was no Tesco, or

Homebase or any of the other big

stores. We shopped for food at the

Nations Hill Store in Kingsworthy and it

is sad to reflect that nothing remains of it all.

We now have a remarkably attractive

golf course at Avington while the more

recent clearance of the lake at Avington

Park has, in my opinion, done much to

enhance the local landscape.

The weather has played its part in valley

life. In addition to the storms already

touched on, the heavy rain in 2014 led



to the water meadows below Easton being deliberately flooded to prevent Winchester suffering from the effects of excess water. Snow today is a

rarity but in the early 1980s, drifts of over 5ft deep blocked some of the local lanes.

Change has been apparent in other ways. When we first arrived there were evident rivalries within the community.

There were two distinct church congregations and huge reluctance by residents to contemplate greater

integration. But with patience, good will and an acceptance that things had to change, we now have a single parish, four wonderful churches and a single rector. And we even have a single valley magazine rather than two. And the Itchen List!

We leave with great sadness but some wonderful memories of 35 very happy years.

John Lang

Tiddler Joke



Bertie Carter, 5 years

Q.

What do you call a 3-legged donkey?

A.

A wonky.

Entrepreneurs of the Valley

Susie Reid Thomas, founder of Twilight Trees in Easton

Tell us a little about your company
We hire and sell LED trees throughout the UK. People use them for weddings, events, window displays, garden features- all sorts! Our original trees were sparkling and vibrant sculptured LED cherry trees and they still remain our signature tree but we have since just launched a maple collection and more recently our first range of non LED trees called 'Trees in Bloom'.

What led you to setting up Twilight Trees?

I've always had an entrepreneurial streak and love the sense of achievement and freedom you get from working for yourself. Before I had my children I ran a buzzing PR company in the heart of

London. We mainly represented luxury brands and got to be involved with some really exciting projects. We moved down to Hampshire after I had my second son and I was itching to get back to it. Rather than going back to the PR I set up Sanga Designs and successfully sold and exhibited cow horns that I sourced and then sculpted and polished by hand. It all changed when I saw the trees...I just knew that I had to bring them to the UK market and I am so glad that instinct was right.

How long has the business been up and running?

We've been up and running since early 2014. At the beginning I thought it

would be very local but I was taken aback when we immediately had some rather high profile interest and a lot of that from the London market. Since then it's really taken off!

What do you enjoy most about running your own business?

I like the freedom of being your own boss and creating your own destiny! I also love the flexibility. I can leave work at half three to pick up my son but at the same time when it's midnight and my head is bursting with ideas I can just pop into my office, get cracking and make the most of the spontaneous energy that comes from being an entrepreneur full of ideas!

What has been the highlight so far of setting up Twilight Trees?

Every event and every sale still gives me such a buzz but there's nothing quite like seeing the whole of Burlington Arcade lit up with an avenue of LED Cherry Trees or the grand

entrance of the Natural History Museum twinkling with Twilight Trees!

What has been your most unusual venue or request?

Our client base varies hugely. We have sold trees to people that simply want a little sparkle on their roof terrace and celebrities who want a 3m cherry tree adorning their kitchen! We rent to people who are looking to create a special atmosphere at their wedding, events that are so secret that we have to sign our lives away and retail outlets that want their windows to sparkle the most during the Christmas season.

Every venue and request is different and that's what keeps it so exciting and fresh.



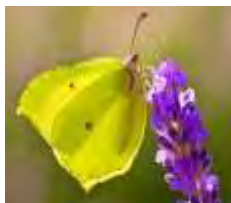
We have some fantastic projects in the pipeline this year and we cannot wait to be able to share them with you all. For the moment our lips are sealed but all I can say is watch this space...!

www.twilight-trees.com

Dionne Sanders and Lucy De Laszlo

WI all in a flutter...

We had a very interesting talk this



month about
"Gardening for
Butterflies"

Brian Fletcher, a
retired Chemistry
teacher, has been
involved with the
Butterfly

Conservation Trust for many, many
years.

Turns out luckily, that actually it is not
too difficult to attract butterflies. The
requirements are Space, Sunshine,
Shelter and Sustenance.

Space, if you can double the area set
aside for butterflies you may expect
four times the species. Sunshine, which
is necessary to warm up the insects,
they are not keen on heavy shade.
Shelter, means keeping your hedges high
enough and thick enough to act as a
windbreak, without upsetting your
neighbour. The last and arguably the
most important is the sustenance.

Sustenance for a butterfly means nectar
from flowers. Most people who have a
garden will have flowers of some sorts,
allowing for the predations of
footballing children. You just need to
choose a few to attract most butterflies.

There are some butterflies that will
survive for up to 8 months, these are
the Brimstone, the Comma, the
Peacock, the Red Admiral and the Small
Tortoiseshell. These may be seen from
March through to October. To help

them out you just need to plant
anything that flowers between those
months.

Spring bulbs early in the year and Ivy
at the year's end are all important,
and indeed the Ivy will provide shelter
for Brimstones over winter. Try to
pick flowers that are single so that
the proboscis can actually get at the
nectar. Quite a lot of double flowers
produce none at all. Everyone knows
that Sedum, the pale pink varieties,
and Oxeye Daisies and Cornflowers
attract butterflies, but what about
perennial Wall Flowers, Erysimum,
that are colourful and very attractive
to butterflies.

Last but not least NETTLES. Try to
have a patch of about two square
meters, and hopefully the caterpillars
will enjoy them instead of your very
plants. Next month's meeting is
actually a visit to the gardens at
Cranborne Manor near
Fordingbridge. Contact any member
if you would like to come and for
information.

Sarah Robinson

APP Watch - Wish you were here!



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one for the grandparents and ideal for
letting someone know you are having
a great time without them!

Fiona McIntosh

Itchen Insight



Name: Georgie Krone

Age: 45

Occupation: mother of 3, ex-City lawyer, ex-political campaigner

How many years in the Valley: 10

this August

Your life in 140 characters: Born Brighton, grew up in Staffordshire, Rugby School at 16, Durham University, College of Law in London, Clifford Chance London and Paris, Avington

Champagne moment: getting a job as a receptionist at Linklaters & Paines in Paris, where I met my future husband!

Surprising snippet: blagging my way into Boris Johnson's media suite at the Royal County in Winchester for a quick selfie and mini interview for my campaign website

Passion: tennis, dog walking, dinner in a good restaurant, a night out in London

Favourite place in Hampshire: Winchester Cathedral

Best thing about the Valley: Itchen Valley List

Worst thing about the Valley: Itchen Valley List

Favourite book or film: Brideshead Revisited

Best one-liner or quote: "One day

when Pooh Bear had nothing else to do, he thought he would do something, so he went round to Piglet's house to see what Piglet was doing" A.A. Milne

From our MP

Sometimes it is easy to forget how lucky we are to live in England and further to that, in this beautiful valley. Last month may be a distant memory for some but the weekend of Queen Elizabeth's 90th birthday celebrations



was simply a happy and glorious time to be here. We had our own village street party (many of you were there) but I also attended a very special party outside the Cathedral as part of the tea and cake marathon.

As well as marking our Queen's official birthday (when a Monarch is born in the Winter they have a Summer one as well) this street party was a chance to say farewell to Dean Atwell who has now retired after a decade of service in this city. I wish James and Lorna every good wishes for their future and want to personally thank them for all their support and prayers. I am pictured above with James and Bruce Parker, who chairs the Friends of Winchester Cathedral, at the event last month. I recently joined a coalition of local organisations to relaunch a local scheme for people who are homeless

Richard Steel



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Regular bookings (last class in brackets)

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(July 11th)

TUESDAY:

8.45-11am Pilates with Emily (July 5th)

5:15 – 6:30 Sally Stanyard's Dance
School (July 5th)

WEDNESDAY

9:00 – 11:15am Moo Music (July 6th)

FRIDAY

9-10am Authentic Pilates (July 8th)

4-5:30pm Sally's Dance & Drama (July
8th)

Other bookings

Mon 4th 10:00 – 13:00 Bridge Club

Weds 6th 11:30-15.30 Children's party

Thur 7th 18:00 – 23:00 Winchester

Chamber Orchestra Summer BBQ

Fri 8th 18:00 – 23:00 Private Party

Sun 17th 12:00 – 18:00 Naming
ceremony

Fri 22nd 08:00 – 21:00 E&MWCC Sixes
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in the city. Winchester City Council, Winchester Churches Nightshelter and Trinity Day Centre are all working in partnership on 'Spare change for Real Change'. This is a really positive project where the aim is to encourage us to donate money directly to the scheme itself, rather than those rough sleeping or begging – who may not be genuinely homeless. It's a sad fact that Winchester, because of its affluence, suffers from a number of unscrupulous 'professional beggars' and this project aims to challenge that.

My first Annual Report of the new Parliament is out now and many of you should have already had it delivered through your door. If not, I can send you a copy on request and you can of course download it

via www.stevebrine.com/publications
Two more things; I have written before about my work to secure match funding for a new children's emergency department at Southampton Hospital and the success we had when George Osborne announced £2m in the March Budget. We recently launched, with the Chancellor, #2millionSteps which seeks to raise the other £2m to make this happen. I am so proud to be a part of this and you can find out more or donate via

www.themurrayparishtrust.com/2millionsteps

Secondly, I have been a member of the Autism All-Party Group since entering Parliament in 2010. We have come so far in the way we support young people on the spectrum but we've more to do. That's why I was so pleased our long-standing work to see autism knowledge included in the Initial Teacher Training Framework finally paid off. The new ITT framework is being developed by an independent expert group and is due to report to

ministers shortly. More information at www.stevebrine.com/autism

Finally, despite claims to have saved the day, the Cart & Horses junction is sadly not transformed and I know many strong views remain. I have always said (as have council representatives) that this should be part one towards the fundamental layout change (and speed reduction) I am more convinced than ever we require. HCC can in time reduce the limit to 40, and I will of course work with councillors to this end and support their efforts to review things if needed when the review audit is complete. Longer term, the roundabout solution - as actually drawn up by one nearby resident – is one I feel we should not lose sight of.

You can find more information about my other work as your local MP, in Winchester and Westminster, via the website or on 01962 791110.

Steve Brine, MP for Winchester & Itchen Valley

steve.brine.mp@parliament.uk

www.stevebrine.com

Jackie's County Corner



By the time you read this we will know the result of the referendum, but as I write this we are just about to put up the Remain posters!

Meanwhile, at a more local level, residents in Hampshire will be asked their views on becoming a Unitary Authority and/or moving towards Devolution, in the hope of saving £40million (that's about £75 per household) per year. Watch

out for the consultation which will be advertised this Summer.

I was recently sent a piece from Sir Edward Grey's book on fly fishing. As the longest serving Foreign Secretary, he built his cottage in the Itchen Valley as an escape from the dust and noise of London (so nothing changes!)

He quoted,

'Still glides the stream and shall for ever glide, The form remains, the function never dies.'

Over a century later, the water running through our community is still precious to us and we must preserve the rivers and walks alongside them which makes this area so unique.

I am working with the Environment Agency and the Town Council and the County to make every effort to protect the Millennium path in Alresford which is under threat as higher water levels are undermining the foundations of the path.

Changes to road plans are always controversial but the new design of the A33/Cart and Horses junction has broken the record for complaints! I will report on the results of the Post Implementation Safety Audit (PISA) when it has been published.

I visited a sunny Pinsent to attend a Scouting AGM recently. Scouting is so popular; they need funding/more accommodation and volunteers to work with the growing numbers of children. Contact me or your local scout troop if you think you can help. Finally, thank you to all the festival organisers through the Summer! These Fetes, Festivals and Regal events really do enrich our communities. It was a pleasure to listen to Edna O'Brien at the Literary festival and the Royal tea party was good fun! I am face painting again this weekend!

If you helped at any of them- thank you.

Cllr Jackie Porter, email

Jackie@jackieporter.co.uk, tel: 01962 791054, www.jackieporter.co.uk

The Practical Gardener

I really enjoy my garden. It seems today others recognise gardening can be therapeutic. It's also a time to commune a bit with nature. Sometimes we can enjoy the peace and tranquillity of the garden, though not always as many of us have loud motorised equipment. There are some days when this is intrusive but the work has to be done.

My own garden is a play space which the grandchildren adore, something to look at, so effective a back-drop, a source of cut flowers for the house and



perhaps, most importantly, a source of food. I probably spend more time on this activity than any other although in discussion with different people, I'm told lawns are a man's best friend. I do as little as possible to my lawns and as long as they are green and cut, that's it. I particularly hate doing all the edges and have failed to find any practical mechanical aid. Maybe readers will respond with some ideas.

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The greenhouse has been the focus of much attention, particularly during recent showers. Many of my tomatoes have fruit and Pomodoro, a cherry tomato sown in January, now has reached the roof. The cucumbers are also doing well and grow about 6" a day. So none of these plants can be left, they need daily attention. Watering and ventilation can be difficult as we have enormous swings in temperature. I'm using a new type of shade-netting this year and maybe it blocks air flow.

Whitefly continue as N°1 enemy but I've just be told to use horticultural oil as a spray. That seems to be an organic solution if it works. I'm also using the referee's solution: lots of sticky yellow cards. There are still seeds to sow and I believe a good time for next year's perennials like Sweet William and Wallflower. Some flowers are so easy to grow from seed, yet incredibly costly to buy as plants.

There's no rivalry between gardeners in our community is there? So I picked the first new potatoes on May 10th, followed by peas and broad beans the next day. And the courgettes are almost ready. The birds had a go at the peas so everything had to be netted. It



makes weeding and picking difficult so I guess the real answer is a cage. My wife then says it's cheaper at Tesco!

Whilst I believe in crop rotation and I am sure that is good practice, I need space for the winter brassicas, so the spuds have to go. That's a really silly plan because brassicas need a firm soil but I don't have an alternative.

Colour is everywhere in the flower borders; the annuals are just starting to bloom and perennials in their usual succession. In one border I am fighting ground elder and in another bindweed. You can't completely get rid of either but in my experience a continually attack is needed. Resolva spray helps but you have to be very careful and use it on a calm sunny day.

It's another great year for roses and I've been told not to spray against black spot. The difficulty is that some roses are completely defoliated in a bad attack.

Whatever you do, and however large or small the garden, I think plants grown and nurtured by your own efforts are so much better. Sometimes of course we need a little help from the nursery! Happy gardening.

Tony Gaster



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From the Parish Council



We have now held our Annual Parish Meeting where the public can hear and ask questions about our activities. It would be pleasing if more people came!

We have also held our AGM where we make key portfolio appointments. Please look at our website for details, there have been some changes. Two roles that have not changed are:- I remain as chairman and Paul Moffat as vice chairman.

On the replacement of retiring councillors, we have had a good response, which is very encouraging. By the time the next report is written it should be known who has joined us to bring the Parish Council up to a full complement of 10 members.

As promised, a decision has been made regarding dogs inside the play area at Couch Green. It is to be a dog-free area which is in accordance with the RoSPA guidelines. For those who like to bring their dogs and children together we will be fixing some tether points for dogs on the outside of the fence.

On the planning front we have made some adjustments to our terms of reference. This will make it easier to discuss applications with householders and neighbours. As a rule, early talks do help to smooth the process.

We have appointed a new lengthsman so please let our footpaths expert know where you think clearing and similar work is



needed. Please remember that it is not possible to clear all paths at once and we have to decide on priorities. On that point, in simple terms there are two categories of path; a public footpath which is the Council's responsibility to keep clear and a Right of Way which is the responsibility of the land owner to keep clear. As suggested in a previous Valley News, if you have time and think you can help clear a right of way, ask the land owner who will probably be very grateful for the offer.

There has been quite a lot of correspondence on the subject of trees. Rest assured that this has been and continues to be a matter of discussion at recent Council meetings. More information will be forthcoming as this matter is progressed.

Finally, looking at the year ahead, there are several on-going issues which we will continue to address:- the SDNP strategic plan; WCC Local plan; whether we go ahead with a Neighbourhood Development Plan; transparency and devolution of powers. This is apart from all the routine work on footpaths, planning, open spaces and the issues of Boomtown – busy and interesting times ahead!

Patrick Appleby

From the Rectory



I am writing this a week after returning from Jerusalem; I found myself back in Israel much sooner than I expected after my placement there

last year and have just been there for a working holiday. Some of you may recall that in October I visited a Christian pre-school which we went on to support with our Christmas collections. This time, I had the privilege of leading a week long Bible Club at the school: we spent three days looking at the story of Noah. [The school has a four day week because Friday is the Muslim holy day, Saturday is Jewish Shabbat and Sunday is the Christian

Sabbath.] Our days were packed with activities as we learnt about how Noah obeyed God and how God kept his promises to Noah. On the final day we went to the zoo to look at many of the animals which we had been talking about, singing about and painting in school.

The Sunshine School is a very special place doing amazing work in incredibly difficult circumstances. It is a Christian School in an Arab Muslim village which is now dominated by an Israeli high speed motorway, built to enable Israeli Settlers to travel to and from their homes in the school's area. The vast majority of the children are from

Muslim families, though there are some expats too. The staff, headed up by the school's founder, Marion Jadon, are amazing in their commitment to the children, many of whom face daily challenges in their lives.

The values of the school are rooted in faith in Jesus, in a conviction that Jesus loves each and every person and that knowing him makes a difference to people's lives. The Sunshine School welcomes the children and loves them because that is what Jesus tells us to do. It teaches the children about Jesus in words and song so that they may

come to know him and God is using this to change lives. The lives of the children and those of their families are being transformed by the sense of love they feel in the school and the love they experience there each day. For example, the positive transformation to their son means that one boy's family has

decided to keep him in the school for a third year. The mother of a young lad who comes from a violent family has joined an organisation that promotes reconciliation between Arabs and Israelis.

Jesus told his disciples, "Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs." (Mark 10.14). We are then told that Jesus took the children up in his arms, laid hands on them, and blessed them. Here in the Itchen Valley, we seek to show the same love and welcome to our children through things like Little Rainbows and The Ark. Why not bring



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How to sow a wildflower meadow



Preparation for seeding in the autumn.

First, have a look at what your lawn may have. Stop mowing for a while to see what pops up, you might be surprised. The 'fastest' method to clear the ground is to use a herbicide, and spray the grass and everything else in your plot, on a calm day in May or June (ideally or if not in early summer). Pull up any large weeds before they go to seed. Allow at least 2 weeks for the herbicide to work.

If you don't want to use herbicide, you will have to lift any turf and repeatedly rotate and rake away any weeds/grass during the summer months to clear as much of the grass out of the soil as possible. Roll the ground and clear any flushes of weeds over the summer months, whether you have lifted turf or used herbicide. Remove the weeds as

often as you can, when they are small rake off the annual weeds. If weeds are still popping up when you want to sow use a much weaker mix of the herbicide a few days before your sowing date.

A really fine seedbed is the objective, with no large clods of earth. The prep job needs to be timed and planned so you have a good summer growing season to clear out the weed 'bank' in the top few inches of soil. The better the clearance the better chance the wildflowers can get established.

Sowing in Autumn.

Golden rule- once you have sown your seed do not rake or disturb it, the seeds will lie nicely on top over the winter and do their thing!

Use a wildflower/ grass mix 3-4g per sq. m and mix all the seed with either horticultural sand or sawdust- this gives you a clear idea of how much to broadcast over your area so you don't run out, and you can visible see where you have been. Mix the seeds with 5 or 10 times the volume of additional material. Try and sow before rain is forecast. Roll the soil to flatten it so it doesn't dry out, unless the weather is very wet and you won't need too.

Hopefully flowers will appear in Spring and you can take a first cut in the Autumn. Do take off all the arisings, and keep any seed heads you want in paper bags (for future sowing).

The following spring do a cut in April to knock back any dominant grasses that maybe appearing that would overgrow your flowers and more delicate grasses.

References

'Where have all the flowers gone'. by Charles Flower (2008).
Lucy Collis and Verity Coleman's experience and skill!

Seed suppliers (do check with any supplier where the seed is from and ask them for any assistance with choosing a mix too)
E.g. Charlesflower-wildflowers.co.uk
Emorsgate Seeds - wildseeds.co.uk
Sophie Rogers

Small Ads

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Easton and Martyr Worthy Cricket Club Fixtures



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2nd	I XI	2pm (Old Basing)
3rd	U13	9.30am (Fair Oak A)
8th	U15	6.30am (Fair Oak B)
9th	I XI	2pm (Bedhampton)
13th	I XI	6.30pm (Compton & CF)
21st	TUG OF WAR	6.30pm
22nd	THE SIXES	10am - 7pm
23rd	I XI	2pm (Rowledge II)
24th	70th ANNIVERSARY	2pm
30th	I XI	2pm (Dorchester)

Comings and Goings

Joanna and Harry Smith (neè Dee) have moved to Easton to No. Two Church Lane. If you hear of anyone moving in or out of Easton please let Judith Mezger know. 07834831450

Local monthly information

Waste collections in July

Black bins and green bags on Fridays 1st, 15th and 29th. Green bins on Fridays 8th and 22nd.

Library (for the final time)

Visiting on Friday 1st July.
Itchen Abbas 11.15 am Easton 11.45 am

Cameo

On Tuesday 19th July.

Farmers' Markets in Winchester

Sunday 10th and 31st July.

67 Bus operated by Stagecoach

School term timetable operates from

Friday 1st to Wednesday 20th July:

Weekdays to Winchester:

07:53 09:23 11:23 13:23 16:23 17:23

Weekdays to Alresford:

09:19 11:19 13:19 15:19 17:11 18:09

School holiday timetable operates

Thursday 21st to Friday 29th July:

Weekdays to Winchester:

07:53 09:23 11:23 13:23 15:23 17:23

Weekdays to Alresford:

09:19 11:19 13:19 15:19 17:09 18:09

Saturday service (same for the whole month)

Towards Winchester:

08:23 11:23 14:23 17:23

Towards Alresford:

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No Sunday or bank holiday service

All times shown are at Itchen Abbas.

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