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WELCOME to the Valley News



What a blooming marvellous issue we've the privilege to pull together this month. Partly due to our creative contributors, paired with the fact that currently the Valley seems to be the epicentre of all things great. As we type, Easton prepares to welcome Charlotte Edwards, one of England's leading female cricketers, to the David Roth Memorial Ground for an inspirational evening for our budding Valley players.

Emerging as 'budding' photographers are the winners of our highly popular front cover competition, Isobel and Ben McIntosh (no relation!), who captured the woolly wonders grazing our cover page. A few miles down the road (if you survive the Cart and Horses junction!) wedding fever is, as we write, taking hold of Windsor.

A Royal wedding is the perfect start to the British summer and what a summer the Valley has in store. Gardens are brimming with beauty, tennis courts are ready for action, the local cricket teams have made a great start to the season and boot sales and fetes are on the way. All of which are designed to bring Valley residents together. Children are always front of mind for

valley happenings and there is plenty to keep little ones occupied over half term and the holidays. The Eds were very impressed with the turn out for the dawn chorus Watercress Way day and think perhaps there should be an early evening ginterest stroll included in the next one!

Community is key but a dose of non Nanny state competition is welcome too. Let us draw your attention to the Itchen Valley Flower show and its bountiful selection of categories. Something for everyone and the Eds hope to learn from Mark Porter whose 'Love of ...Gardens' piece is an inspiration to us embryonic horticulturists.

How does so much editorial excellence seem to drop effortlessly through your letterbox we hear you cry? We are but willing volunteers and there is a chance to show your 'appreciation' on page 29. Hopefully this will enable us to carry on as long as the Easton WI which has reached its 96th year. Happy June and enjoy the sunshine.

Next month's editor is Verity Coleman.

Fiona McIntosh and Lucy Wolfe

Itchen Valley News

Chief Editor Vernon Tottle

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Thursday 31 May, Former **England Captain Charlotte Edwards visits Easton**

Easton & Martyr Worthy Cricket Club, assisted by Hampshire Cricket Board & the Southern Vipers is hosting a Womens & Girls cricket taster session on Thursday 31 May at the David Roth Memorial Cricket Ground, Easton, between 6.00pm and 8.00pm. Charlotte Edwards first played for England at the age of 16. She led England on 220 occasions. England won three Ashes series (2008, 2013 and 2014) and the World Cup/World Twenty20 double in 2009 all under her captaincy.

The intent is to provide an introduction to cricket for girls and women by running some fun games and activities. Don't worry, there will not be a set of whites or cricket ball in sight! The pavilion & bar will be open, food will be available along with music and cricket-related fun games. Also, The Southern Vipers road show will be bringing their inflatable to add to the fun.

We look forward to welcoming you all along for a great evening. Further details available from Anna Croft 07872 077736

Saturday 2 and Sunday 3 June **Pottery Exhibition**





The Open Kiln presents an exhibition and sale of pottery by Francheska Pattisson at Prince's Mead School I I am to 4pm; Free entry. Francheska Pattisson

Sunday 3 June Easton Duck Race

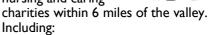
Fun for all the family! The action starts at 11.30 on the river below The Old Rectory, Church Lane, beyond the Easton Playground. All

welcome. Tickets for lunch available from Cpjdavies@hotmail.co.uk Clare Davies



June NGS Open Gardens

Several local gardens open under the National Gardens Scheme in aid of nursing and caring



7 June: Lake House Northington 10 June: Bramdean House, Alresford; Weir House, Old Alresford 20 June: Dean House, Kilmeston The NGS website (www.ngs.org.uk/ find-a-garden) gives details and allows you to search for gardens open on particular dates, with particular features e.g. wheelchair access or children very welcome and within a specific radius of your postcode. Just click on 'Filter'.

Charlotte Appleby

Saturday 9 June Performance of Benjamin Britten's War Requiem at Winchester Cathedral



In aid of the Royal British Legion and to mark the centenary year of the ending of the First World War, the combined forces of the Burford Singers and the Reigate-based English Arts Chorale will perform Benjamin Britten's War Requiem in Winchester Cathedral. The performance will honour the memory of the fallen and those who survived, scarred in body and mind. Some 150 singers, together with soloists, Linda Richardson, James Gilchrist and Quentin Hayes, the boy choristers of Bristol Cathedral and the English Arts Orchestra will be conducted by Brian Kay and Leslie Olive. Tickets are now on sale for £35, £28 and £20 (£8 for children) at www.englisharts.org.uk Rosemary Scott

Wednesday 13 June Itchen Abbas & Avington Village Hall AGM

This year's annual general meeting will take place in the Burge Room of the Hall. Please arrive from 6pm for a 6.30pm start. The business of the meeting will include Approval of the minutes from the 2017 AGM, Chair's Report, Treasurer's Report, Election of the Trustees for the coming year and AOB.

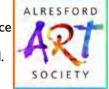
All who live in Itchen Abbas, Avington and the surrounding area are invited to attend.

Itchen Abbas & Avington Village Hall Management Committee

Friday 22 to Sunday 24 June, Alresford Art Society, Annual

Exhibition

The Annual
Exhibition takes place
at the Community
Centre in Alresford.
The Exhibition is
open 10am - 5pm



Friday & Saturday, 10am - 4pm Sunday. Admission is free.

Sue Gentry

Sunday 24 June Open Gardens in Martyr Worthy



Everyone is invited to the village of Martyr Worthy between 2 and 6pm to come and visit six gardens not normally open to the public (some well-established and others relatively new). Teas and cakes will be available in the Village Hall where the Riverbank Kindergarten will also be organising children's activities.

The gardens open will be: Martyr Worthy Manor, Martyr Worthy Place, The Walled Garden, Chilland House, Meadows, Middle Beat House.
Tickets in the form of a wristband are £6 each, children 12 and under are free. Tickets can be purchased in the car park or, if arriving on foot, at any of the gardens. Maps showing the location

and entry points of each garden will be provided with your tickets. Parking will be in Texas Field (behind the Village Hall) which will be well





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signposted off the B3047 with the entrance 100 metres east of the War Memorial. Blue badge holders will be able to park in the driveway of each garden. Proceeds of this event will be divided between The Parish of the Itchen Valley and Martyr Worthy Village Hall. Enquiries to Geoffrey Burnand 01962 779386 or Liz Platt 01962 779298

Geoffrey Burnand

Sunday I July Car Boot Sale Avington Park

Avington will be holding a car boot sale on Lake Field between 1 I am - 3pm. All proceeds will go to Itchen Valley Churches. Pitch fees £10 to be paid on the day. Further details can be obtained at Avingtonpark.co.uk/CarBootSale. Victoria Low

Friday 6 July Upper Itchen Valley Society Summer Party

The Summer party will be at 6.30pm in the walled garden of the Old Coach House, Avington. We hope that we have emailed or hand delivered invitations to all members but if by any chance you have not received one do let me know. Similarly if you are not a member but would like to join let me know at

ralphandalimatthews@gmail.com. Alison Matthews

Sunday 15 July and Sunday 19 August

Open Air Theatre in the grounds of Avington Park. The **Pantaloons**

family



friendly adaptations of these classic plays are entertaining and hilariously funny. Bring a picnic and something to sit on! Parking on site.

Sunday 15 July - The Importance of Being Earnest and Sunday 19 August -As you like it. 2.00pm and 7.00pm performances on both days. Ticket prices Adults £13.50, Under 16s £8.00 and Family of four £37.50 For tickets visit www.thepantaloons.co.uk or phone 01962 840 440

Helen at Avington Park

Sunday August 26 Easton Fete, Bank Holiday weekend

Applications are now open for Trade Stalls to join our Market Lane at the Easton Fete this year. If you wish to secure a site, please send an email to eastoneventsqwe@gmail.com.

A booking form and further information will be sent to you, spaces are limited.

As always, we are keen to hear from any volunteers and if you would like more information, please call Lyn 779818 or Donna 07432237392.

Easton Fete Project Team

26 September. Seven week Home-start Volunteers Course

Could you help a struggling family? By becoming a Home-Start volunteer you can become a listening ear and practical helper to young families who are struggling to cope with issues such as disability, bereavement, depression, multiple births or isolation. Full training is given in this new volunteers course which takes place Ipm -5.15pm at Lanterns Nursery School, Bereweeke Road, every Wednesday from 26 September excluding half term. For more information on this local charity and how you can get involved call 01962 851177 and ask for Anne or Liz or email

info@home-startwinchester.org.uk

Valley Happenings

Martyr Worthy Plant Sale

Following a long drawn-out winter, the week of the Plant Sale heralded wonderful spring weather. People's minds were clearly tuned to their gardens and queues formed before 9.30 ready for the "off" There was a bumper turnout resulting in over £7,500 being taken in two hours on the Saturday morning! This will be used to support our local churches.



It was a true community event with over forty people helping in the organisation on the day in the wonderful setting of Chilland House. This number is swelled by all those hardy souls who have been involved in "Potting Up" over the last eighteen months. Thanks should also go to those who baked and made for the Produce Stall – they were sold out before the finish. All in all, so many contributed much time and effort resulting in such an enjoyable Plant Sale.

Special thanks should, of course, go to Katherine Impey and Sophie Parry who have spent hundreds of hours in all weathers to get the plants in such first class condition. However, they would be the first to say that they couldn't have done it without so many helping in so many different ways.

And that night there was the thunderstorm

Lee Toyell

Watercress way Dawn till Dusk

The trustees of the Watercress Way celebrated their third annual event to advertise the use, ecology and heritage of the route based on two disused railway lines and ancient sheep droves. Meanwhile, as over 50 adults and children sampled the delights of a 4.45am dawn chorus walk, watercress flapjacks, an owl encounter and artefact and mouse house hunting, six intrepid members of Worthy Runners ran our first marathon on the complete 26 mile route. This helped Tom, Jo and Dan's training for their 53 mile June run: 'Race to the King' in aid of Parkinson's .



Dawn Chorus

The dawn chorus of birds marking their territorial claim is a timeless reminder of the beauty of nature. It takes practice and keen ears to identify the many birds from their respective melodies, especially with many in full song at the same time. The route from Couch Green was along the mile straight of the old railway line and the Itchen Way via the old fishing hut of Lord Grey, an avid birdwatcher in the early 20th century.

26 walkers including one six year old, led by trustees Bruce Graham and

Clive Cook, aided by Phil Jeffs and Wilf Simcox, braved the cold dull weather and helped identify a record 35 species over 2½ hours. The warble-like melody of the robin marked the beginning of the chorus, at the stroke of 5 o'clock, followed by a blackbird, the loudest of the song birds with its flute-like call. Notably absent were greenfinch, numbers of which have drastically dwindled since 2005 caused by Trichomonosis, a parasitic disease also affecting pigeons, doves and birds

of prey. Cuckoos have declined nationally by 60% in the last three decades for unknown reasons, one less threat for reed warblers who operate a musical neighbourhood watch system warning against them.

Designed especially for children were the Mouse House hunt and Barn Owl talk

Several families of children entered into the spirit of dormice house hunting at Couch Green to find a number of mini sculptures designed by local artists 'hidden' along the old track bed. They also enthusiastically entered our Name the Watercress Lamb competition and critically sampled Watercress flapjacks, designed for entering the Watercress Festival cooking competition on 20 May, where the Watercress Way had a stand between our sponsor pubs The Bell and The Horse and Groom. Kim Boog from the Barn Owl Project Hampshire gave an interesting talk on the types of owls resident locally, their habitat and threats to their livelihood.

The average barn owl in the wild lives for just two years compared to 14 years in captivity. Most excitingly she brought her barn owl for the children to see at close quarters. Wisdom was a perfect advert for the rare wildlife found along and near the Watercress Way. Kim explained the habits and challenges facing barn owls to the mainly children audience who were stunned into almost silence at being so close to such a statuesque raptor. We learnt how we can all play a part in

saving this threatened species by leaving a little bit of rough in all our gardens especially tussocks grass to encourage invertebrates and mice - and at least four mice per day are needed for an owl. Barn Owl

nest boxes have proved successful in the Itchen valley in offering protected nest and roost spaces to compensate for the loss of old buildings and trees. The Watercress Way trustees will be investigating further how to fund a few along our local disused railway lines, undoubtedly important corridors for food supplies and nesting sites

The Watercress Line and Didcot-Southampton line heritage and ecology walks

There was a real team spirit as ten people at 10am were led by exarchivist of the Watercress Line, Chris Cornell, whilst discovering new artefacts including some original track bed ripped up in in the 1970s by Chilland bridge steps. A few snippets

of information we learnt: Railway line telegraph poles were always constructed to have their top cross bar

facing London. Jane
Austen's nephew, Edward
Knight, was very influential
in setting up the railway
between Alton and
Winchester in the 1860s.
Many agricultural products
were transported by the
Mid Hants Line but the
name 'The Turnip Line'

just doesn't seem to have the same resonance as 'The Watercress Line'.....

Later in the day, trustee and ecologist Jim Thompson led the walk from Hookpit Farm Lane to Kings Worthy. 21 of us spent a pleasant hour looking at the conservation work done around Worthy Down Halt, so important for troop movements in D Day, by the Worthys Conservation Volunteers as well as Watercress Way trustees. The increased biodiversity should be also seen in the future at Itchen Abbas following recent thinning and clearance of vegetation. Many of the participants in the walks were amazed that despite living in the area for many years, they had not walked these paths nor knew their value both ecologically and historically. No one had spotted the Type 22 pill box or artefacts like 'chairs' for the old tracks before. The Watercress Way trustees are continuing their work in improving knowledge of the route and in increasing public access to the two disused railways with our 2018 focus on opening a section at Sutton Scotney. Our events so far have been free, and we are grateful for the over £100 in donations collected during the day. We are totally dependent on grants and donations so if you would

like to support our trail please use the mydonate button on our webpage. If you would like to receive our

newsletters please sign up as a Friend of the Line.

www.thewatercressway.org.uk or follow us on Facebook and twitter

NB: recent data protection changes mean even existing 'friends' need to confirm this to continue to receive newsletters.

Kim Adams Trustee of Watercress Way

Easton WI

An AGM of the Women's Institute gives an amazing insight into the many

and varied activities that go on throughout the year in a small community. In addition to jam



making, baking and sewing, there are lectures on many varied subjects. There are also garden visits, book groups, lunch clubs and much more besides.

This year the Easton AGM was enhanced by the visit of the County Chairman Maureen Levenson and members from Bishop Sutton and Roedowns, two nearby groups. Maureen Levenson gave an informative talk about her position as County Chairman and what it has meant to her. She wears a very impressive badge with pride that features the Hampshire Red Rose, which was a gift from Lancashire. She explained that William Blake's poem "Jerusalem", after being set to music, was taken up by the suffragettes and subsequently became the anthem of the WI. Latterly it has fallen out of favour in local meetings but is still spine tinglingly moving when

sung en-masse by WI members in the Albert Hall.

This year from 9 - 30 June there will be an exhibition in the Discovery Centre in Winchester telling the fascinating history of 100 years of the Women's Institute entitled "Then, Now and the Future"

Following the business part of the evening, everyone entered the party mode celebrating 96 years of Easton WI with fizz and mouth watering food. There was also an educative quiz which featured more hilarity than correct answers.

The next meeting is on 14 June at 7.15pm in Easton Village Hall at which new members will be welcome. The speaker will be David Swinstead and his subject "Law and Life"

Sallie Peake

New City Councillor for Alresford and the Itchen Valley

Margot Power won the election in early May by 97 votes. She can be contacted on 01962 734167 or at mpower@winchester.gov.uk Editor

News from Worthy Park Tennis Club

Well ...what a start to the season!
The sun broke briefly through the clouds and the atmosphere was warm and friendly on 29 April at WPTC as the draw was made for seven pairs of Wimbledon tickets. Diaries to the fore, decisions were made and we hope the 14 people off to Wimbledon have some fabulous tennis to watch.
Despite the very cold wind chilling everyone to the core, the delicious barbecue helped keep the spirits up along with a few glasses of prosecco!
Ten players opted to use the courts to



keep warm with a ladies doubles, a men's singles and a couple of mixed games played as ever in our amicable yet competitive spirit.

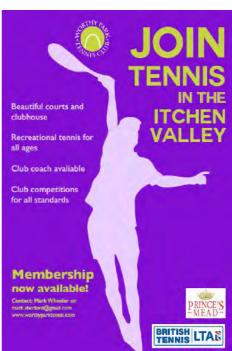
On the afternoon of the 12 May, we opened the courts for an Open Afternoon of Free Tennis for All under the Lawn Tennis Association umbrella of the Great British Tennis Weekend. Our first guests were originally from the Ukraine; a little girl of almost five years old with her mother and grandmother. They all left with huge smiles on their faces having played some tennis despite never having held a racquet before! Then, as the weather deteriorated first to a fine drizzle and then to steady rain, others passed through playing a little tennis and drinking tea but all having a good time. We hope that all our visitors who came along, despite the weather that day, will join us and learn more about playing tennis. It would also increase our teen and young adult numbers which would add a new dimension to the Club.

If you were unable to attend but would still like to visit the Club to see what we have to offer, then please visit our website (search for Worthy Park Tennis Club).

Jenny Sloan, Chairman



www.avingtonpark.co.uk







Michael King



Michael King of Otterbourne, previously of Itchen Abbas and St Cross, Winchester. Widower of Christine (née Edmonds), he passed away after a short illness on 10

May aged 89. Dearly loved father of Richard, Andrew, Nicholas and the late Fenella. Grandfather to Laura, Mark, Gareth, Hannah, Erin and Elliott.

There will be a Service of Thanksgiving at St Cross Church, Winchester at 3pm on Wednesday, 6 June.

Family flowers only please but donations to the Hospital of St Cross and Prostate Cancer UK through Richard Steel & Partners, Winchester, Tel. 01962 862333

Nicholas King

Obituary Elizabeth, Countess Temple of Stowe



On Monday 23 April, people gathered in St Mary's Easton to give thanks for the life of Elizabeth, Countess Temple of Stowe, a long time resident of Easton. She was born on 17 November 1928 and grew up at the family home of Skaill House, on the west coast of Orkney, close to the virtually intact Neolithic village of Skara Brae. It is an extraordinary place to visit – as a childhood home it must have been amazing. Elizabeth was the oldest of three children. Her sister died in infancy and her brother Walter, who was 5 years her junior was tragically killed in an accident with a horse when he was only 14. A tourist visiting the house now might think he had been the only child, so evident are the remembrances of him. She came to live in Easton in 1967, although she and Grenville bought a house in Orkney and spent summers there.

Elizabeth was very interested in people, and the stories that they had to tell about themselves, their families and their own interests. She will be particularly remembered by many of the children who have been trick or treating in Easton; she and her carers would lay in a good supply of sweets and welcome the visitors in. Charlotte Appleby

From Our City Councillor

The local election on 3 May brought us a new and interesting political reality, with 23 Conservatives versus 22 Liberal Democrats. On the face of it, such a result gives any single Conservative considerable sway, but nothing in politics is obvious and much effort will be put into stymying the opportunity that any one of us (Conservatives) might sense. I very much hope that this delicate balance could make for a productive tension and a greater need to reach

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consensus but, unfortunately, the early signs are that this is a forlorn hope. Although the Lib Dems have been strangely reluctant to push for ultimate control of the Council, they will



come under increasing internal pressure to change their approach, besides which we are all bound to be overtaken by events.

Personally, in the next year before I stand for re-election in May 2019, in addition to constituency work, I will stay focused on the major projects including Silver Hill – of course – and the new Sports Centre at Bar End. Station Approach, too, will get my attention when it emerges from the wraps. In the case of Silver Hill, the Council has spent over a year and a couple of hundred thousand pounds on the production of a new Supplementary Planning Document. Unfortunately it has become so watered down and flexible – it was praised for its flexibility - it doesn't presently feel that the exercise has been that much use. The Bar End sports centre is a particularly urgent issue, as it is sprinting towards the submission of a planning application. Shame there's nothing much for sprinters inside. In my view, the reduction in the size of the main sports hall is a major mistake which will disappoint many sports such as basketball and netball - did no-one in the Guildhall watch the Commonwealth netball final? Lastly, for now, is the Sun Lane development which will be decided by the Planning Committee on 21 June. If ever there was an utter and perfectly predictable town planning disaster, this

is it. Putting a new roundabout on the Alresford bypass is akin to pulling a finger out of a dyke. Traffic flows like water and it will leak into weakened structures, with absolute inevitability. Completely stupid, in my humble view. Again, it is as much the process by which decisions are arrived at, as the decisions themselves, that is of concern.

Kim A Gottlieb 07795 494919 Winchester City Councillor for Alresford & Itchen Valley

The Itchen Valley News and double glazing

Many of you will be aware that new rules come into force this year concerning the use of personal data by organisations. The Itchen Valley News is not immune to these regulations and the team has been considering how to abide by the rules. I hope to issue a statement about this in the next edition of the magazine – but in the meantime, if you do get a phone call or email about double glazing, insurance or computers, please be assured that your number or address will not have come from us.

Vernon Tottle Chief Editor, Itchen Valley News

For the Love ofGardens

With gardens in the Valley blooming, this month we shine the spotlight on Mark Porter from Itchen Abbas who is regional Chairman for the National Garden



Scheme amongst many other things.

When did you develop your passion for gardens?

When Jackie and I bought our first house way back in 1977, a little semi in Bedford with a tiny garden, we were lucky to have some land next to it that was owned by a local brewery and which housed a large Victorian pump house. We asked the brewery if we could knock a gate through the boundary fence and use the land as an allotment and they agreed. We became self-sufficient in vegetables at the age of 23. I guess I've never looked back since!

What is your favourite part of a garden?

That really depends on the time of year - in the winter and early spring it has to be the snowdrops and crocus in the woodland plus the dogwood and willow borders. In spring it's the tulips, alliums and bright yellow-green of new growth in all the big hedges. In the summer, the sunken pond garden surrounded by roses scrambling along the high ropes. In

the autumn then of course it must be the vineyard with those lovely bunches of grapes about to be harvested in the vendange in mid-October. I think this year round enjoyment really is the greatest joy of the garden.

How time consuming is your passion?

Probably 100%, well when not looking after our grandson that is ! As well as the time spent in our own garden, I'm a Council Member of the RHS, the South East England Regional Chairman for the National Garden Scheme and Chairman of the Valley Gardeners garden club, so there really isn't much time for anything else!

Greatest gardening achievement?

Turning three acres of completely blank field into a garden for all seasons that both we and hundreds of visitors have enjoyed and which has helped raise £000s for charity.

Gardening moment you'd rather forget?





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Planting a eucalyptus in one of the ornamental flower borders. They grow to an enormous size so quickly! What in your eyes makes a great garden?

A sense of journey and a sense of rhythm. As you enter a great garden you can feel it draw you in, urging you to explore its hidden treasures. As you go on your journey round the garden, you come across hidden areas that were not immediately visible at first sight. You see planting combinations that work colour- and shape-wise and which are repeated as you explore. Hopefully you will see good use of structure to frame the garden around which the planting then happens. You will notice great attention to detail and see really good maintenance. Above all you will sense a love of the garden by the owner; it will shine out at you. Every year you open your garden to the public as part of the **National Garden Scheme. How**

nerve wracking is that?
Preparing for our NGS Open Days is pretty onerous as obviously we want the garden to look at its best for our visitors. The main element of

uncertainty though is the weather - if

it's sunny we can expect to get over 300 visitors and the team doing the teas have to hope they've brought enough cake! We're also always on the lookout for help on the day so if anyone reading this would like to offer please contact me!

What is the one piece of advice you would give to anyone starting out on creating or improving their garden?



Make sure you know what is most important to you in the garden - is it creating space for flowers, for children, for relaxing, for entertaining, for enjoying all year round? And, as importantly, work out how much time you can devote to it - that will determine the level of your ambition. Mark Porter

Tiddler Joke of the month

Q: What is the best song to sing when you are fishing? A: Something catchy!

James Gorman Age 73/4





For details visit: avingtonpark.co.uk In aid of Itchen Valley Churches

Itchen Valley Churches

3rd June

8am BCP Holy Communion 10am All Age Worship St Swithun's, Martyr Worthy St Mary's, Easton

10th June

10am Parish Communion 6pm Evensong St John's, Itchen Abbas St Swithun's, Martyr Worthy

17th June

8am BCP Holy Communion 10am Valley Worship St Mary's, Avington St Mary's, Easton

24th June

10am Parish Communion 6pm Patronal Evensong St Swithun's, Martyr Worthy St John's, Itchen Abbas

Rector

Revd Alex Pease rector@itchenvalleychurches.org 01962 779845

Days: Sun, Mon, Tues & Weds.

LLM

Mr Gerry Stacey gstacey@easynet.co.uk 07554 438973

Parish Administrator

Beccy Clark admin@itchenvalleychurches.org 01962 779845 Mon-Fri, 9am - 1pm (term time)

www.itchenvalleychurches.org

Church Notice of the Month

All our churches celebrate their patron saints. This year, St Johns Itchen Abbas patronal day is on a Sunday – June 24th at 6pm. It is also an occasion for us to thank the many people who help with different activities. After our service drinks and nibbles will be served.

Churchwardens

Robin Greenwood 779540 Andrew Impey 779645 Theo Mezger 07775 908014 Vanessa Rosewell 841182 Tony Gaster 779110 Nick Owen 779162



Sunday 8th July 2018 Schedule and Entry Form



Free to enter for all (until Wednesday 4th July, then late entry fee applies)

All entry forms (on the reverse of this form) and fees must be sent to either Sara Mason 14 Bridgetts Lane Martyr Worthy SO21 1AR 01962 779169, Gail Kennedy No 4, The Row, Avington or Sue Germon, 7 Little Hayes Lane, Itchen Abbas. Email entries to splmason@hotmail.co.uk

LATE ENTRIES will only be accepted up to 9am on SATURDAY 7^{IF} JULY Late entries £1.00 per item (both adult and children's classes) to be delivered to Gail Kennedy

All entries to be staged by 9.45am on the day of the show Hall open from 8.00am - 9.45am on Sunday 8th July

Cake Recipe for Decorated Victoria Sandwich
- Category 44

Cake

8oz/225 g butter or margarine 8oz/225 g caster sugar 8oz/225 g self-raising flour Quarter of a teaspoon of baking powder 4 eggs

Butter icing

3oz/85g butter (salted or low/no salt) 6oz/170g icing sugar sifted Generous amount of your favourite jam

Decoration

Floral theme of your choice—have fun!

Method

Cream fat and sugar together until pale and creamy and then beat in eggs. Fold in sieved flour and baking powder and add a couple of tablespoons of water to make a softer consistency. Divide into 2 x 8-inch (20cm) sponge tins and bake at 160 degrees (fan oven) in oven until springy to the touch (about 25 minutes). When cool, fill your cake and decorate.

	SECTION A FRUIT & VEGETABLES		SECTION B FLOWERS
7	FIVE Broad Beans	25	Vase of Flowering Shrubs - THREE stems of ONE kind
8	SEVEN French Beans	100	(excluding Hydrangeas)
9	FIVE Runner Beans	26	Vase of Mixed Herbaceous
10	FIVE Carrots	175	Perennials
11	FIVE Mangetout	27	Vase of Mixed or one variety of Annuals - at least THREE kinds
12	TWO Lettuces with washed roots		(excluding classes 35,36 and 37)
13	TWO Cucumbers	28	ONE Flowering Pot Plant - max 7" pot (18 cm)
14	FIVE Pea pods	29	ONE Foliage Plant, cactus or succulent - max 7" pot (18 cm)
15	THREE Onions		
16	THREE Globe Beetroot	30	ONE Fuchsia Plant - in a pot
17	THREE Potatoes	31	Vase of THREE Dahlias stems
18	THREE Garlic Bulbs	32	Vase of FIVE Annual Sweet Peas - SINGLE COLOUR
19	THREE Courgettes (max. length 6" or 15 cm)	33	Vase of FIVE Annual Sweet Peas - MIXED COLOURS
20	FIVE Tomatoes (same variety)	34	Vase of FIVE Pansies
21	Mixed bunch of Culinary Herbs - maximum of FIVE varieties	35	BEST ROSE of the Show with the name of variety (if possible) and one leaf attached
22	ELEVEN Raspherries with stems	Gazz	
	sterits	36	Vase of Floribunda or Patio Roses - THREE stems
23	Collection of soft fruit - any THREE kinds on a plate (Fruits	20	14 - 14 - 15 - 15 - 15 - 15 - 15 - 15 -
	must have stems attached)	37	Vase of Hydrangeas - THREE stems
24	Funniest vegetable	38	Vase of THREE stems of flowering bulbous plants (except Dahlias)
		39	ONE summer planted container or hanging basket

SECTION C - FLOWER ARRANGING

- 40 A Miniature Arrangement of flowers – in a glass maximum size 4" (10 cm) overall visual effect
- 41 An Arrangement of flowers in a jug, for all round visual effect, any size.
- 42 An arrangement of foliage and natural materials, for all round visual effect, any size.

SECTION D - COOKERY

- 43 Six eggs hen, bantam or water fowl but not mixed. These will be judged both externally and internally
- 44 Decorated Victoria Sponge (see set recipe)
- 45 Four millionaire's shortbreads
- 46 Savoury filo pastry tart
- 47 One sourdough loaf
- 48 Four cheese and watercress scones
- 49 Four ginger biscuits
- 50 Six marshmallows

SECTION E - PRESERVES with date

- 51 Jar of marmalade
- 52 Jar of honey
- 53 Jar of fruit jam or jelly
- 54 1 bottle of homemade cordial or wine
- 55 Jar of chutney

SECTION F - CRAFT Please specify if craft work has been created from a kit.

- 56 Any small piece of craft (e.g. woodwork, embroidery and tapestry).
- 57 A Colour Photograph of a church window, no larger than 7 x 5 inches (19 x 13 cm)
- 58 A Colour Photograph of a dramatic landscape, no larger than 7 x 5 inches (19 x 13 cm)
- 59 A Black and White Photograph of circles, no larger than 7 x 5 inches (19 x 13 cm)

THE CHILDREN'S SECTION - G

Prize Money

First £1.00 Second 70p Third 50p

Class 1 Butterfly cakes (four)

1a 4-7 yrs 1b 8-11 yrs

1c 12 - 15 yrs

Class 2 Make a model of something you have been learning about MAX. 50cm ht.

2a 4-7 yrs 2b 8-11 yrs

2c 12 - 15 yrs

Class 3 Miniature garden in a jar

3a 4-7 yrs 3b 8-11 yrs

3c 12 - 15 yrs

Class 4 Flower arrangement in a shoe

4a 4-7 vrs 4b 8-11 vrs

4c 12 - 15 vrs

Class 5 A photograph of a bug

5a 4 - 7 vrs 5b 8 - 11 vrs

5c 12 - 15 vrs

Class 6 Decorated piece of handwriting – a joke of your choice.

6a 4-7 yrs 6b 8-11 yrs

6c 12-15 yrs

Jackie's County Corner

The weather has warmed up at last! But it was chilly for our third Dawn to Dusk Day on The Watercress Way. You can see more about the purpose and progress of the charity on www.thewatercressway.org.uk. You can also sign up to become a Friend of the Line to receive around four emails a year on progress. We welcome donations online too!

This year's elections brought new councillors to the team, and reelected others. I am pleased to say that Margot Power will hold a Councillor's surgery in Alresford on the first Friday of each month. (I hold surgeries in Kings Worthy and

Alresford and can visit you if those aren't convenient)

The County Council owns many countryside areas and has been refurbishing some of the facilities. Apparently visitor numbers are all about the View, the Brew and the Loo! Lepe is a particular favourite of ours and the new facilities (due to be open for the school holidays) are a great improvement. You can see more on www.hants.gov.uk/thingstodo I receive many requests from residents to reduce speeds outside their homes and on school routes. I am often asked for a 20mph limit for villages and I hope the results of the year-long pilot will be published soon, so we can move forward on this.

But even if the limits are in place, do drivers observe them?

Light-up signs warn us- but records show many drivers exceeding the limit. The Micheldever 20mph pilot (to make it safer to walk in a village without footways) is observed by only some. Itchen Stoke's active Speedwatch programme has resulted in nearly 500 drivers receiving warnings in the last few months alone.

The Police cannot be expected to sit awaiting speeding cars, so is this a matter where we all must take responsibility? I would welcome your

views on this issue. The County Council has just changed its policy on provision of transport to school for primary school children. The current school transport policy stands for 2018. However, if your child is due to start school in September

school in Septembe 2019, this will affect you. If your child needs to use the school bus, the County Council will not be obliged to provide transport until the term after your child is 5: which is difficult for rural residents and a particular problem for 'summer babies'. Please contact me if this concerns you and your family.

For those of you who use the Cart and Horses junction, you will be pleased to hear that the proposed 40mph speed limit has been advertised for implementation. Some progress at last! Cllr. Jackie Porter, 01962 791054, email jackie@jackieporter.co.uk, text 07973 696 085, Twitter @JackieLibDem. www.jackieporter.co.uk





Come and enjoy a collection of glorious gardens in Martyr Worthy

On Sunday 24th June 2018 from 2-6 pm

Tickets £6 Wristbands available at the car park or at any of the gardens (Children 12 and under free)

Teas and home baking at the Village Hall

Children's activities with Riverbank Kindergarten

Parking in Texas Field off the B3047 in Martyr Worthy (Parking in garden driveways and nearby is available for Blue Badge holders)

Proceeds in aid of The Parish of the Itchen Valley and Martyr Worthy Village Hall

From Our MP



Many readers of the Itchen Valley News will share my passion for cycling and my frustration that Winchester – and

surrounding area - is not yet the safe cycling space it could be.

As someone who cycles whenever I get the chance, and as a Dad of two, it was therefore easy to put my support behind Cycle Winchester which had its launch last month with a 'cycle train' around the city centre and a rally in Abbey Gardens where I spoke. Cycle Winchester is an initiative by the Winchester Cycle Working Group, backed by Winchester Action on Climate Change (WinACC), Friends of the Earth Winchester, the City of Winchester Trust and Winchester CTC.

The group aims to promote cycling as a convenient, healthy and inexpensive way to get around Winchester, which reduces congestion, pollution and makes Winchester a better place to live, work and visit. What's not to like? Cycle Winchester is a really positive idea and, like all great ideas, it's amazing it didn't exist before. As a keen cyclist, and as England's Public Health Minister, I am full square behind anything which aids the active lives and prevention agenda, especially around tackling obesity. Equally, so many of us want to see cleaner air in Winchester and across the country – so our ambition for a massive increase in the number of journeys made by bike is extremely welcome. Our recently published Cycling and Walking Strategy makes good reading so do search for that online and look out for our

landmark Clean Air Strategy to be published for consultation shortly. I have offered Cycle Winchester my full support and look forward to working with them as we seek a transformation of the local environment towards a safer cycle friendly city. The current Winchester Movement Study is I think a real opportunity for us to grasp this nettle and it's great we have cross-



party support to face this.

You can see more – and watch a short video – at www.stevebrine.com/ cyclewinchester

Finally, I have been greatly moved by the response to our announcement last month of new work to safeguard children with alcohol-dependent parents after measures, including £6 million in funding, were revealed which will help identify at-risk children more quickly, and provide them with rapid access to support and advice. If you're interested in this, see www.stevebrine.com/CoA

You can catch-up on much more of my work, locally in Winchester which includes a very special visit from the Premier League trophy, and in Westminster at www.stevebrine.com and you can follow at www.facebook.com/SteveBrineMP Steve Brine, MP for Winchester & Itchen Valley



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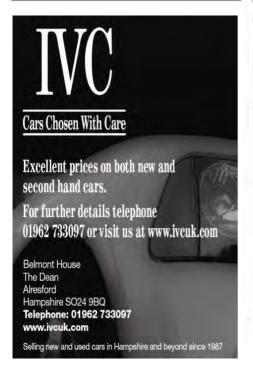
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Itchen Valley Flower Show 2018 Entry Form FREE TO ENTER FOR ALL

Please circle the class you wish to enter

Section	A-F	ruit	and	Veg	etables
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OCCIOII A	n - 1 1 uit a	nu veget	abics						
7	8	9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24		

Section B - Flowers

25	26	27	28	29	30	31	32	33	34
35	36	37	38	39					

Section C - Flower Arranging

		· / - · · · · · · · · · · · · · · · · ·
40	41	42

Section D - Cookery

0001.011		y					
43	44	45	46	47	48	49	50

Section E - Preserves

00011011				
51	52	53	54	55

Section F - Craft

0001.0.1	O. a.t		
56	57	58	59

Name

Address

Tel no

Section G - Children's classes - no charge

4-7	1a	2a	3a	4a	5a	6a
8-11	1b	2b	3b	4b	5b	6b
12-15	1c	2c	3c	4c	5c	6c

Child 1 Name Age

Child 2 Name Age

Child 3 Name Age

See page 21 for details of where and when to send your entry form.

What makes the Itchen Valley News go round?



As Liza Minelli famously sang in "Cabaret", Money makes the world go round. Most of the Itchen Valley News money derives from advertising. Without that revenue it would never get anywhere near a printing press and that is why I urge readers to use the magazine's advertisers as a source of ideas.

However, the balance of the publication's costs is made up by you, its readers. It is only through your donations that we can pay its bills in full and produce a magazine for you every month. We are all volunteers and nobody gets paid for the work we do, compiling the pages and delivering them through your letterbox.

We only ask you to contribute once a year but your assistance is very much appreciated. You will find an envelope in this month's magazine. You can put cash or a cheque payable to "Itchen Valley News" in the envelope, stick a stamp on and post it. To save the cost of a stamp you can equally well return it to your local magazine distributor. Those with internet banking can pay direct to the Itchen Valley News bank account, sort code 40 46 39, account number 61856251, using your address as the reference.

Thank you in advance for your donation. At the risk of using a rather worn cliché, every little helps. Vernon Tottle

From the Parish Council



Thank you to all who came to our Annual Parish Meeting. The talk on the river given by Roger Harrison was extremely interesting and

thought provoking. It is our intention to repeat the new format for next year's APM although it may be hard to find such a good speaker. One thing many of us could do to help improve the condition of the river is to give up using dishwasher tablets or powder. Septic tanks put water back into the ground which eventually reaches our rivers. That water can contain chemicals such as phosphates which are harmful. We gave up using dishwasher tablets some years ago and found that our dishes wash perfectly well, unless exceptionally dirty. Try it you will be surprised and every little helps.

We have also held our AGM which is mainly an administrative affair. One outcome is the allocation of councillors to the various portfolios, committees and other duties. These are posted on our website which may, by June, be a new one. At present various procedures have to be gone through to close the old one down before putting the new one online.

Following the latest meeting on Boomtown we have been informed that their new planning permission has been granted and is in line with the new licence granted earlier in the year.

Authentic Pilates	Mon	9 am, 6	5:30 pm l	Fri 9am	Judy	07774 899909
Ems Bray Pilates	Tue	8:45	Thu 9an	า	Emily	07876 033893
Sally Stanyard School of Dance	Tue Thu Sat	6.45 pn	n - 7.45 n and Fri 2.30 pm	i 4 pm	Sally	01962 776562
Moo Music	Wed	9.15 ar	d 10.15a	am	Denise	01962 779182
Brew with a View	Wed	3 - 5 pi	m		Ina	01962 779465
Dionne Yoga	Tue Fri	8.15 pt	m; .nd 11.45	5 am	Dionne	07961 888676
Mahjong / U3A	Tue	2 - 5 pr	n		Anne	01420 563393
Martyr Worthy V	illage Ha	ıll				
Lucinda Ffennell 779	701 or si	mon@f	fennell.p	lus.com		
Vindougouton	Mon and	Wed	8.30an	n to 3pm	Maria	07900 437685
Whist Drive	Thur	ır & Fri	7pm	to Ipm		
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Holden Farm Cheriton SO24 ONX

The meeting was informed of the plans covering such items as traffic management and entry procedures. It is now a case of wait and see how well it all works.

While on the subject of events, we have only recently been informed that the Motocross MXGP event will be taking place on Saturday 2 and Sunday 3 June. 12,000 attendees are anticipated including participants, support crews and spectators. There will be closures of gaps on the A31 and speed restrictions. For further details their website is

www.britmxgrandprix.com. It would have been good to have given an earlier warning but unfortunately there was a communication failure on their part, for which we have received an apology. Another lack of communication has been the recent road works at Easton. Having discovered at very short notice that they were going to take place, enquiries were made of Hampshire Highways. They did not know anything about it, but would try to find out and let us know - we are still waiting for an answer. Asking the workmen has been equally unsuccessful, despite making four visits on one single day! As many of you know, barriers and diversion notices are up but nobody ever seems to be there. Life can be frustrating at times but all one can do is battle (or should it be plod) on.

Patrick Appleby, Chairman Parish Council

Revision of the pattern of Services in Itchen Valley Parish

It's been really difficult. Some of us have had to give up some things which we love and which we have enjoyed for decades. But, as I suggested in my 'From the Rectory' article last month, we have had to make some changes in the services in Itchen Valley now that we have a part time, rather than a full time priest. The Parochial Church Council decided on Monday 14 May a revised pattern of services for Itchen Valley Parish.

We have had a number of constraints in putting together the revised pattern of services. Firstly, it was agreed at the time that we prepared the Parish Profile (the basis upon which your new Rector has been appointed) that there would now be only two services per Sunday rather than three in the Parish. Secondly, there is a canon law requirement that there is a communion service held in each Parish every Sunday.

Thirdly, we have focused our more modern worship in Easton. This is because a lot of church going families with young children live there. Also settling on one church for this type of worship means that we can manage (and possibly invest in) the sound system so that the Band can perform at its best. Fourthly, our Valley Worship service needs to be at Easton so that we can have our Village Football on the recreation field afterwards. I recognise that some in Easton would prefer that we retained a traditional service there. so we have kept the Parish Communion at Easton on the fifth Sunday.

The reduction to two services per



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week means that there will either be a BCP Holy Communion service at 8am each Sunday or a 6pm Evensong service in the Parish, but not both as before. Our 10am service will either be a modern service with the Band (All Age Worship on the first Sunday of the month and Valley Worship on the third Sunday of the month) or a Parish Communion.

So the pattern of services now looks like this:

Ist Sunday – BCP Martyr Worthy, All Age Service Easton

2nd Sunday – Parish Communion Itchen Abbas, Evensong Martyr Worthy 3rd Sunday – BCP Itchen Abbas, Valley Worship Easton

4th Sunday – Parish Communion Martyr Worthy, Evensong Avington

5th Sunday – BCP Avington, Parish Communion Easton

We will have a different arrangement for our annual Patronal Services in each village and we will be reviewing the whole programme in 12 months time. Alex Pease, Rector

Itchen Insight

This month's subject is the multi-tasking Kim Adams



Age: 62
Occupation: Multiple: retired sixth form teacher but still writing A-Level exams and textbooks. I'm a handson granny and trustee

Name: Kim Adams

for two charities

Your life in 150 characters Bristol childhood, Southampton University Geographer, Proud Mum, Teacher of 1000s, Senior Examiner and author for tens of 1000s, Equines and K9

Devotee, Trusty Trustee of the Field Studies Council and Watercress Way and Secretary for the Winchester Over 50s Sport and Fitness club **Champagne Moment:** Birth of twin grandsons

Surprising Snippet: My career plan was to enter Thomas Cook, applying my passion for geography. I became a teacher by default, needing a year's grant post degree. 39 happy teaching years later, including 25 years at Peter Symonds College, only Antarctica has eluded me. It was a pleasure to share many of these trips with awestruck 18 year olds!

Passion: Being a 'landscape detective', either on horseback or with my spaniel

Favourite place in Hampshire: Lepe, or anywhere with crashing waves!

Best thing about the Valley: Our lovely River for All Seasons

Worst thing about the Valley: not enough dog waste bins and too many people not seeking them!

Favourite Book: so many.... Lord of the Rings

Favourite quote: AA Milne How do you spell love? You don't spell it, you feel it!

Kim Adams

From the Rectory



I have just been reflecting on a week exposing the differences in personalities and the way they achieve things. On the one hand I

have been impressed by the number and variety of those praising Tessa



Jowell.
Politicians of all colours, people of all faiths and none have described how she made them all feel important.
She always saw the value in

people and their achievements were important to her. To her people mattered. She was an exponent of what is known in diplomacy and negotiation as the win win technique. On the other hand is what the Americans call zero sum negotiation. The zero-sum is a situation in game theory in which one person's gain is equal to another's loss, so the net change in wealth or benefit is nil. zero sum negotiation is where it is not necessary just to win but your opponent must also lose.

This week, in contrast to Tessa Jowell, we have a perfect example of zero sum diplomacy in the establishment of the US embassy in Jerusalem. No win win negotiation here.

The inevitable outcome of this is there is no net benefit to the world at large, just to the winner.

Of course at the end of the day it's not about game theory, negotiation, diplomacy or any other name you wish to put on it. It is just about relationships. Good results rarely come from a situation where all parties fail to understand, appreciate and consider the positon, viewpoint and needs of the others.

I have been thinking much this week about what Paul said in his letter to the

Philippians. "Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was in Christ Jesus." That sounds so simple, 'look to the interests of others' but what is it that so often stops us doing so. What are the barriers to seeing others as we see ourselves? For many it is selfimportance and self-interest., the feeling that one is always right so whatever one does must be right. For some it is both arrogance and fear, which leads to the zero sum attitude we discussed where it is only when you see others lose that you feel you have really won.

When someone who lacks empathy and craves power, prestige and admiration, that lack of empathy prevents them getting any satisfaction from the success of others.

It is that empathy, so evident in Tessa Jowell, that enables us to 'look to the interest of others' as St Paul said. It is that ability to have the humility to put others first which enables us to open our hearts to knowing Jesus. It helps us live in harmony with others. It is the opposite of aggressiveness, arrogance, boasting and pride. Humility is a willingness to accept advice and to admit wrong. The humble person is teachable.

Humility is not self-diminishing; it is accepting one's gifts and using them to serve others.

The spirit of humility is one that recognizes God's blessings now.

Let me challenge you to put this into practice starting now. How would it be if you started with the easy bits? Right now set yourself to value your spouse above yourself. Put your partner's interests ahead of your own. Now start to value your children and



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their interests above your own. What would it look like if you valued your friends, maybe the people in your church, above yourself?

Of course in the long run we want to work up to treating everyone like this but even if we start with the easy ones, how soon might this become a complete game changer, how soon might we see a real improvement in our lives and our relationship with a Jesus who valued us enough above himself to give his life for us. Go on, give it a try. Gerry Stacey

Our Wild Valley - Everyone's Breakfast

We have a certain black cat who in the summer months and on into winter brings in a vole of some sort to play with daily. I rescue a lot. I think they are field voles, they have a short tail, round face and grey brown. However one may also receive a similar looking thing, which has a reddish brown coat and is a bank vole.



It is not easy when they move fast, but when I get a good catch, and not bitten, it is wonderful to get a closer look. Their ears are well tucked in, the whiskers fine and soft, beady eyes and they are cute! They are also breakfast, lunch and dinner for most things such as owls, weasel or fox. I have been finding a few signs of them on the river bank. They eat young shoots of grasses, rushes or other nice lush green plants, plus small insects and worms. Breeding would start in a good warm April, I think they might be a bit late this year, and they may have up to seven litters. Many will not make it past 4 months old, the winter must be a challenge, and what a way to live with everything trying to eat you! Bank voles are active during the day and night time, and forage over distances up to 50m (PTES.org). They make their nests in burrows that are fairly near the surface and fill them up with soft moss or feathers. Climbing they can pick the fruit and new shoots of bushes too. I imagine the bank vole populations go boom and bust over the years, some years offering more food for them and their babies, impacting directly onto the success of the survival of their predators. We need all these small things, and the smaller stuff too. Enjoy the start of summer! Sophie Rogers

Supermarket Recipe of the Month

Most of my own recipe books feature ingredients from the 1980s. Trips to Spain were becoming popular then but the shops back in England hadn't yet cottoned on to the



retail opportunities to satisfy holidaymakers trying to recreate those sunny days. So you couldn't buy that oh -so-common refreshing drink of Sangria once back at home for love nor money. The demand has only been addressed in the last three or so years.

Some years ago, consulting the web, I found a recipe from Felicity Cloake, writing in The Guardian, for "How to make the Perfect Sangria". Whereas the cartons on the supermarket shelves are a still version of sangria, these instructions yield a sparkling variety. I have adapted her basic recipe but still follow her basic tenets of needing

- Wine
- Spirit to add punch and sweetness
- Mixer to dilute it to a refreshing drink I take cheapest supermarket Spanish red and Spanish rosé (150 ml of each) and add a splash of Pimms (cheaper own brand equivalents work just as well). One can of San Pellegrino aranciata dilutes and sparkles all in one go. A dash of orange juice (freshly squeezed or from a carton) adds a fruity touch but isn't vital. If you keep all the ingredients in the fridge then you have almost instant Spanish sunshine on tap.

Local monthly information

Waste collections in June

Black bins and green bags on Friday 8 and 22 June. Green bins on Saturday 2 and Friday 15 and 29 June.

Cameo

On Tuesday 19 June.

Farmers. Market in Winchester
Sunday 24 June (no mid month market)
Parish Council Full Meeting
Thursday 7 June MW

67 Bus operated by Stagecoach.

School term timetable operates from Monday 4 June.

Weekdays to Winchester:

07:53 09:23 11:23 13:23 16:23 17:23

Weekdays to Alresford:

09:19 11:19 13:19 15:19 17:11 18:09

School holiday timetable operates

on Friday I June.

Weekdays to Winchester:

07:53 09:23 11:23 13:23 15:23 17:23

Weekdays to Alresford:

09:19 11:19 13:19 15:19 17:09 18:09

Saturday service (same for the whole month)

Towards Winchester:

08:23 11:23 14:23 17:23

Towards Alresford:

09:19 12:19 15:19 18:09

No Sunday or bank holiday service All times shown are at Itchen Abbas. Times are 5 minutes later (or earlier) at Easton.



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