

Valley^{ITCHEN} News

Issue 112 May 2023

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WELCOME to the Valley News

Coronation! The Jubilee celebrations don't seem to have dampened the enthusiasm of the organisers of Coronation parties, some big (see What's On) and some focussed on that wonderful Covid legacy the local WhatsApp groups (see page 38 if WhatsApp is not on your smart phone yet!). Our cover photo shows local resident Julian Ellis Brown meeting the King. Regular readers will be familiar with Julian's start up Saltyco: more on the story on page 39 together with another picture.

The Valley events are gradually gaining momentum after the full stop of Covid, but many of the fund raising events have not yet reappeared – and, let's be honest, sociability is just as much the point as the fund raising! The Lent lunches were a happy exception, not only a chance for everyone to catch up with each other and to meet new neighbours but also raising £1,781.25. I can also share that the Martyr Worthy lectures for 2023/24 will be announced soon; not just a lecture but a party too.

So many of these events use our Village Halls, and the history of the halls in Martyr Worthy (last month) and Easton (this month) demonstrate how much we owe to the philanthropists of the past: watch out for the story of Itchen Abbas and Avington Hall next month. GoLD is a small charity supporting adults with learning disabilities to navigate living in the community, and their Plant and Craft Fair on 10 May is a big fundraiser. Do give them your support and enhance your gardens at the same time – there is plenty of advice on how to make the most of your purchases on offer from the Valley Gardeners and the Practical

Gardener in this edition.

The Itchen Valley News can't exist without you. We need your articles about what you are doing, what is important to you and how you see local life from where you are. Don't forget to send us photos of your Coronation weekend, and if you are lucky enough to have been invited we would like to hear all about it! And yes, we need your financial support too. Please put a big note in the envelope or donate on line - more from our new Treasurer on page 39. Next month's editors are Jen Gaster and Catherine Hahn. *Verity Coleman*



Itchen Valley News

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What's On

Coronation parties:

7 May

Avington and Itchen Abbas

12 noon - 3 pm in the IA & A Village Hall

IAACoronationparty@gmail.com

8 May

Easton

12 noon - 4.30pm in the Village Hall

[Bit.ly/EastonCoronation](https://bit.ly/EastonCoronation)

SIN - now to 14 May

The art exhibition SIN at the Arc in Winchester closes on 14 May – don't miss it! (Review last month)

Wednesday 10 May GoLD Garden Fair

see flyer page 35

Thursday 11 May

Easton WI at Easton Village Hall

7 pm. Open meeting with Claire Fuller; visitors are very welcome.

Sally Peake

Wednesday 24 May

Martyr Worthy Village Hall Annual General Meeting

6 pm. The business of the meeting will include approval of the Minutes of the 2022 AGM, reports by the Chairman and Treasurer, the election of the Management Committee for the coming year and any other matters arising. All residents of Martyr Worthy aged 18 or more are entitled to attend and vote and will be very welcome.

Guy Green

Chairman Management Committee

Thursday 25 May

Alresford Art Society

Bishop's Sutton Village Hall, SO24 0AH

7.30 pm. A demonstration of Portraiture in Charcoal by Tony Paul. Non-members welcome, admission £3. 01962 732043 or

www.artsociety.alresford.org.

Jen Boardman

Wednesday 7 June

Easton Village Hall and Recreation Ground AGM

8 pm at Easton Village Hall.

Refreshments will be served from 7.30 pm. All "inhabitants of the area of benefit of 18 years and upwards" are welcome to attend and vote at the meeting. Inhabitants who are under the age of 18 are welcome to attend, but may not vote. You will all be most welcome.

Harry Smith

Chair EVH&RG Committee

Sunday 18 June

Green Homes Fair

Itchen Abbas and Avington Village Hall

Organised by the Parish Council.

Further information in the June edition

National garden scheme Hampshire



Nationwide the National Garden Scheme have over 3,500 gardens opening their gates to the general public. Here in

Hampshire we have 89 gardens listed, with around 20 others who are part of the Village Group openings, such as Amport and Monxton,

Crawley, Froyle, Headley, Romsey, and Stockbridge. These gardens are great value for money, with one payment covering several gardens. Every visit to one of our gardens raises funds for our very deserving beneficiaries

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**Saturday 27 May 2-5 pm and
Monday 29 May 11-4 pm**

Admission: £5.00, children free.

Refreshments: Home-made teas on Saturday 27 May only. Visitors are welcome to picnic on Monday 29 May.

A country garden situated high on chalk downland on the site of a WWII Spitfire assembly factory with Spitfire tethering rings still visible. This garden has wildlife at its heart and includes fruit and vegetables, a small orchard, wildlife pond, woodland planting and large impressive areas of wildflower meadow. Wander across the downs to be rewarded with extensive views. Wheelchair access, with a gravel path and slope towards the wildflower meadow.

Pat Beagley

ngs.org.uk

Boules 2023

Spring in the Valley heralds the start of the boules season. Each village runs weekly social evenings, starting in April or May (Mondays for Easton, Tuesdays for Avington, Itchen Abbas and Martyr Worthy) where locals can play, watch or simply meet up in a convivial atmosphere. Experience is not necessary and you do not need your own set of boules.

To add an inter-village challenge there are two competitions and two cups to

be won. There is a league competition and also a knock-out tournament (known as “The Triples”) on a long midsummer evening. The Dick Hewitt trophy and the Graham Maw cup are only open to players who live within the Itchen Valley and, for 2023 only Avington, Easton and Martyr Worthy will take part. Villages are of course welcome to make their own arrangements for challenges separately from these two competitions.

These matches are arranged at three-week intervals through the summer. The Triples will be held on Tuesday 20 June at Martyr Worthy, and the league matches are scheduled for Tuesdays 30 May, 11 July and 1 August.

The cup for the league was first presented in 2000 and that for the knock-out in 2003, so this represents the 24th year for the former and 20th for the latter. Each village has won each of the two cups at some stage during that time. Easton are the current holders of the league trophy and Martyr Worthy for the knock-out cup. Who will prevail in 2023?

Ralph Matthews

Creative Writing in Itchen Abbas

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this practical and hands-on course which will include writing exercises, group-sharing and feedback, with an option for a one-to-one session with Maddy.

This course is for writers of all experience levels. Up to 10 places available. Price: £250 for an 8 week course starting at the beginning of May. For further information or to express an interest, please email maddy.woosnam@gmail.com.

Tutor Profile: Maddy Woosnam is an experienced creative writing tutor and agented author who has been short and longlisted for a number of prestigious international writing awards. She has an MA (with Distinction) in Creative Writing for Young People. She has worked as a teacher in schools in London, Hampshire and Auckland and tutored writers of all ages including published authors. She has had a short play performed at the Chesil Theatre, Winchester, written theatre reviews for The Hampshire Chronicle and had numerous full-length pantomimes performed locally.



Easton Village Hall and Recreation Ground

In 1951 land was given by Sir John Shelley-Rolls (the owner of Avington House) to a Trust that was set up to

build and run a village hall for Easton, and in 1970 more land, on which the "Recreation Hut" was built, was given to the Easton Village Hall trustees by Percy Dodwell, who was rector of St Mary's Church at that time. This led to the foundation of the Village Hall, with a constitution under the Charities Act, and in 1975 a new timber-framed building replaced the existing "Army Hut" style building.

Between 1982 and 2008 negotiations continued between the committees of Easton Village Hall and Easton and Martyr Worthy Cricket Club (E&MWCC) - which had been formed in 1946 and played cricket on the land adjacent to the Village Hall since that time - with a view to building a modern purpose-built hall and pavilion. This culminated with an agreement whereby the cricket club playing field and the Hall land were merged to form a new charitable organisation, Easton Village Hall and Recreation Ground. Funds were raised by individual and collective philanthropy and public funding to build the current Hall and Pavilion, which was completed in 2010.

The cricket season runs from April to September, during which time the Cricket Club have predominant use of the club room and changing rooms. The main hall is open for community use all year round - this includes regular classes for ballet, yoga, pilates, mother and baby groups, bridge and Mah-jong, as well as one-off events such as birthday parties. The hall can be hired via the hall website www.eastonvillagehall.com with reduced rates for local users.

The hall is used also for annual events, such as the Easton Pantomime and the Easton Fireworks display, and will be in use on Monday 8 May for the Easton

Coronation Party to which all are welcome!

EVH&RG and E&MWCC remain separate organisations, but there are representatives from the Cricket Club (as well as other user groups) on the management committee of the Village Hall, together with three committee members who are elected at the AGM each year, and up to two other members for the committee can be co-opted as well. All members of the committee are volunteers although a small remuneration each month goes to the Bookings Secretary to recognise the significant commitment and importance of this role.

Pleasingly, enough funding for the maintenance and day to day running of the Hall is derived from income related to the regular and one-off events at the Hall. The Easton Pantomime production before Christmas raised £4,600, the Spring Into 2023 party £1,700, and the recent Easton Safari supper £400, all of which is very much appreciated. Significant donations have been made from the profits of such events to local charities, such as the Winchester Hospice and the Hampshire and Isle of Wight Air Ambulance.

When the Hall was closed during the Covid pandemic, regular significant funding from the Government was an absolute lifeline.

With energy costs having risen so dramatically the possibility of fitting solar panels to the south facing roof of the Hall is being explored, for which grant funding as well as local support would be required, as has been successfully achieved at Itchen Abbas and Avington Village Hall.

With regard to future events, a well-attended meeting in the village hall in

February this year yielded new volunteers, with new ideas, who are interested and committed to making future community-wide events happen in Easton in the village hall and on the recreation ground.

Harry Smith

Chair, EVH&RG Management Committee



New Yoga Classes

Yoga with Dionne is now offering three styles of yoga class at Easton Village Hall starting in May.

Tues 8 pm - Evening Vinyasa Flow

Thurs 9 am - Energising Vinyasa Flow

Fri 9 am - Gentle Yoga Flow (60yrs+)

Classes are accessible to all levels of experience and can be modified to it. Tuesday and Thursday are faster and more challenging. Friday is directed at those wishing for a slow, gentle class and is popular with those over 60.

£12 per class when bought in term block or £15 drop in (new term starting 3 May).

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The Cricketers

The Cricketers Inn in Easton has a new landlord / manager - Mr Jason (Jay) Colbourne. Jay has run pubs in the past and is determined that the Cricketers will become the heart and soul of this village community again, saying 'the pub belongs to the local community'.

Two new chefs are creating some scrumptious pub grub plus a few

Cricketers 'specials', using as much local and seasonal produce as they can.

The interior of the pub and its three letting rooms are being redesigned and redecorated with the help of an interior designer, taking the pub back to its original Arts and Crafts roots.

Quiz nights and other events are already on the calendar.

or Friday evenings, depending on the age group, and play their home matches on Sunday mornings, either at Prince's Mead School or the David Roth Cricket Pitch. The girls also train on Mondays or Fridays and play their matches on Wednesdays or Sundays. Friday evening will continue to be the Club's popular social night with children from U5s to U11s training, both boys and girls, from 4.30 pm to 8 pm; the bar will be open and the BBQ fired up.

Matches scheduled for early in the season are dependent on our Groundsman, Lee Padwick, being able to prepare a pitch. Heavy rain during March/early April prevented the ground drying out enough for the square to be rolled and the outfield remains very soft. We await further news on when we can play our first games on grass....

New members are welcome across all sections of the Club: Juniors, Women and Men's cricket. We are looking forward to a busy and successful Ashes Summer!

Lynda Gray, Press Officer

ldaten453@aol.com www.emwcc.com

Chairman: Adrian Lee
leeadriancj911@gmail.com

Club Captain: Mark Dickety
markdickety@hotmail.co.uk

Juniors' Co-ordinator: Rhi Kerr
juniors@emwcc.com

The Bereavement Journey

A small group of people have gathered together in the past few weeks to share their experience of loss and grief. It is a hard and emotional topic to explore but feedback suggests that participants found the process of talking with others in a safe,

confidential space to be valuable and healing.

Grief is a complicated affair, made more so by the experiences of Covid when many people were unable to carry out the important rituals connected with dying, which has led to prolonging their bereavement experience. Finding others who understand your feelings is very important in coming to terms with loss. Unfortunately, this is a journey which no one wants to be on into a life they are reluctant to live. The pressures of grief can be immense, catching one out at odd moments - there is no uniform pattern or time span upon which to depend.

The course is based on a series of films which are currently being updated and which offer a framework for discussion. If you were unable to attend the course, it is also available on Zoom - see ataloss.org.

We hope to run The Bereavement Journey again in the future. Do contact me if you are interested.

Elaine Labram

Easton & Martyr Worthy Safari Supper



Fifty-five people enjoyed a fun evening at the Easton Safari Supper on Saturday

25 March. Everyone visited three different venues for their starter, main and sweet courses and were treated to good food and good cheer at every house. The evening ended with a grand finale at the home of Theo and Judith Mezger to which everyone was invited.

As a result of the generosity of everyone who attended we are delighted to say that St Mary's Church and Easton Village Hall have each received a donation of £400.

Terry & Anna McGowan

From the Parish Council

A big thank you to all those who took part in this year's Spring Litter Pick; from litter pickers, to group leaders, the full bag collector and especially to all the ladies of the WI who provided us with much needed tea, coffee and delicious cakes at the end. Martyr Worthy topped the turnout with over 20 people. Overall, with that exception, the numbers were lower than pre-Covid years but the quantity of litter collected was as large as ever.

Once again on the roadsides the most common items were food and drink containers discarded by road users. At one location over 30 empty bottles and drink cans were picked up. On

footpaths it was the usual problem of dog poo bags. There is no excuse for this: there are numerous green general waste bins throughout the Valley where these bags can be deposited and we aim to see if even more can be provided. The most unusual item found was a length of yellow gas pipe. Hopefully it was a discarded offcut and not a vital branch of the gas main!

Another problem with regard to roadsides is fly tipping. An example found during the litter pick was a collection of plastic cans containing sump oil. Having been aware of this growing problem the Parish Council arranged for Winchester City



Council's specialist officer in charge of fly tipping issues to come and talk to us at our last Full Council meeting. Two interesting facts were the number of "fly tipping" (legally it has a different term) prosecutions - over 10,000 a year and 80 percent of these were due to those caught by being seen and reported by witnesses. Surprisingly being caught by cameras only came to five per cent. The conclusion must therefore be if this nasty criminal practice is to be curbed it is reliant on all of us to be vigilant and report accurately and in detail if



we witness activity of this nature. It can include not only witnessing tipping but activity indicative of it, for example seeing a vehicle passing full of such material and then returning empty.

Another thank you goes to all those who helped to plant the hedge at the southern end of the cricket field in Easton in celebration of the forthcoming Coronation. Further hedge planting has also taken place at Couch Green and we aim to continue with tree planting in locations yet to be agreed. Sadly there are trees which have to be cut down, mainly due to ash dieback. It is unfortunate but safety considerations have to take priority.

A good piece of news is that solar PV panels are now in place and up and running on Itchen Abbas and Avington Village Hall. Thank you to all those who helped fund this project and to Christopher Langford and his Village Hall team who made it all happen. Hopefully others will now follow their example. On that theme, the Parish Council will be holding a Green Homes Fair at Itchen Abbas and Avington Village Hall on the morning of Sunday 18 June. If you are one of the vast majority who, when completing our survey last year, agreed that climate change was the most important issue we face today, then come and find out what you can do to help. Full details will be in the June edition of Itchen Valley News.

Those who are vigilant will have seen on our notice boards that the Parish Council has come to the end of its four year term. All Councillors have to stand down. Seven of us after filling in numerous forms have stood for re-election. As there are ten places on the Parish Council and no one else has stood, that seven have been elected

(which means more forms to fill in). The remaining three places can be filled by co-option and at least one of the previous team has indicated that they would like to be co-opted. It's good to have so many of the team continuing and they are all to be thanked for their enterprise and efforts over the past four years. If you receive your copy of IVN in time, a reminder to come to the Annual Parish Meeting on 27 April and hear what we have been up to in the last 12 months as well of some of our plans for the future.

Patrick Appleby

Plant of the month

Once again, our plant is a fungus, not really a plant at all. This horrible looking excrescence is a morel, found in woodland and chalkland from March to May. Once feared in Eastern Europe as the work of the devil, we now know trees and other species rely on fungi like this to produce enzymes and support growth. Morels are poisonous when raw and should be left alone to benefit the woodland.

Simon and Dorothy Broadley





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John Platt 1937-2023

John and Liz Platt moved to Meadows, Martyr Worthy from Winchester in 1997, and soon found themselves actively involved in village and Valley life.

John was born in Sao Paulo, Brazil, in 1937 and was brought up there until the family returned to England in 1949. He qualified as a chartered accountant in 1960 and worked in the profession before joining the investment bank 3i. He married Liz in 1965 and after moving often, living in seven different houses during their married life, they were very happy to settle in Martyr Worthy, in such a beautiful place and welcoming community.

After retiring John became involved with many non-executive positions, but most of all enjoyed his time on the council at St Swithun's School, latterly as Chairman of Governors. He was a founding trustee of the Friends of St Swithun's Church, Martyr Worthy and later became Chairman. He was also a sidesman, and always a strong supporter of Liz in her roles as Church Warden and chair of the DCC.

During 26 years in the Valley, three of their four children were married and

several of their ten grandchildren were christened at either St Swithun's Church, Martyr Worthy or St Mary's Church, Easton. Together John and Liz created a home and garden that was a



paradise for children and visitors. John often joined his grandchildren in games of hide and seek or diving contests in the pool, and he always had a DIY project or two on the go. He loved attending opera at the Grange, mowing the lawns at Meadows and above all hosting friends and extended family for lunches under the Catalpa tree, often with heated political discussions with his children, who didn't always share his opinions! He was a caring and enthusiastic host who made everyone welcome.

Both John and Liz became very involved in Valley boules, frequently hosting matches and games in their driveway. John loved life in the Valley and was often seen walking his two dachshunds, Maggie and Percy, or heard through the garden hedge shouting at them to stop barking at passing walkers!

John had a great many interests throughout his life, including hockey, sailing, shooting and fishing, and above all he was a keen golfer. He was an ex-Captain at Hockley Golf Club and Chairman of their Management Committee. In his 80s he taught himself



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to play the piano.

John's friends and family remember him as a true gentleman of the old school, a great conversationalist who enjoyed life, was generous with career and business advice, and always had a twinkle in his eye.

A former colleague summed him up by saying, "He inspired others, had great judgement and was unflappable in a crisis. Above all though, he was an extraordinarily nice man, who achieved so much for the simple reason that everyone liked him."

John died peacefully at home with his family around him as he had always wished, and is remembered with love and deep affection. All are welcome to attend a Service of Thanksgiving for his life at St Swithun's Church, Martyr Worthy on 1 June at 2 pm, and afterwards at Meadows, Martyr Worthy.

Catherine Platt

The case for rejuvenating Water Meadows

With every passing year it is becoming clearer that weather patterns are now centred around wetter winters and drier summers. This latest wet winter has once again threatened to damage the river with significant gravel displacement and subsequent loss of invertebrate life including trout eggs laid in the gravel during spawning in January.

Back in the millennium winter of record breaking rainfall, Winchester was partly flooded despite large bags of gravel being dropped into the river by the motorway bridge in an attempt to hold back the water.

Thereafter there was an intention to



flood old water meadows located further up the valley to help relieve the pressure of water during those relentlessly wet spells. Those flooded meadows would then create a reservoir of water that would feed into the river during any prolonged dry spells in the following summer months, as well as creating an ideal habitat for many chalk stream plants and ground nesting birds.

Sadly 23 years on there is little sign of any significant progress towards achieving this. *Simon Ffennell*





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Sunday 7 May

10am - Parish Communion - St Mary's, Easton

Sunday 14 May

8.30am - Holy Communion (said) - St John's, Itchen Abbas

10am - All Age Worship - St John's, Itchen Abbas

6pm - Evensong - St Swithun's, Martyr Worthy

Thursday 18 May – Ascension Day

7pm – Evening Worship - St John's, Itchen Abbas

Sunday 21 May

10am – Parish Communion - St Swithun's, Martyr Worthy

Sunday 28 May

8.30am - Holy Communion (1662) - St Swithun's, Martyr Worthy

10am - Valley Worship - St Mary's, Easton

The Ark - Our Parish Kid's Club

We have relaunched in our new regular slot, on the 4th Sunday in the month, during the Valley Worship service at St Mary's Church, Easton. We will be based outside in the churchyard during the summer months. It is aimed for **children from 3 -11 years** and will be lots of fun - a chance to make new friends, take part in crafts, activities and adventures - **everyone is welcome**.

If you would like any further information, please email Beccy on admin@itchenvallychurches.org - **we do hope to see you there!**

Rector - Revd Peter Walker

revd.peter@itchenvallychurches.org 01962 588313

LLM - Mr Gerry Stacey

gerry.stacey@biblesociety.org.uk 01962 620263

Parish Administrator - Beccy Clark

admin@itchenvallychurches.org 01962 779845

www.itchenvallychurches.org

Letter from the Rectory: A Month of Celebration

May is such a beautiful time of year - for some of us, perhaps, our favourite month - as we see the full colours of spring and early summer coming into bloom. And this year it will be especially memorable given that we have so many Bank Holidays to enjoy, as well as the opportunity to celebrate the Coronation of King Charles III.

The Coronation service itself on Saturday 6 May will be shown in St Mary's Church, Easton and beforehand the bellringers will be participating in the National 'Ring for the King'. So do please join us for this unique occasion in our lives, watching the service as a community and then enjoying some celebratory drinks afterwards.

The next day, also in St Mary's, there will be our regular Parish Communion but with a special focus on praying for the new King. And, after that, we look

forward to celebrating the Coronation in the various events in our villages. It's going to be a special weekend!

Our church services during May can be found on page 19. You will see that towards the end of the month we will be celebrating the festivals of Ascension Day (18 May) and Pentecost (28 May). These are special days within the Church calendar when Christians from all over the world and across all the various denominations express their belief in the 'coronation' of Jesus as the exalted King, ruling over our world, and then welcome the power of his Spirit into their lives. Please join us, if you would like to, in these celebrations.

Special Thanks: A church community depends so much on everyone within it being willing and able to play their part. However, once a year we have an opportunity to recognise the special role that is played by our churchwardens - at the Annual Meeting



for Parishioners (that is, all residents in the parish of the Itchen Valley) at which nominations for churchwardens are received. This year Robin Greenwood stepped down after eight years as churchwarden for St Swithun's Church, Martyr Worthy so we had the opportunity to express our profound thanks for all his hard work and diligence in this post. We will miss his eye for detail, as well as his sense of humour, which could break out even in the most serious of meetings! We hope he and Gilly will begin to have a less interrupted time of well-deserved retirement.

We are grateful that Robin's role has been filled for this coming year by Theo Mezger. Theo himself had stepped down as warden of St Mary's Church, Easton in April 2022 - after a similarly long term of office, also marked by great care and diligence - but continued to do much in St. Mary's whilst we sought a replacement. So we owe a double "thank you" to Theo not only for his many years involved in St. Mary's, Easton but now also for this one further year in which he is graciously lending a hand to help at St Swithun's, as well as within the wider parish. Meanwhile, the new warden at St Mary's Easton is Mary Purser, and we wish her well as she begins to pick up her new responsibilities alongside Chris Ellis who continues as the other warden.

With best wishes and prayers
Revd Peter Walker

Way of the Cross

Every year Good Friday is marked in Church Lane, Martyr Worthy by a re-enactment of Jesus' journey to death on the Cross, and this year Femi Ladiende was brave enough to

undertake the role of Jesus. It was a profound experience for the many onlookers, who were delighted to gather afterwards in the Village Hall for coffee and hot cross buns.

Verity Coleman

Thinking about Solar?



In the Itchen Valley Parish Council's recent environmental survey, over 40% of residents indicated that they were either actively

or passively considering installing solar panels. So what can you expect if you decide to take the plunge? I spoke recently to Simon Struthers who completed his installation last August. Simon's motivation was both environmental and financial. He got three quotes initially but selected a local company, C2 Renewables, who did an on-site survey before installation: important in older properties.

The system he opted for includes 12 solar panels, a 5.2 kilowatt battery and a device to divert unused power to the water heater. The latter enables him to heat water during the summer months without the need to use gas. The total installed cost was £10,000, and the installation was carried out swiftly and competently without any undue disruption.

Based on his eight months' experience, Simon expects his annual usage of electricity from the grid will be reduced by up to two thirds. In addition, consumption of gas during

the summer months will also be significantly reduced by using solar power to heat the water. Although he is signed up to sell surplus energy back to the grid, the feed-in tariff is very low.

The pay-back on Simon's system was initially estimated to be around ten years but this was before the recent hike in global energy prices and, as he pointed out, the investment is arguably a better use of capital than leaving it to depreciate in a low interest savings account. He is also pleased to be able to respond to the climate crisis. And increasingly potential house buyers will value properties that have successful systems already installed.

Simon stressed the need to consider the impact on neighbours of any planned installation, the need to examine how panels may be affected by geographical orientation and obstructions such as trees, the importance of including a battery and the possible consideration of a car charging point.

Like many folks, Simon is an enthusiastic convert to generating his own energy and would heartily encourage others to get on board. Hear, hear!

Clr Steve Percy

All about Spelt

We are Wheatsheaf Farming, based in the beautiful north Hampshire village of North Waltham. We use a regenerative farming system, the basics of which are minimising soil movement, keeping a living root in the soil for as long as possible with the use of cover crops, using less fertiliser and chemicals and encouraging a wide diversity of plant species and insects.



We try our best to work with nature.

As part of our cropping programme we grow the ancient grain spelt. It was grown by early civilisations and is similar to wheat in appearance when seen in the field. It differs from modern wheat varieties in that at no point has the spelt grain been hybridised or cross bred. It has a tough outer husk that has to be removed before milling. We have the spelt milled and returned to the farm for retail sale as both wholemeal and white spelt flour. Both are multi-purpose flours, with enough protein to produce a good rise in bread but also suitable for cakes, biscuits, pastry, Yorkshire puddings and other general bakes. The wholemeal flour in particular has a sweet nutty taste. Although not gluten free, the spelt gluten has a different molecular structure to that of most modern wheat flour. It is more water soluble and the evidence is that it is much kinder on the digestive system.

Quality and provenance are really important to us, so we sell locally and our spelt flour is available from West Lea Farm Shop.

If you are interested in regenerative farming, please look at our farm website



Kate Baylis www.wheatsheaffarming.com

The Valley Gardeners: How green can you go?

This was the question posed to us by our guest speaker at the April meeting, Sally Nex. The title of her talk was 'How to garden the low carbon way' and we spent a fascinating hour learning about the ways we can all contribute to making our gardens "greener".

In a very accessible and non-judgmental talk, Sally outlined three levels of "greenness" which we might strive to achieve. Some of us may, of course, already be successful at reducing our carbon footprint in our gardens but here was a rallying call to do better. The levels were: light green, mid green and deep green.

As you might imagine, raising the

millions of bedding plants, which we as gardeners buy each year as temporary displays, uses a colossal amount of energy. Most of these are grown using peat-based compost, sprayed with pesticides, sold in plastic pots and thrown away at the end of the summer (or in some cases composted). Peat extracted for horticulture in 2020 alone could release up to 880,000 tonnes of CO₂ - equivalent in emissions to driving to the moon and back 4,600 times. There are one million acres of land devoted to private gardens in this country so if everyone tried to use fewer bedding plants, that would save an enormous amount of energy and depletion of peat. On Sally's level of light green action, we could buy bedding plants from a supplier which does not sell them in plastic pots or use peat. In early April 2023, Tesco became the first UK retailer to go peat free with its home-grown bedding plants. Well done to Tesco. Want to go further? Then, at the mid green level, buy plants that are not disposable at the end of the season for your tub displays. Choose perennial plants which you can keep and move into the garden at the end of the season.

As Sally writes in her book *How to garden the low carbon way* (ISBN: 9780241472972), 'the thousands of



tons of plastic polluting our oceans and beaches are having a devastating effect on marine ecosystems. Yet UK gardeners currently get through about 500 million plastic pots every single year – as well as countless plastic plant labels, seed trays, bedding plant trays, polythene cloches, etc. This is obviously something we need to tackle urgently so Sally's light green suggestion is not to buy any plants in plastic pots as there are companies such as The Hairy Pot Company which supplies plants, through their stockists, in coir pots and in peat free compost. The mid-green suggestion is to acquire some second-hand clay pots which are available in reclamation yards and re-use every year. The dark green solution is not to shop for plants at all but propagate your own or grow from seed using homemade seed compost. When it comes to feeding your plants, Sally's light green suggestion is only to use liquid seaweed which is harvested from renewables, as the pelleted fertilizers we often use release nitrous oxide into the air when they are in the soil. The mid-green solution is just not to feed your plants as much. Trials have shown that the extra growth using fertilizers in gardens is minimal. The deep green suggestion? To make your own fertilizer in the form of comfrey "tea", which is a stew of young comfrey leaves left in water to infuse for a week or so. It can be used diluted down on many garden plants to wonderful effect.

Catherine Hahn

The Valley Quiz No 13; the Coronation Quiz

1. Who was the first English Monarch to be crowned in Westminster Abbey?

2. At 74, King Charles III is the oldest monarch in British history to be crowned. But one British monarch became Queen aged 6 days old and was 9 months old when crowned. Who was she?

3. One Coronation had been planned to take place on a Wednesday in the month of May but the person crowned King that day was not the person for whom it had been originally planned. What were the circumstances?

4. What momentous non royal event was announced on the eve of the late Queen's Coronation in June 1953.

5. What is the name of the crown that is used for the actual crowning?

6. What does the State Gold Coach weigh and how many horses are needed to pull it?

7. What is the oldest item of Coronation regalia used during the ceremony.

8. How long is this year's Coronation procession expected to be?

9. What is the name of the diamond that has since been cut into smaller jewels to feature in several items of the regalia to be used in the forthcoming Coronation?

10. When is Handel's anthem "Zadok the Priest" sung in the Coronation ceremony?

John Lang

Answers on Page 39

Jackie's County Corner

So many people complain about dreadful potholes everywhere.

I am worried that the public aren't looking ahead now when they drive but look down at the road to swerve round the next deep hole in the roadway. Flooded roads means that holes are often unseen until your tyre

bursts. Residents are having to pay out for a new tyre or wheel, but unfortunately in most cases HCC refuses to accept their claims for compensation.

Hampshire received £5,954m of the £200m Government budget announcement and has informed county councillors how this will be spent. They will continue to tackle them as they do now. But I know that many of you (like me) are frustrated by the 'one complaint, one patch' method, when you can see holes not mended in the same vicinity in one visit.

HCC say the primary objective of the programme will be to deploy more smaller patching teams that can focus on fixing potholes and other localised defects across the road network. HCC will utilise the existing 'Dragon Patchers' and other established repair techniques. The Director estimates that the extra money should enable HCC to repair up to 40,000 more potholes. Please continue to report highway issues online at <https://www.hants.gov.uk/transport/roadmaintenance> where you can review the status of reported issues. If you are struggling with this system, email your complaint noting the site, preferably with a picture and/or a what3words location if in rural areas to roads@hants.gov.uk and copy to me. Thank you.

Community First Funding Fayre

I recently joined a 'funding fayre', sponsored by WCC, to see if there are any tips to help you and groups in your area. It was really useful, and if you need general funding advice, Community First is an excellent place to start, www.cfirst.org.uk. County Councillor Grants start again in June: contact me for details.

Bus Service changes

Although the £2 fee (running until 30 June) has been popular, the bus services in Winchester district are changing with some bus cuts too. The new timetable is on the Stagecoach website, but changes are as extensive as the weblink, so I've created a tinyurl which works too: <https://tinyurl.com/BusChangesApril23>

Use of buses has declined since Covid, and recovery is slow - driver shortages contribute to this. These cuts and changes will be hard for students and keyworkers who rely on buses. Please contact me if anyone in your family is experiencing difficulties

School Places for children starting school

The current HCC school transport policy adversely affects children starting at rural schools with long journeys as the free school transport offer is not provided for children before the term after they are five (unless they are entitled to Free School Meals). If you are worried about getting your child to school please contact me without delay. I want to ensure that all parents are confident that transport arrangements are in place for September.

Cart and Horses Junction

Cllr Nick Adams-King has *again refused* to meet with local councillors on this matter, until the recent accident investigation is received. This is very disappointing. We have secured the principle of works when the M3 junction 9 work is being done, but this is subject to funding and only likely by 2027!

Like you, I want HCC to install earlier, simple and effective changes now. Cllr Jackie Porter 07973 696 085, jackie.porter@hants.gov.uk

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The Practical Gardener

I thought this month I might share experiences of garden tools and equipment. Of course, we all have our favourites and anything I suggest may not be universally applicable. In a very large garden, motorised equipment is the norm. Professionals most often use two stoke machines which are very efficient and noisy. However, they are much less suitable for occasional use, often proving difficult to start, so I don't rate them for amateurs.

Today most machines now on offer use batteries. We can all think this choice is very green and virtuous. I am not convinced and I did study fuel science at university! However battery equipment offers unrivalled convenience. The key thing here is battery voltage. Whilst an electric drill is OK at 12 or 18v, garden equipment needs something more robust, at least 36v. It pays to study different manufacturers and then stick to one. This means you can share batteries and need only one charger. Over the years I acquired eight different chargers, an absolute nightmare.

The other issue with batteries is storage capacity. A mower may need a 4amp battery and these can be very costly. Typically, a battery is half the cost of a machine. My Bosch mower shares batteries with a hedge trimmer and strimmer so plenty of back-up. We have all used electric hedge trimmers and cut the cable - no chance with a battery model.

Everyone knows that I am a fan of home-produced compost. If you put woody items into your compost heap, they take a long time to break down. Therefore, I regard a shredder as a very useful tool. I always shred hedge

clippings which enable it all to compost well. Most shredders are electric with powerful motors - so when in use, turn off when not needed! The key item in a shredder is the ease to clear a blockage, so it look carefully at this part of the design. I save up bins of material, so I can have a real go at shredding when needed. Oh and get a machine with wheels.

I have a big collection of hand tools. Secateurs are the most vulnerable. Careless use damages the blade, they get left out in the rain and rust solid or the spring flies out. I now have five pairs and none is perfect but I keep one pair especially sharp for pruning. Long-arm pruners are also very useful and those with extendable arms are probably best. I have two pairs, one reserved for cutting roots as inevitably I will find a stone!

I use sieves a lot. Any packaged garden compost needs sieving for different purposes. There isn't a seed compost on the market which is usable without sieving out lumps, stone or pieces of wood (which makes me quite angry). I always weed by hand and have a sieve handy to



remove the stones. I've just opened my 50th packet of seeds this year and

my new small greenhouse is packed. It still amazes me that some seed does not germinate even when new, and today seeds are not cheap. If you don't agree with my comments on sieving, try sowing snapdragons - the challenge for the month!

Happy Gardening

Tony Gaster

A trip to the Falkland Islands

Where would you choose for a winter break? Not I suspect a trip to the Falkland Islands. It was certainly not on our bucket list until our daughter and her family accepted a two-year contract out there, working for the Attorney General. With plans to visit South America and not the UK for their holidays we decided the only way we would see them was to go out to the Falklands. So in February this year we set out.

The first challenge is how to get to there. The commercial flight via Chile involves a number of changes and takes two to three days. Alternatively you can go as a fare-paying passenger on the Air Tanker with the RAF from Brize Norton on an 18 hour flight, including a two hour stopover in Cape Verde. The flight was remarkably comfortable especially - we were given four seats between the two of us as they don't fill the plane to capacity: the leg from Cape Verde to the Falklands is on the limit of its range when fully laden! The time difference was only three hours so we arrived at a civilised 5.30 pm having left at 1 am.

The first thing that strikes you when arriving in the Falklands is the wind, which blows almost constantly, sometimes so strongly it is an effort to walk into it. At other times it is more forgiving. The next thing, when driving the 40 odd miles from Mount Pleasant Airport (MPA), the RAF base where we landed, to the city of Port Stanley, is the emptiness and wildness of the countryside you drive through, the only trees being those that have been planted as windbreaks. Stone rivers flow down the hillsides, where you



might expect streams, and the native diddle dee and teaberry plants cover the ground instead of heather as on moorlands here in the northern

hemisphere. Most settlements are on the coast and consist of a few dwellings with isolated homesteads in 'camp' (all the land outside Stanley). Out of a population of approximately 3,500, over 2,000 live in Port Stanley. In addition there are nearly 1,500 military personnel at MPA where they have their own schools, medical services, shops, etc.

Most islanders are of British descent, though there is a growing multi-cultural society in Stanley with people coming from a range of different countries for work. The population is increasing and there is quite a lot of new building going on with most houses built from kits imported from UK, and only a very few built of brick. Until the arrival of modern technology (television came in the 1990s) the only means of communication were by radio or the telephone. Even today there are no internet cafes and the service is somewhat intermittent and expensive.

There are 778 islands in the archipelago, a few of which are inhabited, covering some 4,700 square miles. The two largest islands are East Falkland and West Falkland. On one island, Sea Lion, where we stayed we learnt that as late as the 1950s the inhabitants (one couple) were only guaranteed one supply ship per year, so they had to have stores for 18 months. Nowadays the islands are

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served by small aircraft which make regular flights from Stanley airfield.

Daily living in Stanley is similar to Britain, although with little crime children are allowed much more freedom, walking to and from school on their own or with their friends and going off to their various activities by bike without parental escort. There is one primary school of approximately 300 children, including three satellite schools out in *camp*. When we attended the secondary school sports day we thought the number of children we saw were all in our granddaughter's year, only to be informed that we were looking at the whole school - 210 children! There is no sixth form education so children generally are sent to Peter Symonds in Winchester for A levels or Chichester College for NVQs where they board each term.



Shopping in one of Stanley's two main supermarkets is interesting as you never quite know what will be on the shelves, with items sometimes available and sometimes not, depending on what has come in on the boat. It often pays to shop in both to get what you want. Waitrose essentials, Tesco Finest and Coop ranges sit side by side on the shelves and bananas fly off the shelves. There is one vegetable grower, but with no bees on the islands the crop is mainly root vegetables which don't need pollination though they grow a



few salad crops hydroponically. We only saw one fuel station, in Stanley, so it's essential to make sure you don't run short of fuel when driving around. Most roads are not tarmaced and to access many wildlife sites you have to drive across the moorland with few tracks to guide you. Needless to say, most people own 4x4 vehicles.

Wildlife conservation is very important. Our grandchildren belong to the local conservation group, going out into *camp* and learning to recognise the different flora and fauna and how to manage the habitat so that they flourish. Many of the birds and plants are unique to the Falklands. There are also frequent visitors from South America. We were very lucky to see a wide variety species including four different types of penguins, including the King Penguin. Walking



along the beaches, you had to steer a course between or around them. On one occasion a young inquisitive gentoo penguin came right up to our granddaughter and stayed for some time trying to work out what she was! We also had to ensure we didn't tread on sleeping sea lions or elephant seals, the latter sometimes making us jump when they grumbled at each other – or us - just the other side of some tussock grass. Turkey vultures, caracaras, including the rare Johnny Rook, and albatrosses all accepted human company without any sign of fear. We were able to sit beside a colony of albatross chicks on their high nests waiting for their adult feathers to grow so they could leave and not return for seven years. Parents occasionally came in to feed them. We saw dolphins surfing the waves and orcas coming right into the bay where we had just seen sea lions swimming, as well as various petrels and skuas, all on the lookout for their next meal. Everywhere you looked there were geese – upland geese and kelp geese, where the male and female look totally different – and along the shore

flightless steamer duck were much in evidence. We saw a number of smaller birds, including the ubiquitous house sparrow which has very much made itself at home in Stanley.

Whilst we weren't there for a battlefield tour we found ourselves drawn to a number of the 1982 memorials which are very moving. We walked up Mt Tumbledown and saw the rusting remains of an Argentinian Field Kitchen. There is no mechanism for disposing of metal in the Falklands. Until our visit we hadn't appreciated how close so many of the battlefield sites are to Port Stanley. It is perhaps unsurprising that the locals are still very grateful to the British after their ordeal during 1982. An Argentinian who had fought in the war was staying at our guest house. He has been returning to the Falklands for 18 years, to run in the local marathon and show groups of friends the battlefield sites. A charming man, who is doing much to restore harmony between Argentinians and the Falklanders.

An amazing trip to a unique environment which will long live in the memory.

Mary Hogg



From our MP - no more smoking



A few years back, when I held the Public Health brief in Government, I published a robust tobacco control plan to drive down the number of smokers and support people to quit. Smoking is still the biggest preventable killer in our country so it's the right thing to do.

Now, my successor is going further with an updated plan to help meet the ambition of being smokefree by 2030 – reducing smoking rates to 5% or less. Part of this will see one million smokers encouraged to swap cigarettes for vapes under a pioneering new “swap to stop” scheme.

As part of the world-first national scheme, almost one in five of all smokers in England will be provided with a vape starter kit alongside support to help them quit the habit as part of a series of new measures. Hampshire County Council will be invited to take part in the scheme and design a scheme which suits our needs, including deciding which groups to prioritise.

And following the success of previous schemes, pregnant women will be offered financial incentives to help them stop smoking. This will involve offering vouchers, alongside behavioural support, to all pregnant

women who smoke by the end of next year.

Supporting more women to have a smokefree pregnancy will reduce the number of babies born underweight or underdeveloped with health problems requiring neonatal and ongoing care. It will also reduce the risk of miscarriage and stillbirth.

I hear the government will also consult on introducing mandatory cigarette pack inserts with positive messages and information to help people to quit the habit. There will be a welcome crackdown on illicit vape sales as part of measures to stop children and non-smokers take up the habit – which is growing in popularity among young people.

NHS figures for 2021 showed that 9% of 11 to 15-year-old children used e-cigarettes, up from 6% in 2018 so we must act.

The fact remains, up to two out of three lifelong smokers will die from smoking. Cigarettes are the only product on sale which will kill you if used correctly. But for those who quit, the risk of heart attack is halved after one year of quitting, ultimately halving the likelihood of ending up in a hospital bed or worse.

Cutting smoking rates reduces the number of smoking-related illnesses needing to be treated, in turn reducing the pressure on the NHS, helping to cut NHS waiting lists. All of this follows positive progress in the recent decade; smoking prevalence in England in 2021 was 13% - the lowest on record thanks to measures such as doubling duty on cigarettes since 2010, and continued funding to local stop smoking services. Last year an independent smoking review led by Javed Khan proposed a range of measures to help people stub out the addiction, which has informed



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many of the measures set out in this new plan.

You can search online at www.Gov.UK for the full details and you can hear me discuss this on my new podcast Prevention is the new cure which is recorded fortnightly and available on all the usual podcast platforms. It's a discussion on all things NHS and health with a political twist between myself and well-known GP Dr Helen Stokes-Lampard with occasional guests. Do give it a try and remember to 'like' the show if you enjoy our chat.

Long live the King!

Steve Brine MP

Are you smarter than your smart phone?

Look away now if you are at the younger end of our readership. For those who can remember getting lost with a map the wrong way up, having to find a public telephone box or writing air mail letters, a smart phone is a source of wonder and joy but also frustration. It's no longer a telephone, but rather a hand-held computer. Children and grandchildren are a great help in pointing out new uses for this wonderful resource, and it's satisfying to try to keep up with them.

So maybe you are already enjoying some of the features on your phone, but are ready to download some new apps. Everyone's list will differ, but here are my suggestions for some that I find most useful. They are all available from the App Store tile pre-loaded on your phone.

WhatsApp: The go-to messaging app. It uses Wifi, so does not rely on a mobile signal. You can use it for one

-to-one texts but also for a group text conversation. It's a really easy way to share a website or a photo.

Google maps and Waze: Both these apps will give you spoken directions, and you can use them in the car or walking through a city. They are also very useful for working out how long your journey is likely to be. Waze tends to be more up to date as it uses information from its users so is better at predicting bad traffic, for example. If you are going to use it in the car you might consider a car mount; I have found a vent mount works really well and is hands free.

Your banking app: Ok, maybe this makes you recoil in horror from a security point of view, but it is now the most secure place to make transactions, and it's really quick and easy. If you still write cheques, remember that your bank details are on every one. Whereas the security on your phone is likely to be your fingerprint or your face, both of which are unique.

BBC Sounds, for all BBC radio stations: Now you don't have to listen to what is on in real time, you can make choices. And you don't need a portable radio any more, your phone is all you need. Consider bluetooth headphones or a portable speaker to enhance the experience

Weather: The Met Office app is great, but you might want to try XCWeather, it is apparently more local and I like the software.

I am a Trustee of a charity called Citizens Online [https://www.citizensonline.org.uk](http://www.citizensonline.org.uk) which works to ensure that no one is left behind in today's digital age. There is still a large minority who are not yet

digitally active. They tend to be older and poorer, and they are gradually being left out as more activity shifts onto online platforms for access to services and information of all kinds. Maybe its time to have another look at the potential in that phone?

Rolls Coleman

Found guilty of being a victim of its own success

As a one-off exercise on a blustery Saturday in March, the recent opening of the Crown Courts in Winchester was a remarkable success. By the time it started at 10.30 am, the queue to get in stretched in a long zigzag along the cobbles, up the far steps and back as far as the Great Hall door.

Those lucky enough to get inside within the first half hour were able to be members of the public at the first mock trial of the day in Court Number One. The judge was real, the barristers were real and the court officers were real. They put on a splendid show, the judge in particular making humorous remarks during the proceedings, emphasising that a real court case took much longer than the sixty minutes allowed for the one tabled for his consideration that morning.

Mr Draco Malfoy stood accused of threatening behaviour against Miss Hermione Grainger and from the testimony presented by Counsel for the Crown, it was clear that he had been up to no good. However, Counsel for the Defendant soon wheedled out inconsistencies in the prosecution's case that eventually resulted in the jury's verdict of not guilty.

The jury, all fifteen of them (!), were volunteers for the hour. The defendant and the witnesses alas appeared to have been press-ganged into taking the roles and none of them were at ease speaking in the court. That is probably how real witnesses would appear but for entertainment purposes, maybe local amateur stage actors could be considered for these roles next time. Sideshows from various police teams and support groups provided information for the visitors and there were talks giving 'a day in the life of...' various professions relating to the legal process. Those who were prepared to queue got a trip into the cells – and out again.

The event was so popular that there was hardly room to move around and it became hot and noisy. Until about half an hour before closing time there was an almost continuous queue to get into the building. The organisers estimate that some 5,000 people came; alas the man with the clicker to count everyone retired after a couple of hours with repetitive strain injury.

The judge was keen to impress upon visitors for the special open day that real court cases take place there every weekday. The public is always invited to sit in and watch but he was sorry to say that he very often handed out justice to empty public galleries. So next time you've got a morning to spare with nothing better to do, visit the Crown Court and play your part in observing the legal system at work.

Vernon Tottle

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The enclosed addressed envelope can be used to send your donation (cheques to 'Itchen Valley News'), or you can pay online to, 'Itchen Valley News' at HSBC (sort code 40-46-39, account no. 61856251), using your name as a reference.

We hope you enjoy the magazine which is delivered free to some 800 households. We aim to provide you with interest about local matters and keep you in touch with the local community.

Many thanks for your support.

Michael Smith, Treasurer

Saltyco - A jacket fit for a king!

Saltyco® recently had the opportunity to create a custom BioPuff® jacket for HM King Charles III.

At the University of East London for their 125th anniversary, Julian Ellis Brown presented the jacket to the King (see front cover) and discussed progress of peatland restoration in the U.K. As an advocate for both environmental regeneration and textile design, His Majesty was interested in

how we are directly connecting peatland restoration to the production of next-gen textiles.

Saltyco® is a materials science company that makes planet-positive textiles. We do this by actively healing damaged ecosystems through our innovative material supply chain. The hand-made jacket was created in the UK and is powered by an insulating BioPuff® layer. It has an organic cotton outer shell and all fixtures and trimmings are made with recycled/biodegradable materials.

Saltyco® is rapidly approaching their seed round of funding (opening late April 2023). They would love to meet investors and fashion stakeholders who are interested to learn more about BioPuff®, next-gen textiles and why we need to restore our wetlands.

Julian Ellis-Brown, CEO

<https://www.saltyco.uk>



Lent Lunches

During our most successful lent lunches we collected monies for the Hampshire Medical Fund and the final amount came to £1,781.25 including gift aid.

An outstanding amount, thank you all for supporting them. A huge thanks to all my helpers.

Judith Mezger

1. William the Conqueror in 1066.
2. Mary Queen of Scots
3. King Edward VIII was to have been crowned on 12th May 1937 but, following his abdication in December 1936, the coronation was cancelled. The date, however, was not. His younger brother and successor George VI and his wife Elizabeth were crowned on the selected date instead.
4. The first ever Ascent of Mount Everest. It was reached by a British Mountaineering team on 29th May but the news did not reach London until the eve of the Coronation.
5. St Edward's Crown.
6. It weighs 4 tons and needs 8 horses to pull it.
7. The Coronation Spoon used during the anointing of the Monarch. First recorded in the 12th Century (1349).
8. 1.3 miles.
9. Cut from the largest diamond ever discovered, the Cullinan Diamond, it is now referred to as Cullinan I or the Star of Africa. It is set in the golden sceptre which represents the sovereign's temporal power and is associated with good governance.
10. It is sung during the anointing which is regarded as the most sacred part of the ceremony.

Local monthly information

Itchen Valley area waste collections:

Black and brown garden bins on Saturday 6 May and Friday 19 May
Green bins on Fridays 12 and 26 May
Glass boxes on Friday 26 May

Hampshire Farmers' Market in Winchester

Sundays 9am - 2pm. 14 and 28 May

Full Parish Council Meetings:

AGM Thursday 11 May at IA&A Hall

Bus information

67 Bus operated by Stagecoach.

To Winchester:

Monday to Friday
Sch 8:20 NSch 8:23
9:23 12:43 15:43 17:23

Saturday 08:23 11:23 14:23
17:23

To Alresford:

Monday to Friday
10:39 13:39 15:19 17:19 18:03

Saturday: 09:19 12:19 15:19 18:09

No Sunday or bank holiday service.

Key: Sch School days only
NSch School holidays only

All times shown are at Itchen Abbas. Times are 5 minutes later (or earlier) at Easton.

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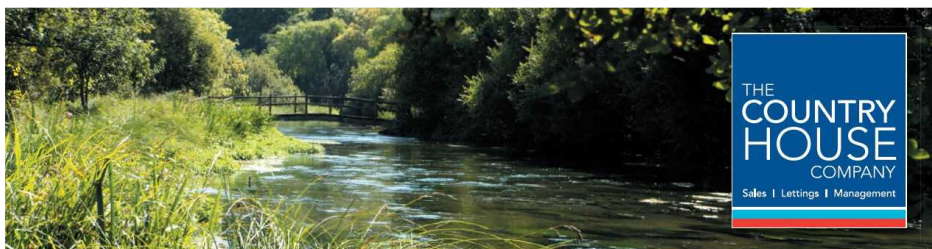
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